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August 2005

City-Wide

Canada Day Festival leaves smiles all around

by Matthew Perry

More people attended Canada Day at Andrew Hayden Park this July 1st than any other time in recent memory - and organizers see it as a trend that will

The four-day festival saw more than 90,000 people pass through the gates and it seems as though everyone went home happy.

There were challenges, however the organizing committee overcame them and pulled off an event that is being hailed as a success on all fronts.

> "We thought

weather was going to be a bit of a challenge on Canada Day itself," said Angelo Filoso President of Ottawa's Canada Day Festival that organized the weekend. "Funding is always an issue as well when you put on an event of this magnitude."

"We were able to secure

some funding from Heritage Canada, but the dollars are harder to come by that is for sure."

The rain, thunder and lighting didn't last very long on July 1st and many patrons were back and enjoying the entertainment within minutes and obviously not letting it put a dampening on their weekend.

"Huge congratulations are due to all the entertainment," said Festival Organizer Jenn Filoso. "Hyrd Gunz and Maria Hawkins especially got the crowd going leading up to and during the fireworks - it was great stuff."

The fireworks had been a point of contention in previous years. However, this year everyone seemed impressed by the show.

"I really loved the fireworks," savs Tara Currie, a first time visitor to festival. "I mean you don't have Parliament in the backdrop, but they were ment visitors enjoyed carnival rides and games as well as some fantastic food from around the world.

Italian Day was on Saturday July 2nd and was another part of the success.

"Italians are such proud people," says Nick Frate who organized the entertainment. "I knew we'd get a lot of support regardless what acts we scheduled."

"We were just happy to have some of the most well-known and established acts the Italian-Canadian community has to offer like Tony Ieluzzi."

Another act that pleased the crowd was the Italian dancers.

> With another year to plan for the 2006 Canada Day Festival at Andrew Hayden park Ottawa's Canada Day Festival Committee is excited about starting the process for next year.

"It gives people an option besides heading down to the events at the Parliament Buildings," said Angelo Filoso. "I think the people who came this year will be back and they will be

back with their friends and family."

"This is an event that I see continuing to grow and we look forward to growing with it."

For more photos see Page 8.



Jen Filoso (far left) and Angelo Filoso (far right) join other Canada Day organizers as they gather around to watch Fire Chief (I NEED HIS NAME) cut the cake during a ceremony to kick off the celebrations at Andrew Hayden Park from July 1st to

> right over us and it was nice seeing them with the backdrop of the water and sailboats."

"I have never seen fireworks that close before."

In addition to the musical entertain-

Ottawa hosts conference on ordaining female priests

(Reuters) - Ottawa was to host to about 400 people in late July for an international conference on getting women ordained as

The second Women Ordination Worldwide conference involves members of several Christian denominations who support the idea. However, it has been an uphill battle as the Catholic Church is standing firm in its belief only men can be priests.

Spokespeople for the Ontario Conference of Catholic Bishops says that's because the first apostles were men.

It is also no secret Pope Benedict demands strict adherence to traditional Church doctrine. But co-organizer Marie Bouclin, a former nun, says female ordination is a larger issue and cites it is a human rights issue.

Michele Birch-Conery, a teacher of feminist literary analysis in B-C, will be the only Canadian among nine women, to be "ordained" this month in Ontario.

However, Archbishop Anthony Meagher of the Kingston diocese says the Vatican does not recognize the ordinations, and excommunication is automatic.

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Canada

LA COMUNITA' E' CHIAMATA A PROTESTARE CONTRO IL PREGIUDIZIO DELL' ITALIANO MAFIOSO

di Ermanno La Riccia

Nel linguaggio comune , quando per una ragione qualsiasi entra in ballo la parola « Mafia » sembra che la maggioranza dei media del nostro paese, ossia giornali, radio e televisione non possono ,(ma sarebbe meglio dire non vogliono?), fare a meno di associare questa qualifica ad un italiano o agli italiani. Si tratta di un vecchio pregiudizio che ha origini lontane e che, nonostante l'evoluzione della società e le mille dimostrazioni che centinaia di migliaia di italiani che vivono in questo paese hanno dato e continuano a dare come cittadini

ligi ai doveri dello stato, resiste ancora. Questo pregiudizio,nonostante essi siano assolutamente estranei a fatti che hanno dei riferimenti occasionali, a qualche persona o gruppo appartenente alla « Onorata Società » , è ancora duro a morire.

Una dimostrazione di quello che andiamo dicendo l'abbiamo avuta nel corso dell'inchiesta condotta dalla commissione Gomery sullo scandalo delle commandities. In questo scandalo, come è noto, era stato chiamato a testimoniare l'ex ministro dei Lavori Pubblici, Alfonso Gagliano. A questo punto noi non vogliamo entrare nel merito di quello che è stato detto e dichiarato non solo dal ministro italiano ma anche dalle altre persone coinvolte tra cui la maggioranza di origine francese: lasciamo che i giudici della Commissione facciano il loro lavoro e diano il loro verdetto. Vogliamo, però, sottolineare il fatto che la maggioranza dei media hanno oltrepassato i limiti della decenza bombardando gli ignari lettori con caricature « del Mafioso » ed associando lo stereotipo di questo personaggio alla comunità italiana.

Da una lettera aperta di protesta contro questo stato di cose, diffusa tra i media dal Comitato anti-diffamazione della Canadian Italiana Business and Professional Association presieduto da Giuliano D'Andrea, che si riferisce appunto a quello che nel corso della commissione Gomery è accaduto in questi ultimi mesi vien detto: « Lo stereotipo del mafioso dei film di Hollywood largamente diffuso dai media nostrani aggiunti all'interesse del pubblico verso le attività di corruzione di Adscam hanno duramente colpito i membri della comunità italocanadese ».Ed in riferimento a certi giornali aggiunge:

« Quindici pagine di una edizione del Jour-

nal de Montreal venivano pubblicate con l'immagine del bersaglio di un fucile in ogni pagina, dove si proclamava l'esistenza di una "Mafia politica » ad Ottawa. Il National Post ha commentato le commandities come uno scandalo italiano. Il Western Standard ha pubblicato il memorabile poster "Les Libranos "che ha provocato uno scambio di invettive in parlamento tra il ministro Volpe e alcuni membri del Partito O

di invettive in parlamento tra il ministro Volpe e alcuni membri del Partito Conservatore ». Ed ancora caricature e dichiarazioni infamanti giunte da più parti. « Ed è stato pubblicato un disegno cosiddetto umoristico di una testa di cavallo nel letto del primo ministro » che evocava

una scena del film "Il padrino ". E prosegue la lettera:

« Il Calgary Sun avvertiva che lo scandalo non era che la punta di un iceberg criminale. E più ancora. Delle allegazioni di legami tra un ex ministro del governo e delle famiglie criminali siciliane e New-yoraise; delle storie di un sistema di finanziamento parallelo segreto diretto da un vero "boss": un testimone che nega di essere un "Padrino" o nella mafia; e delle pretese minacce da parte di italiani contro i testimoni non italiani, i quali hanno ricorso alla protezione della GRC ».

E il colmo è giunto quando « un animatore di una stazione radio ha soprannominato la Commissione Gomery come "Commission Mafia "».Sulla esistenza della Mafia sono state dette e scritte un sacco di cose in Canada e fuori del Canada. « La suggestione che gli italiani sono predisposti alle attività criminali organizzate non è cosa nuova. Dopo il 19mo secolo, quando gli Stati Uniti hanno incominciato a limitare l'emigrazione dal sud dell'Europa, gli immigrati italiani hanno dovuto far fronte al generalizzato soprannome « di mafiosi ». Essi venivano considerati indesiderabili, appartenenti a una razza inferiore propensa alla violenza». Ed invece erano loro ad essere derubati all'uscita delle fabbriche dalla mafia irlandese. « Durante gli anni del proibizionismo, il gansterismo dei Al Capone era stato elevato allo statuto di un mito pur se era circoscritto ad una piccola minoranza con attività criminali di scarsa importanza. Col passar del tempo la stessa società americana ha cambiato atteggiamento di fronte agli italiani, anche perché la maggioranza di essi hanno conquistato posti importanti e di prestigio in tutti i campi, ma è rimasta la percezione dello stereotipo della vecchia epoca. Tutto questo perché romanzieri, drammaturghi, cineasti, con i loro lavori, si pensi al serie de "Il Padrino", hanno trasformato la nozione della "famiglia italiana criminale" in una sorte di icona culturale ».

realtà che noi viviamo tutti i giorni, che i media hanno attinto a larghe mani per presentare un quadro a tinte fosche di una comunità che, invece è ligia ai propri doveri, magnificamente inserita nel tessuto socio economico di questo paese. Per chi ha seguito attentamente i lavori della Commissione Gomery, di episodi di stampo mafioso non ne sono venuti fuori un granché anche se certi riferimenti ad alcuni personaggi della vicenda portavano a formulare qualche dubbio. Ma col dubbio non si governa né si possono formulare giudizi o accuse. Nessuno può negare che la vicenda delle commandities sia uno scandalo ma è più scandaloso sentire emettere giudizi di condanna gratuiti prima che i giudici emettano una sentenza. E la cosa più grave ancora

Ed in questa icona, che è al di fuori della

che certi giornali o media di altra natura, non contenti di questo, hanno tentato di buttare fango sull'intera comunità italiana del Canada.

Noi protestiamo energicamente unendoci alla protesta della CIBPA ed invitiamo tutti gli enti, le associazioni, e le persone di buon senso della nostra Comunità a protestare, con tutti i mezzi a disposizione, contro questo sopruso.

La Comunità Italiana del Canada è chiamata a protestare contro il pregiudizio dell'italiano nafioso.

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Features

Did CIA undermine Italy's war on terror?

By Garrick Anderson

ROME (Reuters) - For eavesdropping Italian investigators, Hassan Mustafa Osama Nasr was more than a dangerous terrorism sus-

Monitored through wire taps and ambient listening devices, he was a walking, talking link to a larger threat in Europe and beyond -who suddenly vanished on Feb. 17, 2003. That's when prosecutors say CIA agents kidnapped Nasr and flew him to Egypt.

The cleric, also known as Abu Omar, says he was tortured in Egypt under questioning and refused to be an informant.

