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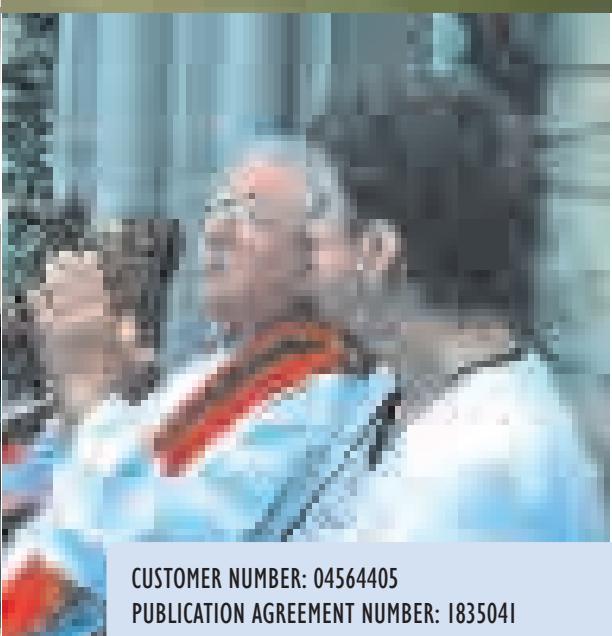
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Italian Week

Semaine Italienne
Settimana Italiana

2003



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We welcome submissions, letters, articles, story ideas and photos. All materials for editorial consideration must be double spaced, include a word count, and your full name, address and phone number. The editorial staff reserves the right to edit all submissions for length, clarity and style.

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Presenza

Il dodici giugno, al Museo Canadese delle Civilizzazioni di Gatineau, situato all' ombra del Parlamento Canadese, si è celebrata l' apertura di "PRESENZA" la prima importante Esposizione Nazionale e forse Internazionale dedicata al Patrimonio culturale ed alla vita quotidiana degli Italocanadesi. Se il buon giorno si vede dal mattino, questa esposizione sarà un successo poiché all' apertura hanno partecipato più di 2000 persone!

L' Esposizione, illustrando le tradizioni, la creatività ed i valori presenti nel ricco patrimonio sociale, culinario, spirituale e del lavoro, degli Italocanadesi, intende soprattutto dimostrar il contributo che essi hanno dato alla società Canadese. Il Dottor Mauro Peressini, Conservatore al Museo e responsabile dell' allestimento dell' esposizione, con questa mostra ci propone di guardare a tutti questi valori con un nuovo sguardo. È molto bello, interessante e valorizzante che il Governo Canadese, attraverso il Museo delle Civilizzazioni, abbia allestito questa esposizione che permette rendere onore a quei valori che fanno parte della cultura d' origine che l' emigrante ha portato con sé, non solo in Canada ma in tutte le parti del mondo.

PRESENZA è un' Esposizione assai istruttiva e informativa che aiuta a scoprire molto e su noi Italiani in Italia e all' estero, che viviamo, proponiamo ed affermiamo con le nostre opere e le nostre idee i valori che ci sono cari in tutte le società nel mondo. PRESENZA ci propone



anche uno sguardo nuovo su un tempo passato ma ancora molto presente ed attuale nella nostra vita. PRESENZA è un' esposizione che si deve visitare! Che si deve visitare con tempo e calma a disposizione, un' esposizione che si deve ponderare e riflettere, PRESENZA è soprattutto un' esposizione che si deve proporre ad altri in modo che anche loro, come noi, guardino con un nuovo sguardo ed apprezzino i semplici valori della cultura rurale che l' emigrante italiano ha portato orgogliosamente con sé in Canada e nel mondo, quei valori che oggi sono più che mai ricercati nelle società moderne.

PRESENZA resterà eccezionalmente aperta sino a settembre 2004 (15 MESI). Durante questo periodo il Museo, in collaborazione con la comunità Italocanadese, l' Ambasciata d' Italia in Canada e vari Enti Italiani, ci propone un calendario d' attività culturali e folcloristiche molto interessanti alla quale vi invitiamo sin' d' ora a partecipare. Arrivederci in tanti.

