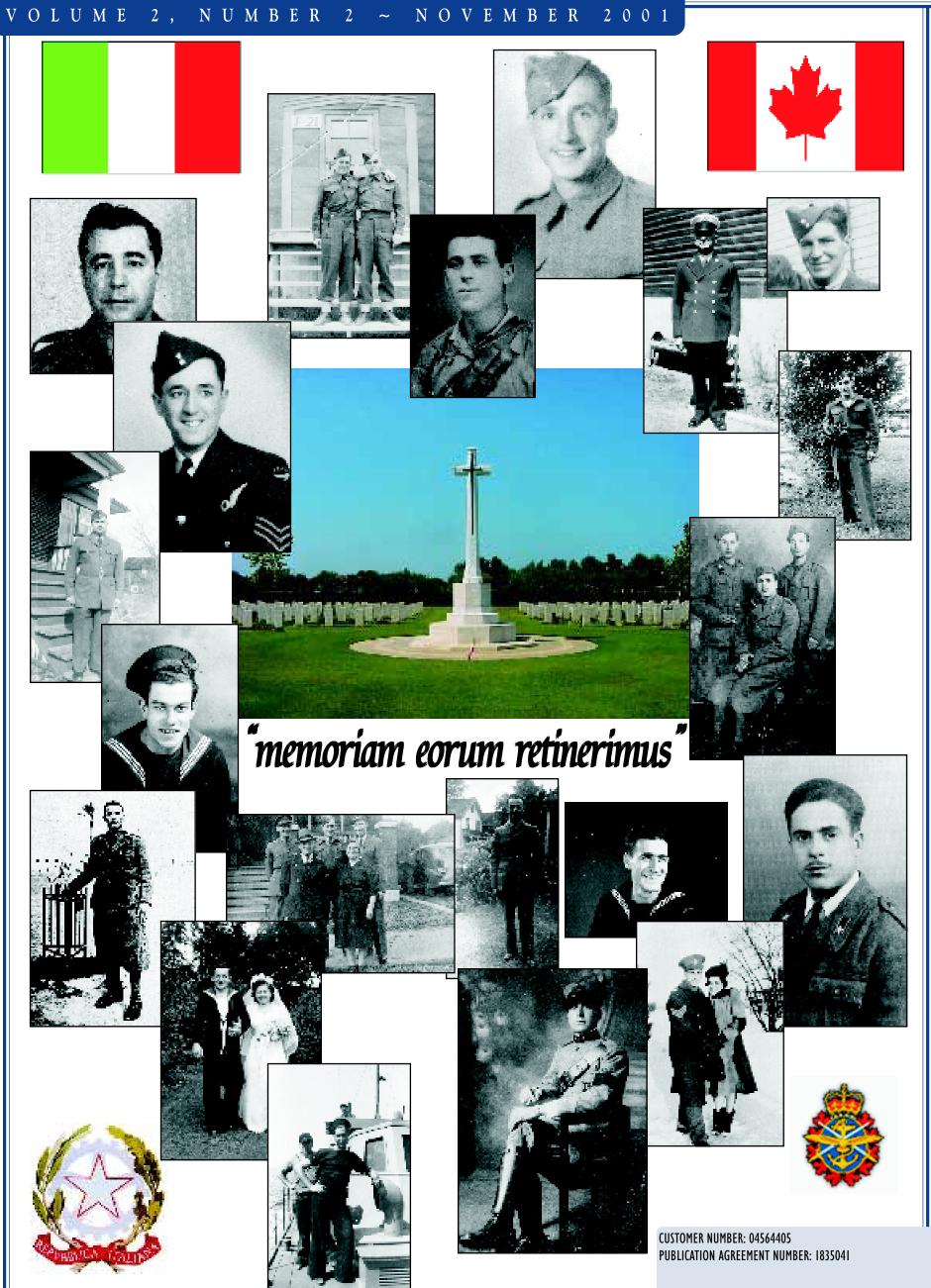
IL POSTINO



VOLUME 2, NUMBER 2

865 Gladstone Avenue, Suite 101 • Ottawa, Ontario KIR 7T4 (613) 567-4532 • ilpostinocanada@hotmail.com www.ilpostinocanada.com

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Submissions

We welcome submissions, letters, articles, story ideas and photos. All materials for editorial consideration must be double spaced, include a word count, and your full name, address and phone number. The editorial staff reserves the right to edit all submissions for length, clarity and style.

Next Deadline

November 23, 2001

// Postino is publication supported by its advertisers and sale of the issues. It is published monthly. The opinions and ideas expressed in the articles are not necessarily those held by // Postino.

Subscription rates

In Canada \$20.00 (includes GST) per year. Foreign \$38 per year.

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Letter to the Editor

Dear Editor,

The Ottawa Fire Fighter's Band trip of August 2001 was an unforgettable experience. My husband and I thank all of the people involved. The Italian community welcomed us with an incredible amount of affection and generosity. We were housed, wined, dined and entertained with such warmth it was overwhelming. Furthermore, we were given gifts - tee shirts, caps, scarves, confetti flower arrangements and hand crafted ceramic wine jugs.

Many people worked long and hard to ensure we were well looked after over in Italy. We thank all of them. But we personally thank Gino and Lena Buffone and Angelo and Rina Filoso, not just for all the preparation work but for accompanying us for the full nine days of our travels in Italy. They were wonderful hosts and never lost their sense of humour or generosity of spirit, even when we created unexpected challenges for them.

We thank the Mayor of Roccamontepiano and his wife for inviting us and taking such good care of use for the first five days of the Band tour. We thank the people of Roccamontepiano,

Rapino, Guardiagrele, Ortona, Tollo, Pretoro, Teramo, Aquila, Toricella and Pieve di Soligo. We thank the fire fighters of Chieti, Venice and Rome. We thank Pietro Pilotti, our travel agent, for his professional assistance.