"The kidnapping of Abu Omar was not just illegal, having seriously violated Italian sovereignty, but it was also harmful and corrosive to the effectiveness of the overall fight against terrorism," said Milan Judge Guido Salvini, who has a standing arrest order for Nasr.

It is unclear what Egyptian authorities may have learned from the suspect. His lawyer in Egypt told Reuters that he has requested Nasr's release from custody.

Following this month's rush-hour transport bombings in London, Islamic militant groups are warning Italy may be next -- and the threats are being taken seriously in Rome.

Prosecutors say evidence from the Nasr investigation, and others like it, prove ongoing Islamic militant activity in Italy. That includes fund-raising and recruiting suicide bombers to send abroad, as well as possible attacks inside the country.

Wiretap records suggest Nasr supported bombings like the one in London and knew plenty about militant groups in Europe, prosecutors say. Investigators can't help but wonder what they might have learned had Nasr been fully investigated in Italy.

DYING MARTYRS

Intelligence officials believe that Nasr, 42, fought in Afghanistan before arriving in Italy in 1997 and obtaining political refugee status. Investigators accuse him of ties to al Qaeda and recruiting combatants for Iraq.

Conversation intercepts, viewed by Reuters, show Nasr as more than a Muslim cleric in Milan. Prosecutors say he had contact with militants from Germany, Egypt and elsewhere. They point to computer files filled with jihad recruiting propaganda.

"The hope is that we all die martyrs," he told a Tunisian suspect, in an April 7, 2002 conversation inside a Milan mosque.

Another conversation on April 24, 2002, with an unidentified Egyptian man also discussed militant attacks. Prosecutors believe that although the other man did most of the talking, it showed Nasr's awareness of such

"So, are these attacks going to be carried out or not?" the man asks Nasr, who initially responds: "What?"

"Let me be clear, I want us to strike inside, outside ... in every country in the world," he said. Nasr responded, with a laugh, "Use your

The conversation continues somewhat cryptically, and Nasr responds -- in a muddled context: "They'll do it. They'll do it.

Asked by whom, Nasr responds: "The brother in London."

The United States has declined to make any public comment about the Nasr case, even after a Milan judge ordered the June arrest of 13 Americans whom prosecutors say are tied

Rome denies authorizing the kidnap and Prime Minister Silvio Berlusconi on July 1 summoned the U.S. ambassador to Rome, Mel Sembler, to demand that Italy's sovereignty be

Opposition politicians have cast doubt on the official line, questioning whether the CIA would have launched such a bold operation without at least informing their Italian coun-

INTELLIGENCE SHARING

The United States and Italy are close allies in foreign policy, and Berlusconi, who sent troops to Iraq and Afghanistan, has stressed the joint fight against terrorism remains strong.

But Italian officials complain that when it comes to intelligence sharing, Washington does not always return the favor. The Nasr case is one example. Prosecutors say that U.S. officials passed bad information to Italian police after the kidnap, saying Nasr had probably gone to fight overseas.

The issue of trust becomes increasingly important in the wake of the London bombings, with European nations seeking greater access to foreign intelligence information.

"The real problem is with the United States, there is a certain difficulty receiving information," former Italian Prime Minister Giuliano Amato told local media. "The Americans take an exclusive attitude, without respecting the criteria of the maximum collaboration with Western countries."

The United States is facing questions from other European countries, including Germany, over its transfers of militant suspects abroad. Egyptian Prime Minister Ahmed Nazif said in May the United States had sent it as many as 70 suspects.

From court documents, it looks like Italian prosecutors were easily able to identify the CIA agents allegedly involved in the daylight abduction of Nasr.

Agents filled out registration forms at hotels, many presented frequent-client cards, like "Hilton Honors" and prosecutors even have one agent's United Airlines frequent flyer number, the documents show.

The big question in Italy is why Washington thought it was necessary to kidnap Nasr. Was Italy too slow to arrest him or too hesitant to react to the intercepts? What information did the CIA have?

Nasr, according to one account, was so important he was offered a deal by Egypt's interior minister -- be an informant and return to Italy. Nasr refused and said he was tortured with electric shock, and exposure to extreme noise and temperatures.

"I was very near death," Nasr told his wife in a 2004 call, intercepted by police, after being released briefly for medical reasons in Egypt. He was rearrested for recounting the

Italian officials concede they may never know the whole truth, even though Judge Salvini started a judicial process aimed eventually at extraditing, or at least questioning,

"The fact that he was kidnapped obviously damaged our investigation. That can't be denied," said one Italian legal source. "Who knows what we would have learned."

Getting the most out of your diet the Italian Way

Holistic Nutriontist

Being born in an Italian household where my mother's main focus was to plan and prepare the family meal, you can say that food was a priority. The sweet and sometimes cough wrenching aromas (especially when the fried peppers were cooking) were at times my most cherished memories. But now looking back, and after taking a course on natural nutrition, I find that some of our favorite foods were lacking in both good wholesome vitamins and important mineral nutrients. Both of my parents, and my maternal grandmother and maternal and paternal aunts have been subject to the devastating effects of Type 11 diabetes, and if we are a product of our genes, then I must be a prime candidate for this disease.

So, far my blood sugar levels have proven to be normal, and by delving deeper into our

way of eating we can sometimes make the predictable and inevitable a thing of the

Let's put the G in our genes into good guidelines for eating habits.

As children our meals, were simply a lot of carbohydrates, the pasta, bread and potatoes which is fine if we are running a marathon, but oftentimes we would find ourselves fueling our eyes with mindless exercise while watching TV. Let's put some

Good wholesome

beans with our meals. By adding beans, (lentils, romano beans, navy beans etc.) then we would be adding some good digestible protein and voila, the high fiber and important B vitamins were being consumed.

Bread, of which we are all fond of, especially the aroma mouth watering and tantalizing aspects, of freshly baked yield little in the way of becoming one of our most sought after comfort foods. One thing, to make this a more nutritional and health promoting food would be to make sure that the ingredients that go into making healthy bread are recognized. Using whole grains, and fresh natural sourdough and sea salt would help prevent a lot of unnecessary health problems. Whole grains, would provide the fiber that our bodies so desire, sourdough would also alleviate yeast infections which we are all prone to and sea salt in its natural state is beneficial because of the wide array of minerals that it

By emphasizing our meals with good wholesome foods, as close to their natural state as possible is what we should be striving for in order to promote a healthy body as well



Using whole grains, and fresh natural sourdough and sea salt would help prevent a lot of unnecessary health

> as a healthy mind and spirit. Mothers, are always looking to better their families, and being a mom an Italian mom can sure be stressful. But remember the little things that we do for our children now can lead to a lifetime of good health, by teaching our children to enjoy natural wholesome foods.

Beer key to chef's awardwinning pizza's crust Canada's top pizza chef created her award-winning 'za using that most Canadian of ingre-

"One of my secret ingredients is Moosehead beer," Diana Coutu told ATV News while iting Halifax on Tuesday.

"It's in the dough: You can smell it. The flavour of the beer bakes into the crust, and all the alcohol bakes out," she said with a chuckle, wearing a Moosehead apron.

Another brand of beer might have helped her become the 2005 Canadian Pizza Chef of the

However, Moosehead is her husband's favourite. "It was in the fridge so I brought it to the store to work with to try out some recipes," she said. The Irish-Scottish Coutu, who's married to a French-Canadian, operates a gourmet pizza

shop with him in Winnipeg. In the Canadian Pizza Magazine competition held early this year, she had to use required

elements but could also use five "secret" ingredients. The beer was obviously one. As to the other four? Sorry.

Winning the competition earned Coutu a trip to Las Vegas in March to represent Canada in the Italian Chef Wars.

"In front of a live audience, we had a 90-minute window to create three dishes from scratch," she said. "It was nerve-wracking."

Coutu finished second in Las Vegas, and will compete in the world championships in Italy

"We've never had a Canadian pizza team go to Italy to compete before, so this is going to be fantastic for all of us," she said.

Ironically, the award-winning recipe wasn't originally a standard part of her shop's menu. Now it is. Here's some of the blurb: "Over 1/4 bottle of Moosehead in every crust! Available in 12" and 14" sizes. Not available in whole wheat."

Canada and the World

FINALMENTE LA VOCE DEI GIOVANI

by Ermanno Lariccia

moda

tanti altri grandi

classe che hanno

bellezza della

la pone al centro

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Al termine della conferenza organizzata dal Comites per i giovani italiani convenuti a Montreal da diverse parti del Canada, il prof. Tony Vespa,vice-presidente del Comites, con la sua allocuzione, lanciava loro un invito dicendo: « Svegliatevi, le porte sono aperte per voi:siate fieri delle vostre radici ». E i 95 giovani che affollavano il grande salone dei congressi del Four Points Hotel, hanno raccolto quell'invito, sono entrati da quella porta ed hanno creato l'Associazione Giovani Italiani del Canada.

E' stata una giornata memorabile quella del 21 maggio scorso perché per la prima volta nella storia della comunità italiana del canada, un gruppo di giovani ha deciso di mettersi insieme per continuare, su un piano nuovo e con prospettive diverse e ben chiare l'opera dei padri.

Questo terzo tentativo di riunire insieme i giovani provenienti da tutto il Canada, a differenza degli altri due precedenti, ci ha rivelato un mondo nuovo e diverso, di fare gruppo e di discutere su problemi che nel passato sembravano non interessassero quasi nessuno. Occorre riconoscere che i due precedenti tentativi di riunire i giovani se non hanno avuto un seguito costruttivo sono serviti a gettare i semi dell'italianità, a far circolare le idee che sono servite per convincere gli interlocutori che , in fondo, l'Italia non rappresenta più la terra lontana e sconosciuta dei loro padri, ma qualche cosa decisamente più nuovo e importante.

Il Canada ha dato e continua a dare a tutti il privilegio del multiculturalismo e la lingua italiana va guadagnando consensi. Ma su tutto c'è un modo nuovo di pensarla all'italiana che in questo contesto, da alcuni anni, parla il linguaggio della Ferrari che vince ed entusiasma il

mondo intero; dell'alta Versace, Armani, Ferrè e dell'arte del cucito di gran ridato alla grazia e alla donna quell'eleganza che di un nuovo universo; della che col Festival En Lumiere assaporare piatti famosi del Veneto e dell'Emilia Romagna, cucinati da superprofessionisti tra cui Gualtiero Marchesi, che leccare i baffi dei il Canada; e poi la cultura in tutte le lingue, che ormai entrare nelle case canadesi e piccole meraviglie, non national. E, per chiudere, il che conta migliaia di tifosi squadre italiane in tutto il gran parte giovani delle



From left to right: Filippo Falsetto, Rosanna Antinarella, Jenna Lofaro, Sharon Buglione.

generazioni. Ed è tra questi giovani, che attraverso tutto questo susseguirsi di eventi ed avvenimenti, si va affermando una nuova entità che fa vibrare la natura delle loro radici che si traduce in arricchimento culturale per rivestirsi di quella italianità chiaramente dimostrata dai più nel corso di questa conferenza.