Luciano Pradal

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From the cover...

Designed by Marcus Filoso

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Savino Guglielmetti

il più anziano olimpionico del mondo

Novantuno anni portati con sublime disinvolta, il Milanese Savino Guglielmetti è il più anziano oro olimpico, tuttora vivente, al mondo. Guglielmetti da ragazzo abitava nella zona del Monumentale - famoso cimitero della città di Alessandro Manzoni, una specie di museo a cielo aperto, vista la magnificenza artistica di tante sue tombe (vi fanno persino visite turistiche guidate) – ed ha vinto, nello suo sport, la ginnastica artistica, due medaglie d'oro ai Giochi Olimpici di Los Angeles 1932, trionfando sia nella gara a squadre che nel volteggio a cavallo. Corre fluido e sincero il fiume dei suoi ricordi... “Partimmo da Napoli sul transatlantico Conte Biancamano: dodici giorni di traversata oceanica per raggiungere la metropoli di New York. Da lì prendemmo il treno: furono altri cinque giorni di viaggio”, tagliando The Big Country, la frontiera dei nostri film e fantasie...

Ma, signor Guglielmetti, come vi eravate preparati ai Giochi? “Eravamo stati in allenamento collegiale, sin dal mese di marzo di quell’anno, nella struttura della società Forti e Liberi di Monza. Ci allenavamo nella sala della scherma, dove erano sistemati anche i lettini per dormire. Nei locali sottostanti c’erano le cucine. Praticamente facevamo vita da professionisti, senza, tuttavia, essere pagati! Io, prima, lavoravo in un’azienda di fotoincisioni. Quando andai alle Olimpiadi, mi licenziarono... Avrei dovuto fare anche il servizio militare, ma, date le circostanze, ottenni una proroga. Una volta tornato dalle Olimpiadi, dovetti recarmi a Padova, nell’arma dell’Aeronautica. Lì – lei pensi - c’era il comandante della squadriglia del famoso raid su Vienna nel corso della Prima Guerra Mondiale, il quale fece in modo di farmi trasferire a Milano perché io potessi allenarmi. In tal modo mi ritrovai all’aeroporto Taliedo, dove si trovavano gli stabilimenti Caproni”.

Stiamo vedendo un’epoca e una città ovviamente molto diverse da quelle cui ora siamo abituati, un’altra Italia. Ma torniamo alla carriera sportiva di Savino Guglielmetti... “Ho cominciato a fare ginnastica artistica nei locali della scuola elementare Moscati. Ricordo che mi dilettavo, però, anche nel salto con l’asta. Le aste di bambù non erano certo elastiche come quelle che si usano oggi: ricordo anche che una, al Campo Giuriati, mi si spezzò. Il mio record era 3,80 m”. Quello italiano era 4,20 m, quindi non era poi così male in quest’altra specialità il nostro signor Savino. Un atleta versatile, polivalente. Del resto tali sono i ginnasti, re della forma e forza fisica, padroni delle proprie evoluzioni, una danza di precisione e grazia ed eleganza e coraggio. Prosegue il suo racconto Savino Guglielmetti... “Infine passai alla Pro Patria. Mi allenavo alle scuole elementari di Porta Nuova (ancora esistono). La palestra era al livello del Naviglio: mentre eravamo impegnati negli esercizi, vedevamo i barchini e le chiatte passare”. Un’immagine

veramente d’altri tempi e assolutamente fascinosa.

Dopo quegli ori olimpici Guglielmetti riuscì a vincere anche cinque campionati italiani assoluti. Arrivarono, poi, i Giochi Olimpici di Berlino 1936... “Ero allo stadio, in occasione della gara di salto in lungo, che finì con il trionfo di Jesse Owens sul suo rivale tedesco. Tutto lo stadio ammutolò e io vidi Adolf Hitler andarsene via stizzito”. La carriera di Savino Guglielmetti finì a Londra, Olimpiadi del 1948. Dal 1943, ad ogni modo, Guglielmetti si era impiegato in maniera continuativa all’Azienda Tramviaria di