November 2001

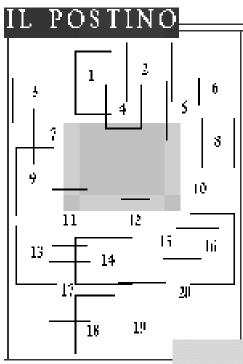
This was our first trip to Europe. Italy is a very beautiful country. Coming from such a young country as Canada, we were is awe of the narrow stone patterned streets, always freshly swept and washed and beautiful old home and churches in the villages; the meticulously farmed vineyards and olive groves with never a weed to be found; the sheer beauty of the hills and mountains. The cities we visited each had their own charm and attractions - Ortona's Canadian memorial and the cemetery on the Moro River; Venice's canals, bridges, castles and San Marco and Rome's St. Paul's Basilica, the Forum, the Coliseum, the fountains, statues and the peaceful Santuario Della Madonna Del Divino Amore.

We hope to return one day soon.

Grazie,

Margaret Lawrence

November - A time to remember Front Cover



- I. Giovanni Cuccaro (left)
- 2. Bennie Licari
- 3. Arthur Dinardo
- 4. Giuseppe Filoso
- 5. Rocco Pantaleone
- 6. Carl Spano
- 7. Frank Prosperine
- 8. Domenic Licari
- 9. Domenic Disipio
- 10. Emilio Falsetto, Mario Spina and Eugenio Bruni

- II. Carl Pulciani
- 12. William (Bill) Pantaleone
- 13. Cesare Ierullo
- 14. Cardillo family: sons Joseph, Carmen and Nicolas
- 15. Arthur Ciavaglia
- 16. Emilio Falsetto
- 17. Rene Lavergne and wife
- 18. Joe Della Palme
- 19. Filippo Falsetto
- 20. Angelo Locatelli and wife Geltrude

- I. Vincent (Jimmy) Ierullo
- 2. Tony Licari
- 3. John Kozak
- 4. Louis Prosperine
- 5. Fred Dinardo
- 6. Peter Moskaluk
- 7. Leslie Pilon
- 8. Tony Medaglia, Carl Pulciani and John 18. Joe Ciavaglia
- Manfredi
- 9. Frank Cuccaro
- 10. Leonard Scarcello and Sal Pantaleone
- II. Tony Ciavaglia
- 12. Louics Buccino

- 13. Francesco De Caria, Giuseppe Aversa, Domenico Ierullo and Cesare Ierullo
- 14. Camillo Delli Pizzi
- 15. Fred and Muriel Ciavaglia
- 16. Sal Pantaleone
- 17. Medaglia family: John, Tony, Louis and Joe
- 19. Joe Tagano
- 20. Mario Falsetto
- 21. Frances Dinardo
- 22. Joe Spano

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opinions or tell us a story ✓ write in English, Italian or French

Il Postino is looking for writers...

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Tuning in for culture CHIN granted radio station

Turn your radios up.

The airwaves will soon be filling with the sounds of Italian culture, just one among the many cultures that will be getting their first exposure to Ottawa radio.

Chin Radio-Television International received the go-ahead from the Canadian Radio-television Commission last month to set up an ethnic radio station for Ottawa. The CRTC granted a total of four organizations a spot on the Ottawa dial on October 4.

The other three stations granted include Radio-Classique, a French-language classical music station, Aboriginal Voice Radio serving Ottawa's aboriginal community and "The Planet", a dance music station. There were approximately 20 other groups competing for a radio station in this market.

Chin's first day on the air could not be for another nine months or possibly a year according to Lombardi. Chin won out over a second ethnic radio application from Infinity Broadcasting based in Markham, Ont.

Chin is filling a gap at 97.9 fm on the dial that has been long awaited. There are approximately 360,000 people in the Ottawa area whose ethnic origins are neither English nor French and who do not recieve programming geared towards their needs.

Chin's experience from its Toronto stations will help meet these needs. Their programs will cater to 37 different cultural groups each week, broadcasting in 20 different languages. There will also be regional programming linking the audiences in Ottawa and Toronto for a maximum of 15 hours a week. Programs will include music, talk shows and international shows.

various ethnic communities in Ottawa.

Lenny Lombardi, president of Chin and son of founder Johnny Lombardi, worked with community members in the Ottawa area to drum up support for the station. From the initial CRTC application on January 22, Chin received backing and encouragement from the

On October 29, Chin celebrated with members of each community at Sala San Marco. Chin expressed thanks to those in attendance for their support and community members thanked Chin for finally bringing ethnic radio to Ottawa.

Lucio Appolloni, Angelina Cacciato and Angelo Filoso, among other members have been named part of the Advisory Board for Chin which was a requirement outlined by the CRTC.

At a meeting with community leaders in January, Lombardi outlined the structure of Chin radio operations.

According to Chin papers, it has a mandate to "preserve and reflect the cultural heritage of its listeners" and provide an outlet for first, second and third generation immigrants

In Toronto, Chin Radio-Television International radio has been successful since its start in 1965. Beginning with an AM station, Chin extended to FM and television programming on CityTV and most recently has been joined to satellite programs.





International Summer Village

When you hold a summer camp and invite 45 people from 9 countries, you know you're going to be busy and you know that you'll need all the help you can get.

And help can come from unexpected places. That's what the Ottawa Chapter of Children's International Summer Villages, or CISV, a volunteer organization active in over 70 countries around the world, found this summer. This peace education organization has been bringing youngsters together from different cultures for 50 years. During their summer programs the kids learn from each other and cooperate with one another to reach a common goal.

The Ottawa summer camp was attended by 15 year-olds from as far away as China, Brazil and Israel, as well as Germany, Sweden, the Netherlands, Colombia, the U.S. and western Canada.

"One of the joys of working with a volunteer organization," says Steffi Ortiz, chair of the Ottawa chapter of CISV, "is that it seems to bring out the best in people. You spend a year planning such an event and sometimes it seems that you'll never get all the details right, but then you find that the whole community gets behind you and everyone pitches in. You get to know a whole different side

The Ottawa summer camp was a success in part because of the efforts of a great many people and businesses. Businesses in the community donated money and their wares, Chapter members donated their time and their expertise. Our list of benefactors is long and includes Canada Trust, Scotia McLeod, Westeinde Construction, M&M Meats, Tim Hortons, The Herb and Spice Shop, Giant Tiger, Loblaws, Loebs' and The Great Canadian Bagel Co.