Il ceppo della vecchia emigrazione, ormai è anni luce lontano dalla loro visuale.

L'aria che spirava tra i tavoli della conferenza era quella di un genuino interesse intriso di un certo entusiasmo non solo per gli argomenti che venivano discussi, che erano di particolare interesse, ma anche per aver avuta l'opportunità di trovarsi insieme, di sentir parlare, anche se in modi diversi, di quel filo conduttore che li lega alla loro identità che vanno riscoprendo e che si esprime attraverso i valori della loro terra di origine. Alcuni hanno espresso piacere nell'esprimersi nella lingua dei padri, anche se a volte con qualche difficoltà, ma è servito come esempio per far maturare in loro la necessità e la volontà di riuscire a far meglio.

« Ma è la necessità di risolvere i problemi sul tappeto, ci disse Isabella Tirelli, che ci spingerà a migliorare sia la nostra lingua che il modo di guardare la nostra Italia».

La conferenza è stata preparata da un nutrito comitato di giovani guidato da Domenico Fillipis e Isabella Tirelli e gli argomenti discussi , scelti da loro, rivestivano una grande importanza. Uno degli argomenti più importanti, ad ampio respiro, è stato quello riguardante

la lingua e la cultura italiana nel multiculturalismo canadese. Si è parlato delle scuole e dei corsi di lingua italiana che già esistono in Canada come il PICAI di Montreal, il Centro Scuola di Toronto e così via discorso che si è concretizzato con una proposta molto interessante: la creazione in Canada, o nelle varie città canadesi, di una scuola italiana. Si tratta di una vecchia idea di molti anni fa ritornata a galla. Una scuola che si dovrebbe organizzare nella maniera che ce l'hanno già i greci e gli ebrei. Ma per essere chiari occorre dire che essa dovrebbe essere

una scuola che va dalle classi elementari alle scuole superiori con lo studio approfondito della terza lingua che dovrebbe essere quella italiana, con studio della storia e geografia d'Italia, valida a tutti gli effetti rispetto alle altre scuole.

Non tutti i pareri per una scuola del genere erano concordi soprattutto perché, trattandosi di una scuola privata, c'è bisogno di considerevoli fondi per crearla e mandarla avanti negli anni. C'è qualcuno,



From left to right: Rosanna Antinarella, Filippo Falsetto, Ermanno Lariccia, Jenna Lofaro, Giovanna Giordano (COM.IT.ES Montreal), Sharon Buglione.

anni. C'è qualcuno, però, che la ritiene utile. Tania Pennino dichiara: Una scuola del genere è importante per non rinchiuderci in noi stessi e interagire con le altre comunità.

Poi si è parlato di « Informazioni dall'Italia e per l'Italia, del dossier di Rai International, e delle informazioni di ritorno ».

Giovanni Rapanà, membro del CGIE, e principale protagonista della venuta in Canada dei programmi Rai International, ha annunciato che argomenti come questi conta di discuterli in occasione nelle Conferenza Mondiale dei Giovani nati in paesi esteri che si terrà a Roma entro quest'anno.

Si è parlato della necessità della doppia cittadinanza e del riconoscimento dei titoli di studio da ambedue le parti e degli scambi culturali.

I giovani italiani chiedono che l'Italia riapra le porte per la doppia cittadinanza per dare l'opportunità ai tanti di poter andare la lavorare in Italia o in Europa.

Il riconoscimento dei titoli di studio, sia da parte dell'Italia e sia da parte del Canada è un problema primordiale di cui la nostra diplomazia dovrebbe occuparsi.

Gli scambi culturali già in atto tra federazioni di associazioni canadesi ed alcune regioni devono essere riorganizzati in maniera più sistematica per essere più validi. Charen Buglione ci dice: « Per noi canadesi sentirci italiani è anche un motivo di orgoglio

ma occorre che l'Italia ci dia ascolto su questi problemi per sentirci veramente fieri della nostra appartenenza ad una seconda patria che ci fa onore».

«Diamo la nostra fiducia a questo primo drappello e speriamo che la loro associazione

possa proliferare nel futuro nuovi membri per acquistare la forza di vivere la loro identità come un valore da conservare », dice Giovanna Giordano alla fine della conferenza.

Con questa conferenza abbiamo avuto la possibilità di ascoltare la voce dei nostri giovani e, quello che conta di più, testimoniare la loro volontà di completare la ricerca della loro identità.

"Occorre che la nostra comunità ci aiuti a crescere come va facendo il Comites" ci dice Domeico Filippis, uno dei leaders dei giovani.

Didascalie che vanno con le cinque foto inviate via elettronica per l'articolo: E' Nata a Montreal L'Associazione Giovani Italiani del Canada.

Kenyans mourn slain Italian bishop, long for peace

(AP)-Thousands of Kenyans paid their last respects last week to a murdered Italian Catholic missionary and called for peace in the dangerous north.

Facing accusations of neglecting Kenya's remote regions, President Mwai Kibaki travelled to the town of Isiolo to lead tributes to Bishop Luigi Locati, 77, as some 4,000 people came by truck and foot for an emotional burial service.

At least 10 people fainted at the ceremony some 320 km (200 miles) north of Nairobi.

"The late Bishop Luigi Locati dedicated his life to preaching the word of God and to assisting the underprivileged," Kibaki said in a funeral oration at the Italian's church.

"This is why his killing is painful and irra-

Eight men — including two local Kenyan priests picked up last month— were being

held by police for questioning over the death of Locati last week. He was shot in the head and throat at close range on his way home after dinner at a pastoral centre.

Clan fighting has raged further north in recent days though it was unclear if there was any link with the bishop's killing.

Locati had spent more than four decades in the region, helping set up education and health projects.

"We feel in our hearts that it is us who are dead," local teacher Doris said, explaining how the bishop had funded institutions and sponsored students, often from his own pocket.

"To us, he has been our father. He is one of us, our tribe."

POPE'S MESSAGE

Christian and Islamic leaders from around Kenya, with some from neighbouring Uganda

and Tanzania, attended the funeral.

One elderly woman from the local Turkana tribe wailed at the gates to the church: "Oh, the bishop has died! Does it mean we'll also die because we won't get relief any more? And our children will cease to be teachers and doctors."

At least 75 people have died in the clan fighting further north in Marsabit, close to the Ethiopian border.

"The recent murder of children, women and men in Marsabit is part of the madness that as a nation, and as citizens we must reject," Kibaki said. "The killing of Bishop Locati and innocent children, women and men is a scar on our national conscience."

He promised to beef up security in the area, find those behind the violence and launch a 10 billion Kenyan shilling (\$130 million), five-year development plan for the region.

"On their part, wananchi (people) in this region should resist the temptation to pursue vengeance. This will only build up the vicious cycle of violence," Kibaki added.

Police hunting the bishop's killers said they had uncovered some possible financial motives. "There was a problem of corruption to do with the funding of various projects under the church and in which the bishop must have got some enemies," provincial criminal investigation officer Mohammed Amin said.

Pope Benedict sent a message to the funeral. "The Pope hopes that Bishop Locati's death will speed the peace and reconciliation process in Kenya," Vatican envoy Alain Paul Lebeaupin said at the service.

Violence in Kenya's arid east and north is frequent as clans fight over scant resources. Livestock raids over the borders with Ethiopia and Somalia are frequent.

Entertainment and Sports

Fido new bone in divorce disputes | Italian Best

(ANSA) - The future of the family dog is increasingly a bone of contention between divorcing Italian couples, a new survey has

After alimony and custody of children, who gets Fido is now one of the most frequently

disputed issues in break-ups, according to a poll of 500 parting couples.

Indeed, 16% of those interviewed said they had to wage legal warfare to keep hold of their beloved hound.

More than half (53%) of the divorcees who

the main reason they wanted to keep it.

However, 16% admitted that revenge and a desire to leave their ex feeling lonely and upset was their paramount concern. In 80% of cases, the woman keeps the dog. This percentage is in line with figures for child cus-

tody in Italy.

But the wrangles don't stop when it has been decided who keeps the pet.

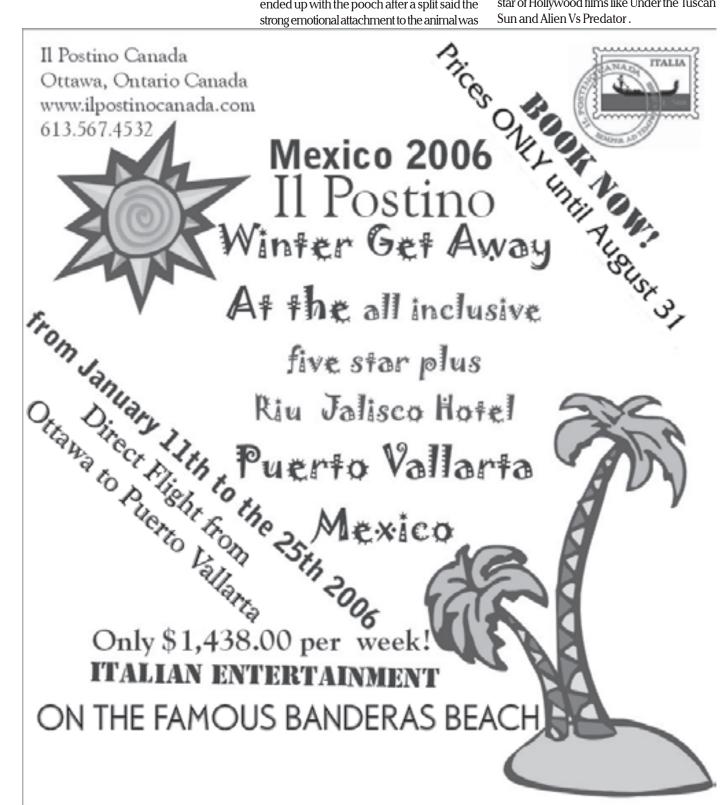
Over a third (34%) said the cost of maintaining the mutt was a burden.