Milano, dov’è rimasto fino al 1971, anno in cui ha maturato il diritto alla pensione. Non si può dire che gli olimpionici di un tempo guadagnassero tanto da poter vivere di rendita per il resto dei propri giorni! Vero è che gli onori non mancavano... “Tornati da Los Angeles, fu organizzato un gran ricevimento all’Arena, dove il Principe Umberto ci consegnò una medaglia ricordo” (insieme con lui fu premiato anche l’altro milanese Luigi Beccali, primo, negli stessi Giochi, nei 1500 m). Gli olimpionici furono ricevuti persino da Benito Mussolini a Palazzo Venezia.

Savino si reca tuttora, ogni giorno, nella palestra di via Romagna, nella sua amata Milano, dove segue l’attività ginnica di bambini e bambine, rivestendo la carica di vicepresidente del leggendario sodalizio di nome Pro Patria... “Guardo, osservo e consiglio. E’ la mia medicina”. Stupefacenti la dinamicità fisica e mentale, la lucidità, l’entusiasmo e la passione che ancora dimorano in Savino. Il Comitato Olimpico Internazionale lo inviterà ai giochi di Atene 2004 in qualità di più anziano oro olimpico vivente sulla faccia del pianeta Terra.

Savino Guglielmetti, tanto attivo nel presente e proiettato, con lo spirito, nel futuro, vogliamo chiudere con il ricordo più vivo e antico della sua Milano? “1915: ero in via Paolo Sarpi con mia madre. Degli aerei austriaci bombardarono



<http://www.ighof.com>

la zona del Monumentale, dove spicavano gli altissimi

fumaioli di una centrale elettrica. Mia madre mi nascose nell’androne di un portone. Oppure, quando caddi, sempre bambino, dal quarto piano di casa e mi aggrappai, con un riflesso disperato, ai fili del telefono, poi, avanzando con le mani, sospeso nel vuoto, riuscii pian piano a conquistare, miracolosamente, la salvezza”. Insomma, un predestinato: la ginnastica era già nel suo sangue!

ALBERTO FIGLIOLIA
Milano Italia

Happy Birthday Carmine Micucci!



Carmine Micucci, born June 8th 1910 in Rapino (Chieti) turns 93 years young this month. Happy Birthday from Camillo&Maria, Tony & Agnès, Mario & Rilla, Lorenzo & Denise, as well as from your six grandchildren and five great grandchildren. The staff at Il Postino wish you good health and many more happy years to come!

Piacevoli Incontri

Alla serata d' apertura della settimana italiana sabato 6, giugno, abbiamo dovuto giocare un po' alla sedia musicale ma alla fine ci siamo trovati ben seduti ed in buona compagnia pronti per passare la serata; desideriamo subito congratulare il comitato organizzatore ed il personale della Sala San Marco per la bellissima serata.

Ben seduti ed in buona compagnia, dicevo, c'erano i coniugi Panico, Pat Adamo, la Professoressa Giuliana, una deliziosa coppia da Montreal, io e mia moglie; il signore da Montreal intavola subito una conversazione con la Professoressa Giuliana, le legge qualcosa da un libretto bianco che posa poi sul tavolo glielo chiedo, me lo passa con un cortese sorriso, era un libretto di poesie ne scorro una brevemente, mi piace, mi informo allora chi e' questo signore dall'affabile personalita', semplice quasi timido nei gesti e nel comportamento ma che, conversando, denotava una certa forza e sicurezza, non s' imponeva, evolveva piuttosto, spiegava e proponeva i suoi pensieri in maniera semplice, convincente. Solo piu' tardi, durante la serata ho saputo che questo signore era Elio Francescuzzi, abruzzese di nascita, che vive a Montreal e che era lui il vincitore del Premio Letterario della Settimana Italiana 2003 con la poesia che vi proponiamo:

Il Postino, certo di far piacere ai suoi lettori, pubblicherà nelle prossime edizioni, la biografia e le poesie di Elio Francescuzzi.