Thanks to the efforts of Delio D'Angelo and Giovanni Centofanti of Frank's Auto Centre and the generous support of Angelo Filoso and the Eastern Ontario Italian Canadian Charitable Foundation and the White Angels Folkdancers, the camp even had its own transportation. Food shopping and the inevitable trip to the Emergency Department at the local hospital were made much easier by the presence of the elderly by sturdy Lada provided to the camp.

The campers were fond of their car and made it into something of a camp mascot, naming it "Odette", inspired by the swan maiden of "Swan Lake." It may be a bit of a stretch from a "Signet" to a "Cygnet" or baby swan, but the dance enthusiasts at the camp explained it all and carried the day.

At any rate, our multi-cultural crew brainstormed, hung out, problem solved and just plain enjoyed each other's company for three weeks before they headed back to their respective lives, taking with them many awesomely happy memories of their summer in Ottawa. Along with memories of all the fun and high-energy activities, they also took back some new insights into the difficult task of forging world peace, insights that may have given them some hope and some tools to cope with the dark days that followed the bright summer. Those tools and insights were never more important than they are today.

The traumatic world events of the last few weeks may have intervened to push our memories of the summer further away than we would like, but they also serve to strengthen our conviction that organization like CISV must keep working to establish understanding many the people of the world.





Pierre Elliot Trudeau's everlasting Spirit

by Angelo Filoso

On September 30, the first anniversary of Trudeau's passing, residents of Ottawa participated in an outdoor memorial service. With the sun shining, people listened to the singing of Canadian National Anthem a cappello a twelve-year-old talented singer.

Members of the religious community prayed and members of the community remembered the charisma of Trudeau, especially, Ann Paris, Trudeau's former assistant who talked about some of her memories.

Some of the dignitaries in attendance who took part in the ceremony were: Former Mayor Mary Pitt, Baseline Councilor Rick Chiarelli, Federal Environment Minister David Anderson, M.P. David Pratt and M.P. Marlene Caterall, Imam Gamal Solaiman representing the Musilim Community, Rabbi Ely Braun, David Smith of The Place Next Door and Ann Paris, a former personal secretary to Trudeau.

The former Council of the City of Nepean made a motion to create a memorial at Andrew Haydon Park. The unveiling of the model to be erected at the park makes this a little bit closer to becoming a reality. The Trudeau Memorial Committee has set a goal of \$400,000 to develop the landscape and Life Size Statue of Pierre Elliott Trudeau posed looking over the Ottawa River at the Gatineau Hills.

"We want to depict the person who loved going out canoeing and hiking," said Pitt. "We hope to have the money to complete it in two to three years. Sacha Trudeau when I talked to him said he would like to spend a moment with his father looking at the Gatineau Hills and the Ottawa River" said former Mayor Pitt.

On hand at the memorial service next to the Ottawa River was the 4.3 metre birchbark canoe made by Patrick Maranda of Lac Rapide Quebec in 1968. In the canoe was the buckskin jacket which was made by the late Mary Commanda of the Algonquin Nation in Maniwaki.

Pierre Elliott Trudeau often referred to canoeing as a metaphor for life as depicted in the following memoirs:

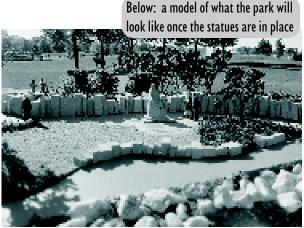
"Canoeing forces you to make a distinction between your needs and your wants....You discover a sort of simplifying of our values, a distinction between values artificially created and those that are necessary to your spiritual and human development."

BANDSHELL

Accompany in because of Trudeau unvailed

A ceremony in honour of Trudeau unveiled the plans for a statue in his memory





PHOTOS: ANGELO FILOS

Opinions/Opinione

Il vicino mussulmano

di Carletto Caccia

Poiché attraversiamo un periodo difficile nel quale si vuol far credere che ci troviamo davanti ad un conflitto di religioni, tra credenti mussulmani e credenti cristiani, sarebbe bene familiarizzarsi con la religione del nostro vicino mussulmano, o di chi lavora con noi, o dei figli dei mussulmani che frequentano la stessa scuola dei nostri figli e nipotini. Pochi fra noi di origine europea, credo, hanno alcuna familiarità con la religione islamica. Eppure, in numero di credenti, essa supera il numero di cristiani. Entrambe religioni contano intorno al miliardo di fedeli.

I fedeli di religione islamica credono nelle parole rivelate da Dio a Maometto, un profeta apparso intorno all'anno 570 dopo Cristo in Arabia, e raccolte dopo la sua morte in un libro chiamato Corano. Attraverso Maometto si ripropone il culto di un unico Dio, infinitamente misericordioso, creatore dell'uomo e dell'universo, già conosciuto da ebrei e cristiani.

Islam deriva dalla stess radice semitica della parola Shalom (pace) e significa giungere ad una condizione di pace e sicurezza con Dio attraverso l'abbandono (cioè fedeltà e fiducia assoluta) in lui. Maometto si presenta come l'ultimo dei profet mandati da Dio, dopo Mosè e Gesù. Pertanto alcuni pilastri della religione islamica ci sono noti e familiari. Per esempio il concetto di carità e quello di vita eterna.

La religione islamica si diffuse rapidamente attraverso i mercanti arabi in nord Africa, in Spagna e ad ovest nell'Asia meridionale. La cultura araba del decimo ed undicesimo secolo fu all'avanguardia in numerosi campi, in particolare in quello scientifico. Si deve agli arabi l'invenzione dello zero, e progressi importanti nello studio dell'algebra, della geometria, dell'astronomia, della cartografia, della medicina. In Europa, il ruolo della cultura araba

fu fondamentale per ritrovare le radici greche e latine della cultura occidentale, perdute nel buio dell'altro medioevo, dopo la caduta di Roma. Nei secoli successivi, i califfati islamici del Mediterraneo e del medio oriente riuscirono ad arginare l'invasione mongloa dall'Asia centrale e l'assalto dei Crociati. Più tardi con i Turchi e l'impero ottomano la religione islamica penetra in Europe, fino alle porte di Trieste e di Vienna. Nel sedicesimo secolol'impero ottomano è il più esteso e militarmente il più potente al mondo. Nel frattempo, lungo le rotte mercantili, l'Islam penetra il sud est asiatico fino al Borneo. Oggi l'Indonesia è il più grande paese mussulmano al mondo.