Many claimed their divorce settlements did not make it clear whether these costs were included in the support payments for the children. Other issues were access rights for the former partner who did not have custody of the dog, where the dog stays in holiday periods and who it should be left with when no one is home to take care of it. In 54% of cases, the person who has custody needs to rely on a third partysometimes a professional dog-sitter - to lend a hand with looking after the four-legged friend. The Italian psychologist who conducted the survey, Serenella Salomoni, even asked the divorcees who their ideal dog-sitter would be. Sexy Italian television actress Paola Ferrari, the owner of two golden retrievers, came top. Other favourites were AS Roma and Italy soccer player Francesco Totti and Latin hunk Raoul Bova,

star of Hollywood films like Under the Tuscan Sun and Alien Vs Predator.



ended up with the pooch after a split said the strong emotional attachment to the animal was



Racer Ever

Los Angeles Times By Shav Glick

The name Valentino Rossi sounds more like that of an opera singer than a motorcycle racer, but it is fitting because the fun-loving Italian is a virtuoso......On two wheels.

Kenny Roberts, Eddie Lawson and Wayne Rainey, three Californians in the Motorcycle Hall of Fame with 10 world road racing championships among them, all say there has never been anyone better-maybe as good, but none

Henny Ray Abrams, an international racing authority, wrote, "Valentino Rossi is the greatest motorcycle racer ever," in the magazine Sport Rider.

And that was before Rossi, who lives in London and rides for Yamaha, grabbed the 2005 MotoGP season by the throat and held it hostage by winning six of the first seven races.

Although only 26, Rossi has won six world championships - the last four in a row in the sport's premier class. Three times he won on a Honda and last year on a Yamaha. He has never raced in the United States, but that gap in his resume will be closed this week when he rides in the Red Bull U.S.

Grand Prix on the Mazda Raceway Laguna Seca's hillside course.

"I am happy come to California. I have never been there but I know is very beautiful for the sun, the beautiful girls," the heavily accented Rossi said by telephone from Assen, Holland, where last Sunday he won the Gauloises Dutch TT, race No. 7 in the 17-race MotoGP season.

"I know Laguna Seca only from TV," he said, then added mischievously, "and from my PlayStation. I know the layout. I have studied it many times. Colin [Edwards, a teammate] is very fast on PlayStation. We have some tough fights together.

"I think the track is very difficult because it goes up and down a lot and I think it is quite technical. Very difficult will be the first left after the straight and the Corkscrew, where there is change of direction and very much

Combining rare talent with an exuberance that endears him to fans, Rossi is a cult figure in Europe and Asia, where 200-mph motorcycle racing is as popular as Formula One, and sometimes more so. Two races in Spain last year, one in the rain, drew more than 200,000 spectators, and seven others attracted crowds of more than 100,000.

The three-day event in Monterey will be the first world road racing championship held in the United States since 1994 at Laguna Seca.

"Riding Laguna Seca sitting at a PlayStation may help him learn the layout and even the speed changes, but no electronic game can give you the feeling of the bumps and the acceleration you get on the track," warned Rainey, a three-time winner at Laguna Seca to go with his three world champion-

Rossi gained his reputation as a riding phenomenon when he became the youngest world 125cc champion in 1997 at 18, riding an Aprilia. Two years later, he won the 250cc title, once again with Aprilia. In 2000 he joined Honda and after finishing second in his first 500cc season, the next year he won 11 races on his way to the championship in what was the last of the two-stroke era.

Continued on Page 14.

Italian News

QUANDO I BAMBINI SONO LASCIATI ALLA MERCE' DEGLI ADULTI

by Ermanno La Riccia

In questi giorni sia in Italia che in seno alle comunità italiane sparse per il mondo si fa un gran parlare del referendum sulla Fecondazione Assistita. Infatti è la prima volta che gli italiani che hanno la doppia cittadinanza ed hanno diritto al voto vanno ricevendo un grosso bustone con le quattro schede sulle quali possono esprimere il loro voto, ossia un « Si » oppure un « No ». Nel lasciare ai singoli la libertà di decidere da soli, senza entrare nel merito del significato di quel voto, vogliamo mettere in rilievo la condizione del bambino non solo quando deve essere ancora concepito ma soprattutto dopo la nascita.

I bambini, ecco un argomento che fa notizia, soprattutto quando si tratta di cronaca nera perché destano una certa sensazione negli adulti ma non sono protetti abbastanza per far si che certe cose obbrobriose ai loro danni non accadano.

I bambini hanno bisogno di protezione quando sono già nati, quando incominciano a fare i primi passi fino all'adolescenza . E' vero, ci sono le mamme ed i papà che ci pensano ma nella società del lassismo come la nostra, spesso anche i genitori sono latitanti e li lasciano soli ed abbandonati con i loro problemi alla mercè di chi pensa di usarli come oggetti. Le separazioni ed i divorzi sia in Italia che in tutti i paesi del consumismo sono all'ordine del giorno. Nel Quebec, ad esempio, una statistica ci dice che quasi il 50% delle coppie si separano o divorziano ogni anno. Ciò significa che il 50% dei matrimoni falliscono dopo pochi anni di vita in comune. E ibambini nati da questi matrimoni falliti dove vanno a finire? Rimangono sballottati da una casa all'altra, con problemi affettivi gravi e problemi psicologici che li portano fuori dei circuiti della normalità. A volte la loro salvezza la trovano nei nonni ma non sempre gli anziani riescono a condurli finché diventano adulti. E ci sono situazioni disastrose e crudeli per cui una volta questi bambini entrano nell'adolescenza diventano delinquenti o le ragazze vengono inghiottite dalla prostituzione. E per tutti, spesso si apre davanti a loro la strada della droga. Giorni fa la polizia di Montreal ha sgominato due bande di adolescenti che spacciavano droga in una stazione della Metropolitana e vicino ad una scuola.

E i loro genitori dove sono?.

Non passa giorno che le cronache dei giornali non parlano di episodi gravi in cui sono coinvolti dei bambini. Ed ecco che ne troviamo uno di pochi giorni abbandonato in un grande bidone della spazzatura; oppure altri due che vengono uccisi a furia di botte dai genitori perché non sono capaci di rubare; un altro gruppo trovato nelle immagini di un vergognoso circuito occulto di fabbricatori di CD e video cassette mentre fanno sesso con gli adulti; e su internet quanti misfatti vengono messi in mostra servendosi dei bambini?

In certi paesi dell'Asia, come ad esempio la Taillandia, dove è avvenuto l'orrendo disastro del Tsumani, ci sono mamme che vendono le figlie di otto, dieci, 12 anni ai tenutari di bordelli oppure le affittano a centri occulti dove si pratica la prostituzione dei ricchi. E questi « paradisi » dei ricchi,tempo fa, sono stati oggetti dell'attenzione della polizia italiana la quale ha arrestato i responsabili di agenzie di viaggi che vendevano biglietti di viaggio dove erano incluse anche i servizi di bambine di 10 e 12 anni.

Ci sono circuiti di malaffare che si occupano soltanto della prostituzione dei ragazzi. Secondo certe cifre messe insieme dalla Eurispes la prostituzione infantile su scala internazionale supera

i 5 miliardi di dollari l'anno di incassi tratti dagli sfruttatori. Più di quattro milioni di ragazze sono vittime della tratta e il loro numero è in costante aumento. In Italia circa 50 mila donne straniere sono coinvolte nello sporco mercato della prostituzione la cui età va dai 12 ai 18 anni. Nel 2003 circa 20 mila minorenne, provenienti da alcuni paesi dell'Africa e da alcuni paesi Balcanici sono passate per l'Italia per finire sui marciapiedi di mezza Europa.

Un altro aspetto inquietante che riguarda i bambini sono quelli adoperati, soprattutto in certi paesi dell'Asia, nei lavori forzati. Il lavoro forzato è adoperato con la condiscendenza degli stati i quali costringono milioni di persone, e oltre la metà sono bambini, a lavorare non solo nei campi ma anche nelle miniere. In certi stati della Cina il lavoro forzato diventa un obbligo ed è imposto dai fucili spianati della polizia. In Birmania la giunta militare obbliga molti cittadini a lavorare contro la loro volontà ed i bambini sono quelli che hanno la peggio. Spesso sono coinvolti in incidenti di lavoro dove rimangono gravemente menomati o muoiono senza che nessuno sa niente.

E' stato calcolato che nel mondo sono circa 246 milioni i « lavoratori bambini » e di questi circa 172 milioni sono adoperati in attività pericolose. Ogni anno circa 22 mila di questi bambini sono coinvolti in incidenti spesso mortali.

Un altro aspetto dello sfruttamento dei bambini riguarda i cosiddetti « bambini soldato ». Ci sono ben 128 paesi nel mondo che addestrano bambini dagli otto ai 15 anni alla vita di soldato. I capi militari, spesso grossi gruppi di ribelli, insegnano ai bambini a maneggiare le armi e ad uccidere. Ne vengono fuori esemplari di guerrieri ferocissimi nelle loro azioni di guerra perché non sanno esattamente per che cosa combattono ma sanno solo che lo debbono fare per uccidere un nemico. Nel 2004 i bambini soldato sono stati circa 500 mila appartenenti a 128 paesi del mondo.

Un ultimo vergognoso parametro che riguarda lo sfruttamenti dei bambini è quello messo in atto da gruppi di trafficanti internazionali i quali fanno rapire dei bambini o, li comprano come ferri vecchi nei mercati dell'Asia, li uccidono e vendono i loro organi, a coloro che vivono nei paesi ricchi, a peso d'oro. E' il più atroce dei delitti che solo pochissimi cercano di contrastare.

Lo scorso anno, nel corso del Tsumani dell'Asia sembra che circa 300 bambini di alcuni villaggi erano stati dati per morti e, invece, erano stati fatti sparire per alimentare il grosso mercato degli organi. Ma la notizia non è stata confermata.

Ma la notizia vera e dolorosa è che ogni anno nascono nel mondo 720 mila bambini con Hiv, da madri sieropositive.