Emilio Francescucci è nato a Guardiagrele (Chieti, Italia). Ha emigrato in tenera età in Belgio, poi in Canada. Dopo aver conseguito una laurea in pedagogia presso l'Università di Montréal e poi del Wisconsin ha operato un laboratorio diagnostica di problemi d'apprendimento. Ha insegnato la pedagogia all'Università del Québec e svolto delle attività di consulenza presso il Ministero della Pubblica Istruzione del Québec. Ha fondato un'associazione di poeti di lingua francese e ne assume la presidenza.

La luce del silenzio

ho cercato la luce nei miei pensieri
il sole è fuggito nella notte

ho letto libri di saggezza
le parole sono rimaste un mistero

ho ascoltato discorsi intelligenti
la loro chiarezza non ha illuminato la mia ignoranza

ho chiesto un fuoco per veder la verità
il vento ha portato via la fiamma

ho mendicato una torcia a chi è vicino al cielo
ma il mio cammino è rimasto oscuro

ho dato appuntamento alla luce
le tenebre han cancellato l'indirizzo

ho gridato : perché?
le nuvole hanno sommerso il mio grido

mi sono allora rivolto al mio cuore
che mi ha aperto la porta

ho fatto silenzio
e la mia anima si è illuminata

è allora che ho capito
che non avevo niente da capire

ma soltanto da ascoltare
vivere la vita al di là della mia vita

nel silenzio dei miei pensieri
nella bellezza del giorno che nasce...

La Porta Del Ricordo

Come fa freddo il ricordo,

Dove tu mi tenevi tra le braccia.

Dove i tuoi baci,

Mi bruciavano le labbra.

Ora la ragnatela del passato,

Si forma dei ricordi

Del nostro giovane amore,

Un amore dipinto d'azzurro.

Come fa freddo il tuo amore.

Un amore che mi ha tagliato il cuore.

Il tuo ricordo mi viene,

Tra le braccia del sogno.

Come fa bello oggi,

C'è qualcuno che mi prende la mano.

Nel silenzio della solitudine

E ora chiudo la porta del ricordo.

~Viviana Ghezzi

**Buon Compleanno
Canada!**

**Happy Birthday
Canada!**



Bonne Fête Canada!

July 1st 2003

Getting to know Gary Guzzo

by Chiara Mingarelli

Gary Guzzo, lifetime Ottawa resident, grew up on O'Connor St., close to Lansdowne. He attended the University of Ottawa's Law School and practiced law for ten years on Carling Ave. with Bob Chiarelli. He was subsequently a family court judge for 11 years. His most famous case so far has been the Cornwall Inquiry: a case of conspiracies of sexual abuse involving young boys and the Church. Mr. Guzzo decided to champion this cause mainly because of his personal concerns as a Catholic. Although large cases like the Cornwall Inquiry make for much publicity, attention and a possible book, Gary Guzzo finds the smaller cases more satisfying. He continued to describe incidences when people would come up to him and thank him for his help, given years ago. "Political life is very gratifying", says Guzzo. Residents of Villa Marconi are also happy to have him around, since it was he who secured funding for the project under the Harris administration. He also took part in youth work programs and positive outreach programs. He enjoys such



direct contact with people of Ottawa, and enjoys "Helping the community one member at time".

There's more to him than meets the eye though. Mr. Guzzo has been a part of Ottawa Hunt Club golf course for over 30 years, and given the chance to golf with anyone in the world, he would chose to play with the same three men he's been playing with all these years. Gary also likes to read biographies and historical books when he's not researching important cases. With an impressive life such as his, one wonders what he might consider his greatest accomplishment to be. Mr. Guzzo replied that his greatest contribution by far are his two wonderful daughters.

With such positive outlooks on the politics, the community and the youth of Ottawa, the National Capital is in good hands with Gary Guzzo.

L'ASSOCIAZIONE ROCCAMONTEPIANO SAN ROCCO OTTAWA

con la cooperazione della Parrocchia Sant' Antonio e l'aiuto del Parroco Padre Paul McKeown annuncia
la Celebrazione della

FESTA DI SAN ROCCO DI ROCCAMONTEPIANO SABATO 16 e 17 AGOSTO 2003

ALLA CHIESA DI SANT' ANTONIO

Includiamo un breve programma degli eventi principali di questa festa. Per informazione ai fedeli di questo Gran Santo Protettore del nostro bel paese e delle malattie incurabili.