Nonostante la diffusione di questa religione fra società e culture a volte così distanti ed estranee le une alle altre, una cosa rimane costante ed indiscussa per i fedeli dell'Islam: Dio, in arabo Allah, è presente nel mondo attraverso il Corano. E il Corano, come il Vangelo, predica la carità. Abbiamo in comune con i mussulmani questo concetto. Ciò vuol dire che ci comportiamo in base agli stessi ideali di solidarietà e sacrifico. Questi sono compresi da tutti coloro che si sentono partecipi dell tragedidie che osserviamo.

Le ripercussioni di queste tragedide devono indurci a riscoprire i valori comuni e dar loro un volto umano. In Canada abbaimo un gran vantaggio: quello di vivere in una nazione bilingue, in una nazione multi-culturale, in una nazione in cui ogni cittadino ha dei diritti confermati nella Carta dei Diritti e della Libertà. Questi diritti valgono per tutti, per ogni colore, religione e razza. Il mio vicino ha gli stessi diritto che ho io. É questa comprensione che ci permette di costruire una nazione forte e pacifica.

Meet St. Rita's Family

Again, Il Postino is proud to introduce students and teaching staff to the public. In this 3rd year, enrollment is well over 300 and continues to grow as "others hear about the school." Registration is ongoing through the year.

The fully qualified staff of 15 is very busy organizing numerous weekly educational acitivites and teaching a very sound curriculum where children from kindergarten to grade 8 are learning the language and culture of Italy.

With mid-term reports and parent's interviews scheduled for November 24, all parents are encouraged to speak tot heir children's teachers. With Christmas soon approaching, all classes are beginning to prepare for the pageant to be presented on December 15.

The Dance Club invites all students to joint it under the leadership of Josie Muggero.



Lisa Presutti

Lei è giovane, recentemente sposata e occupata con lavoro durante la settimana...perché insegna durante la fine di settimana?

Prima di tutto mi piace lavorare con i bambini e poi mi posso mantenere un contatto con la comunità.

Che classe insegna? Che età hanno i bambini?

La pima elementare. I bambini hanno dai 5 ai 7 anni.

Che cosa spera che gli alumni possano imparare a questa età? A questa età imparano un po' di vocabolario italiano, la fonetica italiana, e la cultura italo-canadese.

Il programma fà parte dello studio di lingue internazionali. Gli alumni bengono solamente da famiglie italiane?

La maggioranza dei bambini hanno nonni italiani ma solamente un genitore italiano e mentre invece tanti altri vengono da famigli non-italiane.

Che impatto crede che lo s tudio di lingua e cultura italiana può avere sulla comunità in generale?

Ci dà un'aria di cultura italiana nella comunità. Il Canada è un paese multi-culturale ed è importante che questi bambini sanno dà dove viene la loro cultura.



Marco Tundo

Quanti anni hai? Quale scuola frequenti durante la settimana? Ho 13 anni e frequento St. Patrick Intermediate School.

Che classe fai a S. Rita? Da quanti anni frequenti la scuola italiana?

A S. Rita faccio la terza media. Sono nove anni che frequento la scuola italiana perchè ho cominciato con l'asilo.

Ti piace imparare l'italiano? Perche?

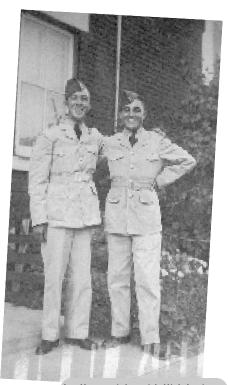
Mi piace imparare l'italiano perchè posso parlare con i miei genitori, i miei zii, e imiei nonni che sono dal'Abburzzo e Reggio Calabria. In più mi piace potere parlare quando la mia famiglia visita l'Italia dove andiamo spesso. Io sono già stato là dieci volte. **Che cosa dici ai tuoi amici canadesi della Scuola di S. Rita?** Gli dico che è molto bello imparare cose della mia cultura e che ho amici bravi e mi piacciono le insegnanti di S. Rita.

Parli italiano in casa? Ti pensi che lo parlarai come adulto? Un po' con i miei nonni e genitori. Si, penso che continuerò parlarlo per tutta la mia vita perchè voglio visitare l'Italia spesso.



Joe Nasso

Memories of a veteran



Joe Nasso, right, with Nick Luciano

When I met Joseph Nasso, my first impression was not of a timeworn war veteran but more of a lively man who enjoys the simple things in life; like the large balcony of his suite in a highrise apartment building on Prince of Wales Drive.

"You have to see this view," he says, boldly stepping out onto the Astroturf-like mat covering the balcony floor. It's a cold day and the wind is strong enough to give the man on the sidewalk, 17 stories below, more than a little trouble making his way down the

"Over there's Mooney's Bay," he says, pointing to the nearby body of water. "In the summer, when it's warmer, we can sit out

"Too bad no one had a camera to take a picture," Nasso laughs.

He also remembers the discomfort and hassle of having to sleep in "slit trenches". A trench dug horizontally in the ground so a soldier could essentially sleep in the ground. This was to protect them from shelling.

Nasso recalls the horrors of "air bursts". Germans would use an "88" to launch a shell into the air over the target. The shell would explode in the air creating a blindingly bright light. The explosion would send shrapnel flying in all directions, caus-

Looking back on his military service, Nasso has only one thing to say about war. "It's terrible, absolutely terrible. Countries should find ways to peace because war is a miserable situation and accomplishes nothing."

Nasso glances dejectedly at two folded lawn chairs, leaning against the wall, knowing they won't be put to much use for the next six months with the winter coming on. He steps back inside, shutting the patio door and the white lace curtains quickly settle back in place.

He points to the hanging lamps over the dining room table that are swaying ever so slightly. He mentions that when the wind blows hard, the building shakes, causing the lamps to move about.

The first thing I noticed about Nasso's apartment was the portrait of his wife, Germaine, on the wall of his living room. It's looks like an oil painting. The colours seem dark but she's smiling anyway. The apartment itself compliments the painting. It is elegant and tasteful and bears no visible scars of the past but rather the faces of the future, with several pictures of Nasso's grandchildren set in silver frames on a corner table.