Milioni di bambini, vittime innocenti di mille aggressioni, sono i testimoni silenziosi di un mondo crudele che ha perduto la virtù del sorriso.

CORRECTION

In the July 1st issue of Il Postino the articles FINALMENTE LA VOCE DEI GIOVANI and MA CHE COS'E' QUESTO SQUILIBRIO FISCALE was said to be written by Sharon Buglione. These articles were actually written by Ermanno La Riccia. Il Postino apologizes for the error.

THE BOOK ON PERPLEXING ITALIANS

By Elisabetta Povoledo

Being Italian, says the columnist Beppe Severgnini, is a full-time job. "We never forget who we are, and we take pleasure in confounding those who observe us," he notes.

As a matter of fact, Italians are so profoundly perplexing that trying to explain - and demystify - what it means to be Italian to those who

(regrettably?) aren't has practically become Severgnini's full-time job.

He has a daily online forum called, predictably, "Italians" on the Web site of the Milan daily Corriere della Sera, www.corriere.it, and he has written several books on the subject.

This month, Rizzoli published "La Testa degli Italiani" (The Italian Mind), Severgnini's most systematic probe of the national psyche yet, currently at the top of best-seller lists. From the back cover it teases: Are you ready for the Italian jungle?

Gingerly guiding the reader through a hypothetical 10-day obstacle course in and around airports, roads, trains, hotels and condominiums, painstakingly decoding centuries' worth of unwritten rules and regulations, Severgnini seems to conclude that Italy may be one joyous muddle that no foreigner can ever really be ready for.

"Italy intoxicates. I've seen it. Foreigners come, they become inebriated, but then after a while delusion sets in," Severgnini said during a lively interview in a downtown Milan cafi

The book, he explained, doesn't encourage the gaga phase but wants people to see

Italy for its good things, without using these assets as an alibi to justify the country's short-comings.

Severgnini also wants to knock down literary stereotypes about Italy, which, he said, basically fall into two categories: Italy as heaven (romanticized by American women who fall in love with brawny suntanned

plumbers) or Italy as hell (vilified by British male authors who see only Mafia and intrigue under every cobblestone).

Truth, for the author, is somewhere in between. "I say Italy is a sort of unusual purgatory, full of proud and curious lost souls," he

His American publisher, Doubleday, commissioned the book, which will come out in English next year, as a sort of update on Luigi Barzini's classic study of the Italian character, "The Italians," first published in 1964.

Severgnini had warned his editors at Doubleday that he wasn't going write another "watercolor about the quirkiness of Italy."

Taking the hard line now has him a little worried. "People have constructed a sort of Tuscany of the mind, and some may not want to muck up that watercolor," he said. But a watered-down version of reality, he said, would have made him guilty of perpetuating the very myths he's trying to expose.

That's why laugh-out-loud-funny ruminations on, say, Italians and traffic lights (red lights, he writes, are a pretense for interpretation and deliberations of the sort: What kind of red is it? A not quite red; red or a

quasi-red; or a relative red? "We think about it a little and then we

pass") are tinged with subtle recriminations on the moral relativity applied in many situations (when it involves fiscal issues `la carte, morality is practically a national sport).

Severgnini is a keen observer of human nature, a talent he honed as a correspondent for the daily Il Giornale and then at the Corriere. Years spent abroad, mostly in Britain and the United States, and a seven-year stint as the Italian correspondent for the Economist (from 1996 to 2003) helped give him the distance to watch his compatriots with amused insight.

He clearly loves the country he describes as a place that can "drive you mad and send you into ecstasy in the range of 100 meters and 10 minutes,"

and he's clearly besotted with the locals and their struggle to survive the pleasurable chaos.

But he's also worried about his country's future, fretting that Italy's pluses may turn into long-term minuses. Overindulgence should not become a sort of defection to excuse bad behavior, he says. "The sensuality of people, the good food and wine, the beauty in which we are soaked should be a complement to a sober life," he said, peering through dark-framed glasses that give the silver-haired 48-year-old a vaguely professorial air. "But the side dish is now becoming the main course."

After pages of wry observations - having cappuccino after 10 a.m. "might even be ille-

gal"; "the Italian family is an unemployment office"; "when you hear an Italian invoke legality be sure he has something illegal in mind" - the book ends on a rather bitter note.

The Italy at the dawn of the 21st century, he claims, very much resembles Venice at the end of the 18th, "a continuous party, an interminable carnival."

Historians will recall that Venice's giddy self-absorption at the time preceded a hasty capitulation to Napoleon and the end of a legendary 1,000-year-old republic. Severgnini reads similar warning signs in the present.

"Our sunset may be playful and sumptuous, but it is still a sunset," he writes, laying a certain amount of blame for Italy's decline on its lackluster political class, which he seems to find deficient across the political spectrum. His most pungent barbs are directed against Prime Minister Silvio Berlusconi, who he says "promised to be a captain that would invert the route, but he worried mostly about the comfort of his cabin and ran aground.")

After Severgnini's very funny "An Italian in Britain" (1990) and "Ciao America" (2003), the new book comes off as a more mature work, one that should force Italians who read it to become at least a little introspective because the nation's future is at stake.

Changing Italy's downwrd spiral "will only depend on us," he said, describing the nation as an "intelligent, beautiful, elegant, sociable but undisciplined girl." The point, he writes, is to convince ourselves that "the Italian mind is a jewel, not an alibi."

Ottawa







La Festa Della Madonna

31 Luglio nella Chiesa di Sant' Antonio





Festa Della Madonna del Soccoroso was held at St. Anthony's Church and was followed by a reception at Sala San











Festa di San Gabriele St. Paul University July 30th - July 31st













IL POSTINO • OTTAWA, ONTARIO, CANADA

Opera Lyra Garden Party

















turned up, some women wearing hats from Earlene House of Fashion. The Garden Party













Commentary

GOLDI CAPELLI AND THE THREE CALABRESE BEARS

BY RENATO RIZZUTI

Once upon a time, not too long ago or as the Calabrese say, "propeu quattru urnee fa" there lived three Calabrese bears deep in the Nepean Woods. There was Papa Gino Bear, Mama Maria Bear and Dino Bambino Bear.

One day Mama Maria bear was in the kitchen making a big pot of chicken soup otherwise known as "pasta in brodo." Papa Gino Bear was in the cantina checking on the fermentation of his new batch of red wine. Papa Gino was also famous for his very potent grappa. The last time the Calabrese Bear relatives came over for a party, his grappa was the "high octane fuel" that powered many an exuberant "tarantella" dance. Dino Bambino Bear was playing a Calabrese video game called "Yoco Statione Numeru Cinque."

When Mama Maria Bear spooned out the soup, they realized that the soup was too hot. Papa Gino Bear suggested that while the soup was cooling off, they could go for a walk down to Preston Street. If they got

sleepy as bears are prone to, they could always stop for an espresso coffee.

At the same time a blonde non Italian teenager with an Italian sounding name got lost in the Nepean Woods. Goldi Capelli ended up at the three Calabrese bears' house. It

nice little red brick house, or as Papa Gino Bear would proudly describe it to the neighbours, "E na bella casa fatta tutte bricki e u morgeggio e tutu pagatu." The translation is, "It's a nice all brick house with a fully paid mortgage." After knocking on the door, Goldi Capelli realized that nobody was home but the door was unlocked so she went into the house.

Goldi Capelli went directly into the kitchen because she was hungry. She was delighted to find three bowls of soup on the kitchen table. Goldi sat down at Papa Gino Bear's spot and tried his bowl of soup. Goldi yelled out, "There is way too much black pepper in this soup!" If she was Calabrese she would have said, "Ciamesu troppu

peppe nivuru tru brodo!" She was right because Mama Maria Bear always nagged Papa Gino Bear about putting too much black pepper in his soup. Goldi then tried Mama Maria Bear's soup. She yelled out, "There is way too much salt in this soup!" Goldi was right because Papa Gino Bear would always make fun of Mama Maria Bear's excessive use of salt. This was especially true in the Ottawa winter when he would tell her, "Cha mesu abastanza sale per sqaliare tutu iachu tru driveaway!" Translation: "You put enough salt in to melt all the ice in the driveway!"

Goldi then tried Dino Bambino Bear's soup. She excitedly exclaimed, "This soup is just right!" She then proceeded to eat the whole bowl. Goldi was so full from the soup that she felt like dancing. She turned on the kitchen radio and liked the song that was playing. The Calabrese bears always kept the radio tuned into CHIN and

"Calabresella Mia" happen to be the song that was playing. Goldi danced merrily around the the kitchen. She failed to notice that Mama Maria Bear had spilled some soup on the ceramic floor. Goldi slipped and banged her head on the floor. She lay there uncon-

scious and helpless.

About half an hour later, the Three Calabrese Bears came home. They were shocked to find Goldi passed out on the kitchen floor. Dino Bambino Bear sprang into action and gave Goldi mouth to mouth resuscitation. Goldi came to

and said, "Oh

my Prince Calabrese Charming." Goldi had fallen madly in love with Dino Bambino Bear.

They had a short dating period and then they decided to get married. Who says a relationship cannot work despite the fact that there was an age difference, a cultural difference and the interspecies aspect. The

happy couple learned to reach reasonable compromises. They were married at St. Anthony's Church and had a lovely outdoor reception at Vincent Massey Park. The menu consisted of: lasagna, hot dogs, brasolle, Kraft Dinner, checoriae and of course, many many desserts. The only dessert item that was missing was "bear claws" for obvious reasons. Goldi was happily greeted with warm "bear hugs" from her new relatives. It was rather hot in the park and some guests stripped down until they were completely "bear." Even "Padre Orso," who married the couple, came to the reception. An "unbearably" good time was had by all. Then they lived happily ever after.

ITALIAN MEN KNOW MORE ABOUT LOVE-RIGHT, MAMA?

Philadelphia Inquirer

Alfred Lubrano

Stereotypes are our friends.

How else do we dope out a complex world, larded with nuance? Should we actually think? Come on.

One ethnic characteristic we all know to be absolutely, positively true is that Italian men are macho-domineering and violent. Think Vito Corleone.

Turns out, though, that Italian guys have lots of redeeming feminine characteristics. It's Americans who are the over-testosteroned, crazy ones.

In a recent University of Missouri study of masculinity, men in Rome and Palermo were tested for their attitudes about 11 supposedly typical male characteristics, including winning, risk-taking, violence, power overwomen, primacy of work, and disdain for homosexuality.