Sabato 9 agosto

CENA CIVILE DI
SAN ROCCO
dalle 18:00 all' 1:00
VILLA MARCONI
1026 BASELINE RD.



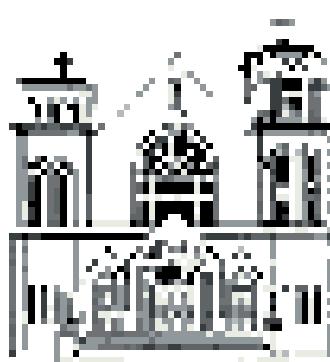
Orchestra

RITMO

Menù

- ~Antipasto all' Italiana
- ~Fettuccine
- ~Insalata mista
- ~Arrosto "Prime Rib" con Contorni vari
- ~Desert e Caffè

Ingresso \$35 a persona



Domenica 17 agosto

Ore 11:00 - Messa Solenne
Ore 12:00 - Processione
Ore 13:00 - Pranzo

Per informazioni e biglietti rivolgersi a:

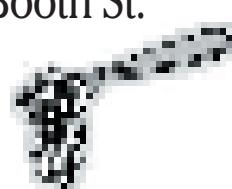
Verino Dinardo 224-8535, Angela Mazzotta 235-2908, e Domenica Di Julio 225-5352

Sabato 16 agosto

MESSA IN ONORE DI
SAN ROCCO Ore 5pm

Ore 18:00- BBQ &
Beergarden

Piazza Dante-416 Booth St.



Ore 18:00 - Programma per i bambini "Ruscello Limpido"
Ore 19:00- Famiglia Abruzzese
Ore 20:00 Nadia Villani
Ore 20:30-22:30: Coro Abruzzese
di Montreal

PRESENZA

Museum of Civilization Honours Italo-Canadians

Italo-Canadians have played major roles in developing the Canadian infrastructure. They have built highways, buildings, cars... but most importantly, they have helped build a society here in Canada. Their traditions and values have been assimilated into our culture and are now an integral part of it.

Presenza showcases four broad aspects of an Italo-Canadian's life: food, work, community life and socializing. The social aspect of such a person's life is embodied in an exquisitely ornate hand-made wedding dress, belonging to Loraine Mazzella Maiolo. She took the time to share with us memories of the dress' creation: her mother and cousins often working until 4am day after day... She was not allowed to help with the dress, because this was bad luck. We understand. She said that the making of the dress was "an act of love" and to fully understand this statement, I invite you to visit the exhibit and decide for yourself. The intricate exhibit also showcases a Sicilian cart, beautifully hand painted and carved. Such a piece of art is used for festivals and special occasions. Further exploring the exhibit is the Cathedral of Milano, consisting of thousands of pieces of wood.



Dr. Mauro Peressini

Community life is explored by examining the Italian architecture that is so conducive to socializing. An example of this are numerous piazzas where everyone gathers and socializes. Community events such as picnics, feasts and time spent with friends playing cards are all explored in detail, right down to the type of playing cards used in different regions. Work is also a key part in any Italo-Canadian's life. Presenza displays metal works such as the infamous iron pig. Many crafts and hobbies became work: needle point was highly valued, as was the metallic art. A 1947 Fiat 500, nicknamed Topolino for its mousy appearance also graces the exhibit. Other priceless pieces of work include Marconi's wireless telegraph, a beautiful stained glass window from the Nincheri family and passports from some of today's leading Italian community citizens.

Food is showcased in two rooms. The first room is a kitchen where they show the diversity of Italy's culinary culture. The room is

scene where the owner is about to open a restaurant: family recipes are being collected, all the necessary tools are being gathered (pasta machines, rolling pins, etc....). The next food room is deli, where a young man is about to have his girlfriend over for dinner and is preparing



Dr. Victor Rabinovitch

fresh cold cuts. This room contains large vats of wine, cheese and fresh deli meats.