Joseph Nasso never planned on going to war.

Born in Ottawa on May 9, 1915, he eventually made his living working in a factory assembling washing machines.

When World War II broke out, Nasso applied to the Air Force. After two years and hearing nothing, he decided to join the army.

His training was to be overseas, in England. Nasso left on a boat from Halifax and landed in Scotland.

"It was a terrible situation when we landed," he remarks, remembering the chill in the air and the rain pouring down, turning the ground into mud.

Nasso's training lasted almost two years. He was assigned to third division ordinance, a mobile supply outfit for the soldiers.

His unit landed in Normandy ten days after the infamous D-Day (June 6, 1944) to bring supplies. They arrived during the night and Nasso remembers vaguely seeing the scars of war and wreckage on the beaches.

"The place was a mess."

However, it wasn't Normandy that scared him. The worst memory Nasso has of the war was being under attack in Holland from German bombers. They were moving through a forested area when bombs started falling from the sky. He remembers thinking that he'd reached the end of the line because there was no shelter around. Hay bales on which they'd hung clothing were hit and shirts and pants flew everywhere, landing in the trees and dangling from the branches.

ing excessive damage to everything below.

"If you were hit with these hard metal pieces you were in a real mess," Nasso writes, in his personal memoirs.

However, the war did impact how Nasso's life turned out in more ways than one. In the days leading up to Victory Day in Europe, being May 8, 1945, Nasso got leave to go to Paris for 48 hours. It was by fluke really. Only two soldiers were given leave to go to Paris and be put up in a hotel. Names were drawn from a hat but Nasso's was not one of them. However, one of the men whose name was picked did not want to go so he asked

Nasso if he would go in his place. He happily accepted.

Nasso arrived in Paris on May 8, 1945. The war was over and there was dancing in the streets. Nasso and his companion decided to go to the opera and it was then that they noticed four women walking in front of them, one was Germaine.

Although he did have to return to Holland, he managed to make it back to Paris as the military was offering a few months stay in Paris to its troops to learn about French culture, language and history at the City University of Paris.

He managed to see quite a bit of Germaine during this longer stay in Paris and before he left again for Holland, he asked her to marry him.

Joseph and Germaine were married Jan. 26, 1946. Nasso returned to Canada in April of the same year. Germaine followed several months later.

They now have two sons and two grandchildren, a boy and

Looking back on his military service, Nasso has only one thing to say about war. "It's terrible, absolutely terrible. Countries should find ways to peace because war is a miserable situation and accomplishes nothing.'

Standing out on the balcony, with a wet chill in the air, Nasso seems to be enthralled by the scenery he must have seen one thousand times. With autumn at hand, the leaves are changing colours and the city looks like a quilt, patched with metal and foliage.

"A beautiful view," he says, with a smile.

From Joe Nasso's Memoirs...

As we advanced the fighting became fierce and frightening. Germans were bombing and shelling regularly. The Germans used an "88" which when fired the shell exploded in the air over the target. This was called an "air burst". When it exploded it is as if a huge light was turned on for a second and then turned off. It was a blinding light. When it exploded you could hear the shrapnel whirring in every direction. The shrapnel sounded like airplane propellers. If you were hit with these hard metal pieces you were in a real mess. During the night in a moment of silence you could hear the dull thud as the shell left the gun then a sound like a siren as it was over the target then the explosion as the shell burst. When shelling started, night or day, everyone ran for their slit trench, The trench was dug as we moved into a new area. This was a must. The trench was the only protection we had from bombing and shelling.....

When you live 24 hours a day with a hundred other men or boys, you realize the camaraderie that exists. We were always in danger of losing our lives. As I passed the others during the day I felt like reaching out to hug them. My faith deepened, and the fear left me in dangerous situations. On Sunday mornings me and two other R.C.'s were up and away in the Jeep to hear Mass. Sometimes the Padre of the unit prepared an altar on a couple of crates, I or one of the others served Mass and repeated the prayers. We always received Communion. When it was possible, we went to the village church. That was always very interesting, different customs. In France, in the villages, the sinners don't kneel, they stand behind the chair. We received a lecture on French customs. We had visits from the men of the village and they shook hands with each one of us. That's the custom. Imaging they shook hands with one hundred or more men each time they paraded through camp....

Il Friuli-Venezia Giulia ad Ottawa

Le Radici del Futuro

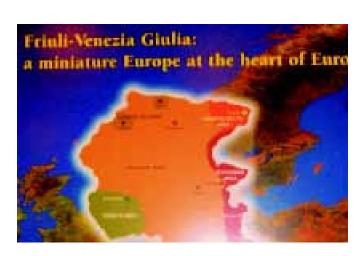
di Angelo Filoso

È con particolare orgoglio che il Fogolar Furlan e la comunità friulana d'Ottawa, si sono adoperati per l'organizzazione e la gestione di questa esposizione. Per cinque giorni ha costruito un osservatorio privilegiato sulla regione Friuli-Venezia Giulia per i numerosi visitatori che ne hanno varcato la soglia.

Orgoglio soprattutto, perché la mostra sintetizza attraverso le sei grandi aree tematiche un divenire della terra Friuli d'origine tra passato e futuro, tradizione e modernità, spirito di sacrificio e raggiungimento d'obiettivi quasi impensabili solo pochi decenni fa. Un'esposizione dinamica, quindi articolata in un percorso ed una presentazione originali che hanno saputo catturare l'attenzione e l'interesse del visitatore.

I diversi oratori hanno rilevato la grande importanza della mostra intesa non solo a rinnovare, oserei dire "rimodernare" la coscienza storica della diaspora, ma soprattutto a far meglio conoscere in tutto il mondo, una terra e una comunità che hanno avuto un percorso storico. Travagliato, ma che sono approdati ad un presente di cui vanno giustamente orgogliosi e che lascia presagire un futuro prospero. Le cerimonie d'apertura si sono concluse con una degustazione di vini, formaggi friulani, e la famosa Gubana.

La mostra e stata organizzata dall"Ente Friuli nel Mondo, artefice e coordinatore, L'Azienda regionale per la promozione turistica del Friuli-Venezia Giulia, L'ambasciata Italiana di Ottawa e L'Associazione Fogolar Furlan di Ottawa.