Compared with Americans who filled out a similar survey, the Italians displayed only two of the 11 descriptors on the macho meter: The boys from the Boot were more (1) flirtatious and (2) emotional than Americans when vying for the attention of women.

But that's it. Italians showed little or none of the go-it-alone, emotionally closed-off, cowboy way of doing things we Americans embrace

In my mind, this study definitively explains the invasion of Iraq, handguns, and the National Football League.

We American boys are messed up, people. But then, you knew that.

We're too much about heart attacks and hostile takeovers, spousal abuse and U.S. hegemony.

Meanwhile, those boulevard-strolling, es-

presso-sipping, love-loving Italians show us a different way to be men.

Among Italians, there's more of an acceptance of feminine emotional qualities, says psychologist Elizabeth Messina, who studies Italians. This comes from positive identification with... mothers.

You can be a mama's boy and still be a man in Italy, says Fred Gardaphi, American studies professor at the State University of New York at Stony Brook and author of From Wise Guys to Wise Men: The Gangster and Italian American Masculinities (Routledge).

In America, conversely, we're a society first and foremost of fathers and sons. How many moms are in Hemingway?

Now, while the Missouri study blew apart the Italian macho stereotype, it reinforced the lover stuff. This I like.

Masculinity in love, after all, is a performance, and the Italians are virtuosos in the role.

In the movie Only You, set in Italy, an Italian lover (played by Latino actor Joaquim de Almeida) instructs just-dumped American Robert Downey Jr.

that Italians are so artfully soulful, they learn to embrace the heartache of lost love. The pain lets you know you're alive.

Compare that with High Fidelity, in which Chicagoan John Cusack is dumped by Catherine Zeta-Jones and stalks her to her new lover's place, where he yells with unrestrained American aggression: "Charlie, you bleep, let's work it out."

No wonder so many U.S. women break up with us guys with restraining orders in hand.

Less John Wayne. More mama.

What's Amore

(AP) - If you are looking for a spouse, hop a plane to the old country.

Here's the sad story, as reported in the British Independent newspaper: "Vita" Not So ``Dolce" as Empty Fridges Echo for Millions of Single Italians.

Apparently the 'large, jolly, chaotic family of post-war Italy has long since disappeared,

killed off by tiny city flats and women's careers," the paper reports.

Three million single, workaholic Italians daily mope over supper for one, secretly miserable without spouse and children. Worse? A third still live at home with Mamma and Pap.

But it's puzzling. After Hawaii, Italy is the most romantic honeymoon destination, according to the new issue of Modern Bride magazine (August/September, \$5.99). It especially recommends the village of Ravello, on the Amalfi coast, and Sicily.

So how come young Italians aren't pinned by Cupid in their own romantic land? Maybe they're immune to the 'undulating hillsides of Umbria' and the 'spicy penne arrabiata served in a candlelit courtyard' that so bewitch travelers from the United States.

Or maybe, while tourists are sampling the penne by candlelight, Italians are grimly staring into lonely microwaves at home.

American tourists with amore skills, Italy needs you.



Mythology

watercolours by Jana Charron - Traversy

July 5 to August 5, 2005

Dovercourt Recreation Association 411 Dovercourt Avenue, Ottawa

telephone: 798 8950 www.dovercourt.org

artist reception: Thursday, July 7th 7:30 p.m. to 10:00 p.m.

Features

#CLOSE & PERSONAL Giovanni

Name: **Melissa Joy Jurgutis-Carrieri** Birth Place and Parents' Roots:

I was born in Montreal and my Mother is from Cassano'ionio (cosenza), Italy and Father from Montreal with Sicilian/Lithuanian

roots)

Horoscope sign and Birth date: **May 8th,1980 (Taurus).**

How many brothers and sisters do you have?

An oldest sister Rosemary and Jenny an **older sister.**

Do you have a nickname?

 $\label{lem:continuous} Don't\,know\,why\,but\,people\,call\,me\,JLo.$

What is your favourite movie?

Moulin Rouge (pretty much love any

Moulin Rouge (pretty much love any musicals).

Favourite Reality TV show?

Addicted to American Idol.

Favourite childhood TV show?
Tie between "Star Search" and "The

Cosby Show'.What articles of clothing do you like to see

on the opposite sex? **Baseball Cap and a fitted white dress shirt.**

Favourite cocktail?

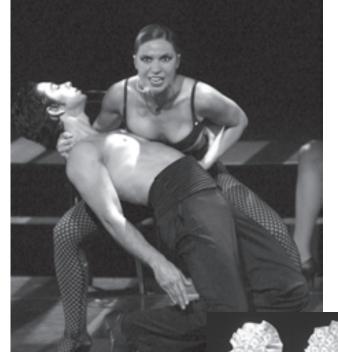
Malibu Pineapple with my friend Jay.

Favourite colour? **Baby Blue.**

If you could travel to anywhere in the world, where would it be? **Egypt...I** have a fasci nation with the structure of pyramids and i **love hot countries.**

How would you spend a typical day off? Anything outdoors...walking my Italian

Greyhound and swimming.Favourite female actress? **Nicole Kidman.**



Melissa Joy Jurgutis-Carrieri can be seen in Broadway. Melissa performs in Chicago, We're in The Money and other musicals at Le Théâtre du Casino until August 27th. Melissa will be a part of their 37 performances this summer.

Tickets for Broadway are availible by calling 1-800-361-4595 or by visiting www.admission.com.

If you could only keep one household appliance, what would it be? **My fridge because**

My fridge because my favorite food is cheese and it needs to stay cold!

Least favourite food? **Sea food.**

Something the world would be suprised to know about myself?

I make myself laugh all the time ... I am really goofy!

Favourite item of clothing?

My Jean skirt and my caps.

Do you enjoy cooking? I love cooking... I make up my own recipes all the time and they end up

being a hit with my family.

Your greatest achievements?

1) Turning my dream into my

career...performing dance.
2) Being a finalist in "Miss Universe Canada

3) Obtaining my Bsc. in Psychology.
Your best quality? Always being positive.
Your pet peeve? People that lie.
Your biggest regret? None. I make it a point to try new things and see failures as personal growth and not as regrets.
If you could live anywhere, where wouldit be? NYC. It's the performing

wouldit be? **NYC. It's the performing** arts capital of the world...I'm a city girl! Celebrity you are often mistaken for? **Jennifer Lopez.**

The best words or the shortest phrase to describe yourself. **Silly.** What is it that you treasure the most? **My Family.**

Most important lessons learned with yourcareer? To be honest to yourself and respect yourself and you will be respected in return.

What advice would you give others, start ing out in your industry? **Never give up.** Do you play any musical instruments?

Piano, sax (alto) and clarinette. Do you have any pets?

Princess, a Toy Italian Greyhound.

The Broadway the Musical -- Experience It!

After last summer's runaway success, the Québec production Broadway returns to Le Théâtre du Casino starting July 6, 2005, for 37 performances. Enjoy this marvellous production from the comfort of your cabaret seat!

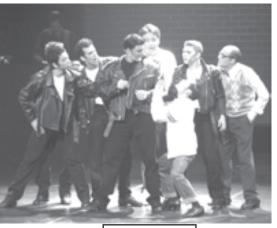
BROADWAY promises a fascinating voyage into the world of hit musicals with no fewer than 24 artists and 365 costumes, performing excerpts from 27 musicals -- in a single, extravagant production! BROADWAY shines the spotlight on talented singers and dancers, tight choreographies and numerous set and costumes changes along the way. Presented as eight sketches, the

show gives us a taste of some of the best moments from our favourite musicals, blending all genres and eras.

The story begins at the corner of Broadway and 42nd Street in the heart of the Big Apple, birthplace of the musical, which would go on to conquer the world. The voyage takes us from New York to Chicago, on to Buenos Aires, Paris and Bangkok, with a stop in the Lion King's Africa!

Come relive the Broadway classics, such as Annie Get Your Gun, Victor Victoria, Chicago, Evita, Notre-Dame de Paris, Les Misérables, Hair, Jesus Christ Superstar and many more. The show features hit after unforgettable hit -- Big Spender, Don't Cry for me Argentina, Belle, Aquarius Let the Sunshine In, There's no Business Like Show Business, Hello Dolly and more!

France Maisonneuve and Marc Léger, two young local artists, are once again part of the



Grease

extravaganza. The two earned roles in the show just as they were starting out in their careers. After dazzling audiences at Le Théâtre du Casino, Marc continued the adventure when BROADWAY moved on to Montréal. The show has been running since October 30 and is slated to run until January 30, 2005, at Le Cabaret du Casino de Montréal.

Don't miss this unique production, a musical journey and extravaganza that is bound to captivate audiences of all ages. BROADWAY is a show you'll want to see time and time again!



Annie Get your Gun (There's no busines like ...)



Evita (Don't Don't cry for me Argentina)



Mamma Mia

Health and Food

Tips on How To Eat to Survive the Heat

On those hot and humid days of summer it becomes even easier to neglect healthful eating habits than usual especially when you're trying to lose weight and eat right. Even short periods of time spent outside can be very draining on your energy level so it's understandable that by the end of the day the last thing you may feel like doing is going home to prepare and cook a healthful meal. So what are you supposed to do? Let's look at what typically happens and a few things you can do differently to take better care of yourself on those hot, humid days so as not to jeopardize your weigh loss efforts.

1) HYDRATION: In the severe heat and humidity you sweat out higher amounts of water. Therefore, don't wait till you're feeling thirsty before you have something to drink. Although your brain may not alert you of your thirst, drink anyways. Aim for 6–8 glasses of water. You can also get added hydration by eating foods with higher water content such as most fruits and vegetables.

If you have a sweet tooth then those frozen drinks such as Tim Horton's Iced Cappuccino's and Mochaccino's may be part of your regular diet. These are filled with sugar and high in calories so even by cutting back on how often you drink them by half and having a diet soft drink instead or switching from a large size to a medium size to start, you'll

diet soft drink instead or switching fr large size to a medium size to start,

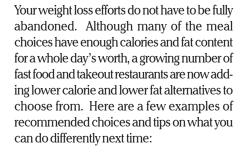
Roslyn Franken

save yourself lots of empty calories which will help you improve your overall heath and lose weight at the same time.