In total 1,387,000 people have played a role in putting together this beautiful tribute to Italo-Canadians. Over 2000 objects were gathered for the exhibit, of which 300 were used from 140 lenders. Dr. Victor Rabinovitch tells us that "this is only the tip of the iceberg", that much research and documentation has been done, and will be kept in the museum's archives for future generations. The curator of the exhibit, Mauro Peressini told us



Charlie Chiarelli

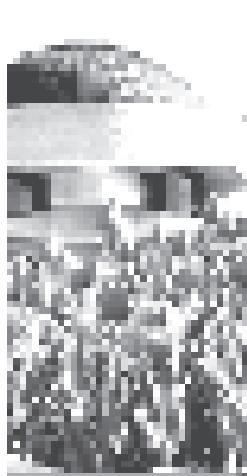
that "the work is a source of personal growth" and through it, we honour a generation. After four years of intensive research, Presenza had the largest opening of any exhibit in the museums' history, with over 2000 people attending the opening. The display is open for 15 months, full of concerts, fashion and a film festival. For the full schedule of events, please visit the Museum of Civilization's website at <http://www.civilization.ca> or call 1-800-555-5621



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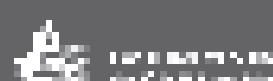
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CIVILIZATION

PRESENZA

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THE END OF THE STREETS
BY STEPHEN
MORSE

From PRESENT AND PAST AND THE STREETS

JULY 12 and 13, 8 pm to 9 pm

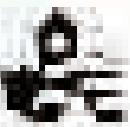
The annual summer festival of music and action returns to the Esplanade Galleries. This year's international style will be a mix of traditional village music, folkloric performances and contemporary theater. Come in costume if you like, or just be cool dressed in something colorful. \$10 at the Ottawa Street entrance.

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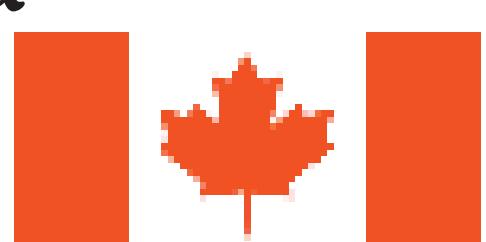
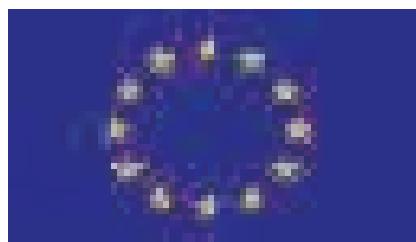
Conway Music
of Ottawa



Musica Canadese
Musique Canadienne

Canada

Settimana Italiana Italian Week



This year's winners of the CIPBA golf tournament (left to right) Robert DeToni, Joe Sendao, John Medeiros, Michel Lacombe, Angelo Fiore and Frank Marinelli.

Above: Giuseppe "Joe" Amendola in Cosenza Italia 1954 on his 1951 Fiat 500 "Topolino". Below is Joe in 2002 sitting on his current 1949 Fiat 500. His '47 Topolino is currently on display at the Museum of Civilization's Italo-Canadian Exhibit : PRESENZA



Paul Casagrande leads the Fire Department's band on Preston St. throughout the festivities.



photo by Giovanni

(Left to Right) Chiara Mingarelli, Vince Karam and Ashlea Wells at Ambassador Colombo's Residence after the Ferrari Parade.



Lynda Fish and Mauro Peressini look on with great satisfaction at the launch of Italian Week



An exciting bicycle race tradition ends Italian Week 2003!

Ferrari Fever!

Ferrari Fever Hits Preston

by Chiara Mingarelli

Thousands of people crowded Preston St. Saturday afternoon, anticipating the largest Ferrari parade ever organized by the Italian Week committee. No one was disappointed when it turned out that the 72 luxury vehicles would not parade around in a normal mundane fashion. This year would be a different kind of parade! Preston was turned into a race track and the Ferraris zoomed around at high speeds, showing off the powerful engines of Modena Spider 360s, F40, 308 & 328 GTS, 355 Spiders, and the list goes on and on. We were also treated to other famous sports cars, such as Mr. Karam's hand made (body kit) Jaguar X200, one of only three in North America. Canadian Motor Sport Hall of Fame veteran David Boon



“...One of the great festivals in the National Capital Region.”