PHOTOS: ANGELO FILOSO









PHOTOS: WALTER CIBISCHINO

Progetti di vita

di Luciano Pradal

Progetti di vita, cosi si puo sintetizzare la vita esemplare di Padre Luigi Casagrande, un progetto dopo l'altro per il benessere dei suoi e della comunità.

Il passaggio in Ottawa di Padre Luigi è stato come una ventata innovatrice; alla Messa celebrata domenica 14 ottobre alla Chiesa Parrocchiale S. Antonio, Padre Luigi ha favorevolmente impressionato i fedeli, anche lui stesso lo è sato e l'ha apertamente espresso ai presenti conqueste parole: "Potero questa bellissima foto di tutti voi nelle profonde foreste dell'Africa, non vi conosco individualmenete ma lasciatemi dirvi che mi sento molto bene qui con voi, siete una bellissima comunita, me sento priviligiato e ringrazio il vostro Parroco per avermi permesso di celebrare qesta Messa convoi..."

Alla fine della Messa Padre Luigi ha presentato due stole a Villa Marconi, due bellissime stole tessute a mano dalle donne africane della missione dove Padre Luigi ha operato e che ci ritomerà il 22 dicembre, per altri tre anni, Padre Luigi ha ringraziato i servanti della Mess, la Corale che, con il loro bel canto hanno contribuito a rendere la celebrazione più solenne, innaspettatamente la fondo della chiesa si è sentita la musica di Và

Pensiero suonata dalla Banda dei Vigili del Fuoco della Città di Ottawa il cui Direttore è Paolo Casagrande, cugino di Padre Luigi.

Progetti di vita: La settimana in Canada di Padre Luigi Casagmade è stat molto ben riempita, infatti loscopo principale della sua venuta qui e stato quello di conoscerer e visitare la grande famiglia dei Casagrande del quale la prima ondatat era costituita da Angelo, Pietro, Paolina, Annibale, Augusto ed Isidoro sono emigrati in Ottawa nel Iontano 1918-1928.

Subito dopo la Messa Padre Luigi è stato scortato dalla banda nella sala parrocchiale dove c'erano ad attenderlo molti famigliari ed amici, circa 170, abbiamo allora pranzato insieme con Padre Luigi.

Il profitto del pranzo e stato offerto da il Italian Canadian Community Centre e Italian Cultural Centre per le missioni in Africa di Padre Luigi il quale è stato sorpreso ed ha ringraziato del gesto e del lavoro fatto in particolare dalla famiglio di Gino Buffone, Angelo Filoso e dally Ladie's Aid. Si sono aggiunte altre offerete a quella degli organizzatori del pranzo.

L'Associazione Alpini e l'Associazione Trevisani hanno offerto ciascuna \$250, altre persone che che hanno voluto mantenere

l'incognito, hanno offerto altre \$100. Nei giorni seguenti Padre Luigi ha continuato ne i suoi progetti di vita ed ha visitato motli altri membri della famiglia Casagrande che tutti si sono poi riuniti mercoledi 17 octoobre a Villa Marconi per una cena, anche qui, come nella Sala Parrocchiale, si è potuto notare un gran tavolo allestito da Paolo Casagrande con foto della famiglia in Canada ed a Pieve di Soligo e della Banda dei Vigili del Fuoco di quando hanno sfilato per le vie di Pieve di Soligo il 19 agosto.

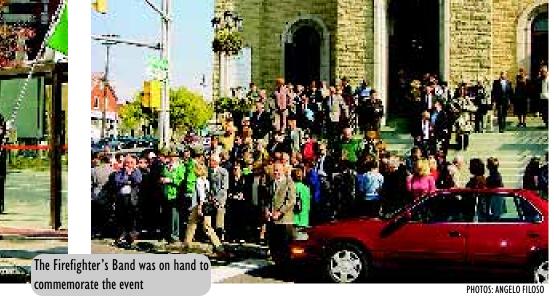
Durante questa piacevole serata Jennie Prosperine dlle Ladies' Aid ha offerto \$700 a Padre Luigi. Questa somma era stat raccolta dalle Ladi'es aid ed hanno contributio alcuni parrocchiani e parrocchiane. Padre Luigi ha voluto lasciare un ricordo per Villa Marconi, has lasciato una stola ed una tovaliga per la Cappella di Villa Mcaroni anche questi due bellissimi aritcoli sono stati confezionati dalle donne della missione africana ove Padre Luigi è missionario.

Ed è attraverso le pagine de Il Postino che ringraziamo sentitamente Padre Lugi per averci visitato qui in Ottawa, per augurarli ogni bene e per averci dato l'opportunita di lavorare con lui ai suoi, ai nostri progetti di vita.









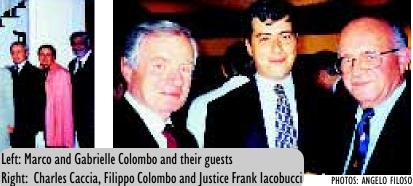
Italian Ambassador hosts dinner for Nato Italian delegation

On October 6 the hospitality shown by Ambassador Colombo was electrifying and warm for the 80 guests of the Italian NATO delegation and the local Italian Canadian community. It was the ambassador's first official meeting of the local commu-

nity at Villa Marconi. His address stressed the importance of talking to the Italian delegates and exchange thoughts and ideas on the resolutions before the NATO delegates at the Congress Centre in Ottawa. The delegates voted on their resolutions on terror-

ism and wrapped up the conference on Tuesday, October 9. This was the official first reception for the local Italian community hosted by the ambassador and his wife since their arrival two weeks to their new posting in Ottawa, Canada.







Arts/Arti

Ottawa Symphony Orchestra's

Verdi's centennial celebration

The vibrant atmosphere of Viva Verdi Cheers demonstrated the composers everlasting achievement of powerful music. On October 1 at the concert conducted by David Currie to open Ottawa Symphony Orchestra's 37th Season, Verdi's Requiem was performed to mark 100 years since the death of composer Giuseppe Verdi.