If a nice cold beer or cooler is more your style then pay attention to how much you're drinking. If you're trying to lose weight cut back the alcohol by half by choosing water or diet pop instead of the alcohol half the time. Coolers especially are very high in sugar and the extra calories are not worth the sacrifice of your long-term health

and weight loss goals.

2) FAST FOOD: It's understandable that the ease, convenience and temptation of fast food may be too much to pass up on those hot humid days. After all, on your way home from work you probably pass at least one McDonald's, Burger King, Tim Horton's, Wendy's, Subway or fast food pizza restaurant. If you succumb to fast food, don't despair.



PIZZA: If you love your meat toppings, save loads of calories by simply switching to vegetarian. If that's too big a leap, then have your mean toppings, but have one slice less than you normally would and get a salad to fill the gap. You could also switch from thick to thin crust to save calories as well. If you normally get more than one meat topping on your pizza, start by cutting back to only one

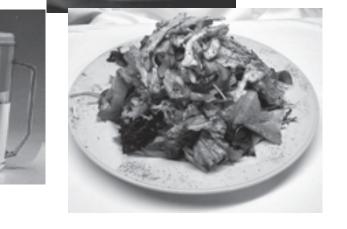
meat topping and fill the gap with an extra vegetable topping instead.

SUBWAY: To save on calories and fat content choose the six-inch veggie delight, roast beef or savoury turkey on whole wheat bread without the cheese, mayo or other fatty dressings and no bacon. Or ask for half the mayo or better yet replace the mayo or other fatty dressing with mustard for even more savings on both fat and calories.

BURGER KING: Chose the Chicken Greek salad with low-fat Italian dressing. Creamy dressings such as creamy Caesar are more than 10 times the number of calories and 15 times the amount of fat. The next best choice is the grilled chicken sandwich which compared with the Double Whopper with cheese has less than one-third the calories and less than 10 times the fat content.

WENDY'S: Best choices include Mandarin chicken salad minus the crunchy noodles and almonds and half the dressing or the ultimate chicken grill sandwich.

So the next hot and humid day, keep your weight loss efforts in check by keeping hydrated with lower sugar and fewer alcoholic choices. Drink plenty more water instead. If fast food is your meal of choice, stick to the healthier choices to keep your weight loss efforts in control.





Roslyn Franken is a Health & Weight Loss Consultant and owner of The Weight Loss Connection. For information, call (613) 830-0230 or visit www.theweightlossconnection.com.

Sipping white summer wines straight out of the big boot

by Matthew Perry

Isn't it funny how the mind works? A person falls into habits and can completely forget something they most certainly should know. A prime example of this is the Canadian way of thinking that a summer can never be too warm. This seems a given for a country with a climate as bone-chilling as ours can be. However, anyone suffering

though the recent heat wave in Ottawa, or the electricity bills from the air conditioning at least, can attest that – maybe – it could be a bit too warm.

A similar thought has been polluting my mind for the last few years. Despite living in "Little Italy" the notion of Italian white wines has been lost on me. When I think Italian wine my mind has immediately gone to a few of my favorite reds. The smooth Arigiolas Perdera, Falesco Vitiano and its ruckus three-way blend with Merlot, Cabernet, and Sangiovese. On occasion Montellori Chianti

However, when summer rolls around and my mind begins wandering to something light, fresh and maybe even a little citrusy, my mind tends to wander to Australia, California or even a Canadian vino.

During one of the recent warm evenings a friend of mine spiced up a shrimp BBQ with a bottle of Lumina Del Borgo (Venezia Giulia IGT). It was just a really nice night and this fantastic wine enhanced the evening. It has a fruity aroma and was very refreshing when chilled. The thing that got me was the persistent aftertaste. The final pleasant surprise of the evening came when I discover this wine could be picked up from the LCBO for

over \$12. It has come to rival the Falesco Vitianol as one of my favorite bargains.

However, it was after this experience that I realized the neglect I was doing to my palate through the ignorance of the white wines from Italy. So I went out

with a mission to try two more inexpensive white wines that could become a part of my own, "dolce vita".

Although the review for this wine may be somewhat tainted by the meal I enjoyed with it I firmly believe you can't go wrong with the bargain. On a particularly warm day we sipped on ice cold Trebbiano D'Abruzzo with bacon wrapped scallops were whisked away. I didn't have high expectations due to the price of this wine, 1500 ml for under \$15, but I was pleasantly surprised.

Being a chardonnay lover I had to try the Perantonie Chardonnay. It was the most expensive wine coming in a just over \$20. However, it is a delicious wine. It is an organic chardonnay, without a hint of oak – a style apparently quite common in northeast of Italy. It claims to have a fresh aroma including buttered white bread with yellow pearpeach fruitiness and light nutty tang. I found it surprisingly sweet as well.

So in my voyage back to Italian whites I had a great deal of fun and have been excited about seeing what comes down the vine. That is the fun part after all, trying all the new things and enjoying the summer while we can – or at least trying to enjoy the weather if we can.

Sports

Senators Ready to Get Back to Work, Back to Winning

Sens Schedule Released

The Ottawa Senators will open the 2005-06 schedule on the road against

The club also announced its eight-game pre-season schedule, featuring

The Senators will play their last game before the 17-day break for the 2006

the Toronto Maple Leafs on Wednesday, Oct. 5, and then welcome the Buffalo

Sabres to the Corel Centre for the home-opener Saturday, Oct. 8. The NHL

Buffalo, the Montreal Canadiens, the Toronto Maple Leafs, and Sidney Crosby

Winter Olympic Games at home against the Philadelphia Flyers Saturday, Feb.

11. They will resume play Wednesday, March 1, in Pittsburgh against the

released today the complete 2005-06 regular-season schedule.

and the Pittsburgh Penguins.

After a long and frustrating strike that lasted almost a year the NHL is proud to say that hckey is back. There have been many changes both on and off the ice that are geared a creating a better product on the ice and keeping fans happy in the stands.

The Ottawa Senators Hockey Club have already announced details surrounding the launch of its 2005-06 NHL season. In conjunction with a new collective bargaining agreement and new

rules for the upcoming season, the Senators unveiled a campaign that includes reduced season-ticket prices, reduced game-day tickets, bonus tickets, autographed jerseys and exclusive season-opening event.

"Our fans have been anxiously awaiting for Senators hockey to return to the nation's capital," said Senators president and chief executive officer Roy Mlakar. "We, too, are just as excited to see our team return to the ice Sept. 13 with the start of training camp. Follow that with exciting pre-season games -- including one against Sidney Crosby and the Pittsburgh Penguins at the Corel Centre -- leading up to our season-opener in Toronto against the Maple Leafs on Wednesday, Oct. 5, and then our exciting home-opening game at the Corel Centre Saturday, Oct. 8.

"And to add to the on-ice excitement, we have many initiatives for the upcoming season to reward

our season-ticket holders and fans for their loyalty and patience," added Mlakar.

Major changes highlighted by the club included a two-year season-ticket price freeze and a five per cent rebate on all 2005-06 season tickets. The Senators have reduced the price of 1,550 lower bowl seats by as much as 33 per cent. Season-ticket holders will also receive a free player-autographed Senators replica jersey and more than 13,000 additional free tickets. And a special event is planned to introduce the team at an exclusive show by André-Philippe Gagnon on Monday, Oct. 3, at the Corel Centre.

"Best of all, fans can take advantage of all this and more with season-ticket packages starting as low as 20.30 (plus taxes) per ticket," said Mlakar. Fans can purchase tickets with just a 10 per cent deposit and have the option to pay for them over eight months.

All 500-plus Coca-Cola Zone game-day seats will be reduced in price by 28 per cent to just \$12.82 per game (plus taxes). As well, there is a reduction in price by an average of five per cent

for the more than 8,000 other 300-level seats.

There will be an Opening Night Sweepstakes on Saturday, Oct. 8, when fans will have a chance to win season tickets, opening-night tickets for life and many more terrific prizes.

The Senators will designate three games early in the season as Welcome Back Nights, when all single-game prices will be reduced by 50 per cent.

In addition to the many programs already offered to support young hockey players in Hockey Country, the Senators have designated a number of games as Minor Hockey Nights. On these dates, teams will be able to purchase significantly discounted tickets to either attend games with their team-mates or to resell the tickets at a higher amount for fundraising. The total discount will amount up to \$1 million over the season.

"This year we wanted to mark our return in a more significant way for minor hockey in Hockey

Country," said Mlakar.

Mlakar added that the fans will be seeing a lot more of the Senators and players in the community during the upcoming months. "We are looking forward to FanFest on Saturday, Sept. 17, with a free open practice," he said. "There will also be an increase in school visits, as part of our Scotiabank Read-to-Succeed program, and 20 minor hockey teams that register to be part of our Team Hockey Country program can win the chance to have a Senators player join them for their practice right here in the Corel Centre."

Gilardino makes £17m Milan move

The Rossoneri reached agreement with Parma after Milan vice-president Adriano Galliani issued a deadline of Tuesday morning for the deal to be completed.

The 23-year-old scored 23 goals in each of his last two seasons at the Italian outfit and had also been linked with Premiership champions Chelsea and Internazionale.

However a statement on Milan's official website confirmed that Gilardino had penned a deal which will keep him at Milan until June 30 2010

"I'm very happy," said Gilardino in the statement. "The negotiations have been very long, but fortunately we have come to the best outcome.

"Everything fascinates me about this team - the club, the history, the great players.

"Why have I chosen Milan? Because it's the strongest club on the pitch in Europe, and for me it's a great honour to wear this shirt."

For Milan, the purchase of Gilardino marks the end of a summer-long hunt for the hitman who will partner Andriy Shevchenko up front next season.

Following the sale of Jon Dahl Tomasson to Stuttgart and the failed attempts to secure the loan signing of Chelsea striker Hernan Crespo for another year, the Italy international's signature will come as a relief to the Milan fans

Galliani added: "I want to thank (the club's owner) Silvio Berlusconi because he's made a very big financial sacrifice.

"All I want is for Gilardino to do what he's done for the last few years - to confirm the great forward that he is."

Popular Canadian Soccer star on a Mission for Children in Africa

Craig Forrest leads a delegation to Swaziland and South Africa

Rogers Sportsnet soccer analyst and Soccercentral personality Craig Forrest is heading to South Africa this week to visit several SOS Children's Villages in Southern Africa. The former star goalkeeper for the Canadian men's national soccer team, Mr. Forrest has also been appointed Canada's FIFA for SOS Children Ambassador. He joins over 60 soccer stars around the world who will take on the job of promoting the long standing partnership between the international football governing body,FIFA, and SOS Children's Villages.

FIFA and SOS have had a working partnership for 10 years aimed at Mobilizing social responsibility in sport. The latest joint venture is 6 Villages for 2006, the Official Charity Campaign of the 2006 FIFA World Cup. This campaign aims to raise sufficient funds for 6 new SOS Children's Villages for orphaned and abandoned children by the time the whistle blows at the final of the 2006 FIFA World Cup in Germany. The Villages will be built in Mexico, Brazil, Nigeria, Vietnam, the Ukraine, and South Africa.

SOS Children's Villages Canada (SOS CANADA) and the Canadian Soccer

Association are working together to raise funds to build a portion of the new Village planned for Rustenburg, South Africa. Mr. Forrest will participate in the Foundation stone



Soccer took Canadian Craig Forrest around the world professionally, and now it for charity.

laying ceremony for the Village on July 30, 11:30 AM South African time. He hopes this trip will help gain visibility for the campaign throughout Canada during the coming year.

Mr. Forrest will be joined on his Southern African visit by Boyd McBride, National Director of SOS Canada and Kelsey Lemon, Partnership Coordinator for the organization.

I'm extremely excited to have this opportunity to help raise awareness for the sub-Sahara's vulnerable children, said Mr. Forrest. I know this will be an incredible learning experience for me and I hope that I can share what I learn with sports audiences across Canada. I'm really looking forward to seeing firsthand the important work of SOS Children's Villages and hope

I'll get a chance to meet many of the children, he continued.

Mr. Forrest will also have the opportunity to meet other FIFA for SOS Children Ambassadors, such as South African soccer legend Lucas Radebe. He will spend several days visiting SOS Children's Villages in the area and will drop in at several social and medical outreach programmes run by SOS Children's Villages South Africa.

Mr. Forrest will be accompanied by a Rogers Sportsnet film crew who will record his visit. Several segments from the Africa trip will air on the popular Rogers Sportsnet program Soccercentral. They will run from late August to November 2005. The trip is sponsored by: Rogers Sportsnet, Adidas Canada, Avis Rent-A-Car, Mercure Hotels, and Legacy Hotels and Resorts.

For more information please visit: www.soschildrensvillages.ca

www.ilpostinocanada.com

Sports

ITALIAN MOTORCYCLIST MAKES U.S. DEBUT AT LAGUNA SECA

Continued from Page 6

He was only 22 when the FIM, motorcycle racing's international governing body, mandated four-stroke bikes in 2002 for the newly named MotoGP series, Rossi continued his success with another 11 wins and another championship.

The move that stunned the racing industry and gave Rossi an air of invincibility came after the 2003 season when he had won his third championship with all-conquering Honda, only to announce that he was defecting to a struggling Yamaha team.

"That switch took some [guts]," said three-time champion Roberts. "That's what makes him so good, he can take something not competitive, make it competitive and win on it. Yamaha would have made a good bike, but not good enough to win

unless it had Valentino on it." The move had a reverse effect on Honda.

Although Rossi says he switched because he wanted a new challenge, those close to him insist that he was nettled by Honda's attitude that the team's success was due to the bike, not the rider, and that another rider, given Rossi's bike, could win.

It didn't happen. In the first race of 2004, Rossi and the revamped Yamaha finished in front, followed by the Hondas of Max Biaggi, Sete Gibernau and Alex Barros.

"It was a miracle," Rossi said on the podium in South Africa. After eight more wins, he brought the championship to Yamaha.

The switch from Honda was similar to the move by supercross champion Ricky Carmichael, who moved to Suzuki last year after he felt unappreciated at Honda despite winning three national titles. He immediately won with his new bike.

"Valentino Rossi is more than the world's best motorcycle racer, he is a personality that is not limited to the confines of the MotoGP championship," said Toru Hasegawa, the Yamaha company's presi-

2004 team victory banquet. "From the moment you work with him, you instantly become a fan. Because of this personality I am proud to present Valentino with the YZR-M1 he rode to his

Rossi responded, "This is the best gift I could wish for. I am not sure where I will keep it, maybe next to my bed, or maybe in a safe at a bank."

His win placed Rossi in an elite group with Lawson, Italy's Giacomo Agostini and Britain's Mike Hailwood as riders who have won four or more titles in cycling's most prestigious class. When Rossi made the Honda to Yamaha move, he brought along his crew chief, Jeremy

"Jeremy Burgess is very important, I like especially the way he works,"

Rossi said. "He is always very quiet when things go OK and also quiet when we have a

problem. So it is important to me - to bring him with me to Yamaha. For sure, it was great idea."

Known as the "Doctor" because of his stature in the sport, the 5-foot-10, 130-pound secondgeneration rider exploits his nickname with a pixieish sense of humor. On the victory podium, he sometimes wears a white doctor's smock and once showed up wearing a graduation cap with his sponsor's name on it.

Superstitious, he also has a pre-race ritual in which before mounting his bike he kneels and grabs his foot peg in a loving manner, and he also tugs on his earring before pulling on his helmet.

As with most champions, his success does not come without controversy. In this year's

season opener in Jerez, Spain, Rossi won with a dramatic lastlap, last-turn pass of Gibernau, who claimed that Rossi had unfairly cut him off. The contact sent Gibernau off into the sand pit as Rossi rode to the finish line.

Francesco Zerbi, president of the FIM, wrote Rossi, warning him about future rough riding incidents.

"It say everyone want to win and everyone try very hard for arrive at the victory," Rossi said of the letter. "And he say that the overtake was hard but not over the limit. He say don't make it

"But if I have the same space in the last corner of the next race, I make the same move."

It is that aggressive attitude that makes him a superstar, says Roberts, who also fields his own team in the MotoGP series.

"He loves it, he tests more, he rides more, he rides faster and he's not afraid to take a chance," Roberts said. "He is the complete package.

Talent-wise, he is the best. Among the all-time greats, he is

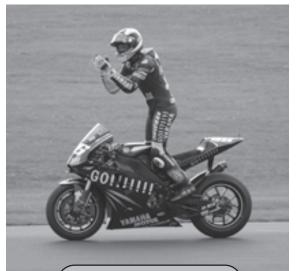
Roberts says it is difficult to compare Rossi to champions from earlier eras.

"We rode two-strokes, and Valentino won on them too, but today's four-stroke is so much faster and so much easier to ride there's no way to know. In this era, though, he is the guy. No doubt," he said. "He not only loves to ride, he's a student of the game. He knows the other riders'

style, their strong points and their weaknesses, and he knows how to exploit them. The biggest difference is that he truly loves what he is doing."

Rossi acknowledges he put extra pressure on himself after taking on the Yamaha challenge. "Last year, for sure everyone expect me not to win the championship," he said. "But after some races, there was some pressure because we were able to fight for the championship. For sure, this year we start from the number one and the pressure is more. But more or less it is every race, and every year, about the pressure.

"The important thing is to work, stay quiet, work well with the bike and try to ride the bike to find the good setting.



Valentino Ross celebrates another win.

Burgess, and most of his crew.

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Community Calendar/Eventi Comunitari

ASSOCIAZIONE NAZIONALI ALPINI

7 Augosto – Pic-nic 19 Novembre – Cena Sociale

CLUB CARPINETO ROMANO

10 Luglio - Pic-nic a Vincent Massey Park Settembre – data 12 Novembre – Festa dei Membri alla Sala San Marco 25 Marzo 2006 – "La Cena dell'agnello"

SOCIETA' SICULA

26 Giugno – Pic-nic a Vincent Massey Park Settembre – data da stabilirsi: Incontro Sociale 12 Novembre Serata di Gala per il 30 mo Anniversario

ENTE VINCENTINI NEL MONDO

31 Luglio – Pic-nic 17 Settembre – Festa Sociale Festa di Autunno assieme al Fogolar Furlan

ASSOCIAZIONE COLLE D'ANCHISE

26 Giugno Pic-nic a Vincent Massy Park Pellegrinaggi 24 Luglio a St. Anna Cormark 21 Agosto a Madonna del Canneto 4 Settembre a Oratorio S. Giuseppe Shopping a Montreat 10 Dicembre – Festa Natalizia Per informazioni – Santina Di Rienzo Tel: 728-9757

ASSOCIAZIONE PRETORESE

10 lugio 2005 – Pic-nic 1 ottobre 2005 – "Festa della Vendemmia", press oil St. Anthony S.C., inizio or e 18:00 Dicembre, "Festa di Natale" ASSOCIAZIONE RAPINESE

17 luglio 2005 "Picnic Annuale" Vincent Massey Park



Angelo Filoso - Produttore esecutivo

ANNUNCIATORI:

Lena Buglione - Direttrice 7:00 lun.-ven. Nicola Buglione - Direttore 11:00 lun.-ven. Maddalena Iannitti - 10:00 giovedi Pat Adamo - 10:00 venerdì Sharon Buglione - 11:00 domenica Pierangela Pica

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Villa Marconi casa di cura a lunga degenza

Desideriamo informare la comunità che il 12 luglio u.s. è stato eletto il nuovo Esecutivo di Villa Marconi per l'anno 2005-2006:

Esecutivo:

Presidente 1Ú Vice Presidente 2Ú Vice Presidente Tesoriere Segretario Recording secretary Walter Cibischino Robert De Toni Rick Campagna Marcello Pecora Tony Marcantonio Rosalie Vigneron

Direttori:
Angelo Barone
Stefano Biscotti
Angelo Filoso
Vince Mastrogiacomo
Luigi Mion
Kevin O'Neill
Marco Pagani

Amministratore: Domenico Ricci

Hans Pall

HOUSESITTING FOR OTTAWA

I am a thirty nine year old female, reliable, mature, respectful, kind, health-consious and a non-smoker. I am moving to Ottawa from Halifax, N.S and am wanting to housesit. I will take very good care of your home, any pets, garden and plants. I will keep your place safe, clean, private and well looked after. I can provide very good references and police checks. Look forward to hearing from you.

Please contact Melissa at: (902) 425-1069 or Email:<u>mn844@hotmail.com</u>



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Canada Day Festival 2005 Highlights



Thank you to all who participated and attended!