Verdi's Requiem was outstandingly pleasing to more than 2000 music lovers, a sell out crowd at Ottawa's National Art Centre. After the performance some of the guests went to the Panorama room to meet the performers and sample the pamergiano cheese washed down with spumante and verdichio wine.

The sponsors of the evening included the Banca Commerciale Italiana, Meridian, Institut Culturel Italien de Montreal, TEAM CORMORANT, and the Italian Canadian Community Centre of the National Capital Region. Marco Colombo , ambassador of Italy, together with the Ottawa Symphony Orchestra sponsored the exquisite reception in the National Art Centre's Panorama Hall.

It was the diligent and hard work of Giuseppina Zarra, Primo Segretario of the Embassy of Italy together with the former Ambassador Roberto Nigido who made the Italian evening possible by encouraging the sponsors to become major donors of the Ottawa Symphony Orchestra. It is the first for the Ottawa Symphony Orchestra to be supported by the Italian Canadian Community Centre of the National Capital Region but it will certainly not be the last according to President Angelo Filoso. The committee for the concert included Alison Dingle, Patrizia Bucciero, A.J. Freiman, Peter Harmdorf, Italo Tiezzi and Giuseppina Zara.





Scenes from Verdi's Centennial Celebration Below left: Conducter David Currie addresses guests





PHOTOS: ANGELO FILOSO

Opinions/Opinione

The Immortality of Don Vito Corleone The Godfather returns

by Oliviana Mingarelli

With the recent re-release of the Godfather box set, people have come to realize just what an impact Don Corleone has had, not only on the twentieth century but also the twenty-first. So what makes the Godfather such a compelling figure? Certainly Marlon Brando and Al Pacino's incredible acting contributed to the movie's fame, however, I believe that it was also the characters created by Mario Puzo in his novel *The Godfather*.

One of the first descriptions of 'the Godfather' we are given in Mario Puzo's novel is that Don Vito Corleone was "a man to whom everybody came for help, and never were they (people) disappointed." He only required one thing in return for his favors: friendship.

He never crowned himself "Don" or "Godfather", these were titles of respect given to him by those people whom he considered friends. The character created by Puzo is neither evil nor good; he lies somewhere inbetween.

The most important thing to remember about the Godfather is that he tried to create a society based on Italian peasant society. Being unsatisfied with the society that the New York slums presented him, Vito Corleone took his and his family's future in his hands and changed it. He created a 'business' that was based on respect, friendship, and logic.

At one point, Michael (future Godfather) says: "My father is a businessman trying to provide for his wife and children and those friends he might need someday in a time of trouble. He doesn't accept the rules of the society we live in because those rules would have condemned him to a life not suitable to a man like himself, a man of extraordinary force and character." He continues to explain that his father considers himself equal with Presidents and Prime Ministers.

The Godfather operates on a code of ethics he considers far superior to those outlined in law books. Significantly, we learn more about the Godfather from the people with whom he surrounded himself. It is the way people act and react towards him, the people he considers friends and those he does not. In fact he is the first person to discuss what exactly the Godfathers role is. It is while conversing with Kay, during his sister's wedding, that he explains to her that Bonasera, Nazorine the Baker, Anthony Coppola and Luca Brasi were all waiting to speak to his father in order to ask him favors. Within the first 50 pages of the novel and the first 20 minutes of the movie, we are shown that not only does the Godfather require friendship and respect but he is also a man of personal generosity and humanity.

These qualities in combination with his motives make the godfather a very compelling figure. We are never given reasons for which we should hate him. Even though many of his actions are questionable, they are never impetuous.

Under close scrutiny it can be seen that the most significant reason why the Godfather is seen as so compelling to readers and moviegoers is because he represents our darker side. We see in the Godfather a side of ourselves that we try to not show, yet it still exists. He does things we, as regular law-abiding citizens, would never think of doing, however, we experience an insatiable need to know more about him.

The way the character of the Godfather is created makes us experience a sort of 'tug of war' within our conscience. We cannot ignore or sanction his role in many of the murders that occur within the both the movie and novel, and yet at the same time, we cannot forget his obvious humanity to such persons as Nazorine the Baker, his love for his family and the respect the Italian community bestows upon him.

All of these traits have allowed Don Vito Corleone, aka "the Godfather", to be considered an icon within the 20^{th} and 21^{st} centuries in the same rank as Darth Vader, Dracula and Frankenstein. They are all, in different ways, considered our equals, our superiors and our inferiors.

CALENDAR OF EVENTS

November 3, Saturday

Dinner Dance
Trevisani nel Mondo
Villa Marconi, 1026 Baseline Rd.
Tickets \$35.00
call 727-6201 for info

November 4, Sunday *Messa dei Caduti* St. Anthony's Church

November 10, Sunday Festa di San Martino Villa Marconi, 1026 Baseline Rd. Tickets \$30.00 call 727-6201

December 21 - January 3

Italian Film "Bread and Tulips"

Playing at Bytown Cinema

call 789-4600 for times

October 19 - January 13 *Da Vinci Collection* National Art Gallery call 998-8888 for info

If you have a listing for our calendar of events, please call 567-4532

Health/Salute

When should you take your child to a chiropractor?

by Dr. Tim Moore

Bringing a child to a chiropractor! To many people that is a new concept, but if you think about it, spinal problems don't suddenly appear in adulthood. In many cases they have taken years to develop. To explain this, lets look at what chiropractic is about.

Chiropractic's primary purpose is to maintain a healthy spine and nervous system. This is vital to health because it has been found that if the spine is out of its normal alignment and motion it will cause pressure and irritation to the spinal cord and spinal nerves. Since the nervous system controls and co-ordinates all function in the body, nerve irritation at the spinal level will affect many areas of health from lowered resistance, fatigue and pain, to poor

How does this relate to children? Spinal misalignments (called subluxations) will occur due to slips, falls, poor posture and sleeping positions, stress, and unexpected impacts to the body. A Doctor of Chiropractic should examine your child during that all-important first year of life when spinal trauma can occur during birth as well as from tumbles while learning to sit up or walk. Improper lifting and carrying of your child can also contribute to spinal stress. Your child's spine grows almost 50% in length during the first year (the equivalent of a six-footer growing to nine feet in just 12 months!). It's this kind of tremendous growth and development changes which make a complete chiropractic examination so important in the early stages of your child's life.

Tell tale signs of unhealthy spine and stressed nervous system in children is poor posture (i.e. head tilt, hip-un-leveling, etc.), recurrent colds



and infections, respiratory problems, digestive disturbances, sleeping difficulties... If spinal misalignment (subluxation) is found in your child's spine a chiropractor will very gently correct spinal motion and alignment with a chiropractic adjustment. This takes the stress of the nervous system and allows the body to heal from within.

So when should you take your child to a chiropractor? When you want to give your child a head start in good health. Doctors of Chiropractic believe it's much more important to prevent diseases than wait until some illness occurs. Through regular adjustments, counseling on proper diet, exercise and postrue, the Doctor of Chiropractic can help you raise a child whose body is structurally and functionally sound. Your child will also learn good health habits at an early age which can be very beneficial to him or her as an adult. After all, "as the twig is bent, so grows the tree."

Dr. Moore runs a family chiropractic practice at 486 Hazeldean Road in Kanata and can be reachedat613-831-8374.

ALS Society thanks sponsors

The ALS Society - Champlain Regional Office - wishes to thank the following sponsors and teams for their participation at the first annual Walk to D'Feet ALS, Sept.30, 2001.

La ALS Society - Champlain Region - desidera ringraziare i patrocinatori e gruppi di partecipanti seguenti per la loro partecipazione alla prima marcia per combattere l'ALS, 30 settembre, 2001.

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Retirement planning Are you saving enough to retire the way you want?

by Franco Caminiti and Domenico Cellucci

Depending on your age, retirement can be at the bottom of your 'life' agenda or rapidly rising to the top. But, to enjoy the kind of retirement you want means making the right investment and savings decisions as you move through your 20's, 30's, 40's and 50's - ever closer to that magical day when you can say with confidence, "I'm financially secure. Now is the time to begin the next-and potentially most personally rewarding-part of my life."

At any age, the most important question you can ask yourself is "How much should I be saving to have an adequate income after retirement?" Whether your retirement is right around the corner or 40 years down the road, here are a few basic steps to help you answerthan question:

Don't rely on others. For Canadians, retirement income has historically come from three sources:

- 1. Government programs such as Old Age Security and the Canada or Quebec Pension Plan;
 - Employer sponsored pension plans; and
- 3. Personal savings such as an RRSP and other investments.

Canada's aging population and the resulting pressure on a limited tax base make it increasingly probable that the government will not be able to provide all the financial support you may need for retirement. In addition, there continues to be a trend of overall reductions in benefits under employer-sponsored plans. That means you should make your own plans to realize your retirement goals.

Start right now! Thanks to the magic of compound returns, the money you save and invest at an early age multiplies to much greater amounts than money saved during the years closer to your

Capitalize on your RRSP. RRSPs are among the best way to defer taxes today and build up a retirement fund for tomorrow – so be sure to make the maximum allowable contributions to your RRSP every year. And, consider a Spousal RRSP if your spouse is in a lower tax bracket than you-by splitting income, a Spousal RRSP can increase your tax and savings benefits over the long-term and be a powerful tool in your long-term retirement planning.

Know Yourself. Take stock of who you are, where you want to go, and how long you have to get there. Find out what sort of risk you are comfortable with, and be sure to have the appropriate level of diversification among your investments to limit risk. It's a good idea to have a professional financial advisor help you through this process.

Younger investors – those with a long time to go before retirement - are usually in a better position to assume more risk. They may wish to invest a portion of their money in riskier investments, such as equities, with potentially higher returns. Older investors may opt for less volatile investments that deliver steady returns. Your financial advisor can help you assess your risk tolerance.

A Good Retirement Planning Strategy

Identify your life goals - including your goals for retirement. Do you want to maintain your current lifestyle? Travel? Retire early? Once you know what's most important, you can set your financial strategies to meet those goals, and measure your

Determine the income you will need at retirement. If you are in your 20's or 30's the usual rule of thumb is that you will need to replace 70 to 80 per cent of your pre-retirement gross income after you retire. If you are closer to retirement it helps to put together a budget - what you'll need for food, shelter, travel, clothing and so on-and how much regular income you will need to pay for the things that will make it possible for you to enjoy your retirement.

Determine your sources of income and benefits. These can include government programs and employer-sponsored pension plans.

Determine the difference - how much you must replace from your own resources to have enough for the retirement

Based on how much you must replace, establish an investment and savings strategy that will deliver these necessary funds - and monitor your plans closely to be sure you stay

This column is provided by Franco Caminiti and Domenico Cellucci of Investors Group, as a general source of information only and is not intended as a solicitation to buy or sell investments, nor is it intended to provide legal advice. For more information on this topic or on any other investment or financial matters, please contact your financial advisor. Franco and Domenico may be contacted at 742-8018 or by email: franco caminiti@investorsgroup.comand domenico.cellucci@investorsgroup.com respectively.



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relative dies. But dealing

Report entitled 'Inheritance: The Silver Lining with a Cloud Inside' has

information that can help

you fulfill your loved ones

with an inheritance has tax implications that should be examined. Our Life Event

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AMBASCIATA D'ITALIA

Si informa che il Commissario del Governo nella Regione Molise, con decreto in data 5 settembre u.s., ha fissato per domenica 11 novembre 2001 la data di svolgimento delle elezioni regionali per il rinnovo del Consiglio Regionale e l'elezione del Presidente della Giunta, a seguito dell'annullamento delle precedenti consultazioni svoltesi il 16 aprile

2000, disposto dal TAR Molise e confermato dal Consiglio di Stato.

Si fa riserva di comunicare le informazioni circa le agevolazioni di viaggio per i connazionali che vogliano recarsi a votare in Italia, non appena queste saranno in possesso della scrivente Ambasciata.

Riccardo Battisti

Consigliere per gli Affari Sociali

Willa Marconi - New Years Eve Celebration - Willa Marconi - Veglione di Capdanno - Villa Marconi



Community Hall 1026 Baseline Road • Ottawa, ON • K2C 0A6

New Years Eve Celebration Veglione di Capodanno

December 31, 2001

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PROGRAM

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Dinner at 7:00 p.m.

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