One of the great festivals in the National Capital Region.” Other speakers included Marco Colombo, the Ambassador to Canada from Italy.

home and talked about many upcoming Ferrari (race car) events this summer, including the Grand Prix in Montreal. The lawns were full of the fantastic vehicles! It was truly a car-lover’s paradise. The drivers then were escorted by the police to the Casino de Lac Leamy for cocktails and a beautiful four course dinner, with all proceeds being donated to the Easter Seals. . The “Wheels for Easter Seals” fundraiser turned out to be a huge success, as it raised over \$15,000 from the event. This money will help the Seals buy wheelchairs and walkers, so that they too can feel like Ferrari race car drivers. The evening went off without a hitch, even the weather cooperated! Hopefully, the Ferrari car parade will become an annual event and with-



was driving his 1958 Jaguar XK-150, a change from the usual open wheel dirt track racers he usually drives. One driver, Leone Eramo, was fortunate enough to have 2 Ferraris, a Testa Rossa and 328 GTS, in the parade. Other luxury race cars seen racing down Preston were Maseratis and a Formula First race car: "... not to be confused with Formula 1" explains 16 year old driver Stefany Malanka, who has been racing since she was eleven!

Opening speeches were made by Mayor Bob Chiarelli, who described Italian Week as "...

He describes Ferraris as "pieces of culture", and also said that "Italy is synonymous with Ferrari." Organizer Enrico Valente also addressed a very pleased crowd and informed them that proceeds from the parade were going to the Easter Seals, a charity for disabled children. Other local celebrities at the race were Wade Redden and Sarah Jennings.

After the laps were completed around Preston St., the beautiful machines and their drivers made their way to the Italian Embassy with a police escort. There, all the drivers relaxed in the beautiful gardens of the Ambassador's

out a doubt attract more beautiful cars and beautiful people to Preston St. Enzo would have been proud.

For more information about the Easter Seals, go to www.easter-seals.org

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Il Festival delle Ferrari

di Luciano Pradal

Sabato 7 giugno, nell’ambito della Settimana Italiana 2003, la Piccola Italia di Ottawa si apprestava, per la prima volta, ad accogliere un avvenimento eccezionale, eccitante, bellissimo, un sogno diventato realtà, possiamo parlare di un sogno, quello di Enrico Valente, di portare il Festival delle Ferrari qui’ in Ottawa, un sogno che è diventato tangibile realtà non solo per gli organizzatori ma anche per decine di migliaia di persone che si sono affollate lungo tutto il percorso del circuito appositamente preparato.

Enrico Valente, coadiuvato dai fratelli Nicola e Fortunato hanno saputo organizzare il tutto nei minimi particolari ed in

maniera impeccabile! Congratulazioni!

La Ferrari! Gioiello d’ineccepibile tecnologia, ogni gioiello ha la sua voce distinta, tutti noi abbiamo potuto vederle, sentirle, fotografarle, toccarle e questo è stato per molti di noi un sogno diventato realtà. Non sono un esperto in macchine da corsa e seguo sporadicamente i grandi successi della Ferrari team ma sabato 7

giugno sul Corso Italia in Ottawa ho capito perché molte persone sono così entusiaste di questo prodigo del saper fare Italiano.

Sua Eccellenza Marco Colombo Ambasciatore d’Italia in Canada ha detto nel suo discorso d’apertura che “ La Ferrari è cultura!” dopo questo primo successo qui in Ottawa si potrebbe benissimo affermare così.

Auguri per gli organizzatori; sono già al lavoro per l’anno prossimo che sarà senz’altro più bello, più grande di quest’anno del quale ci

resterà sempre il sapore della senzionalità che ci ha lasciati increduli ed ancora sognando.

Congratulazioni agli organizzatori!



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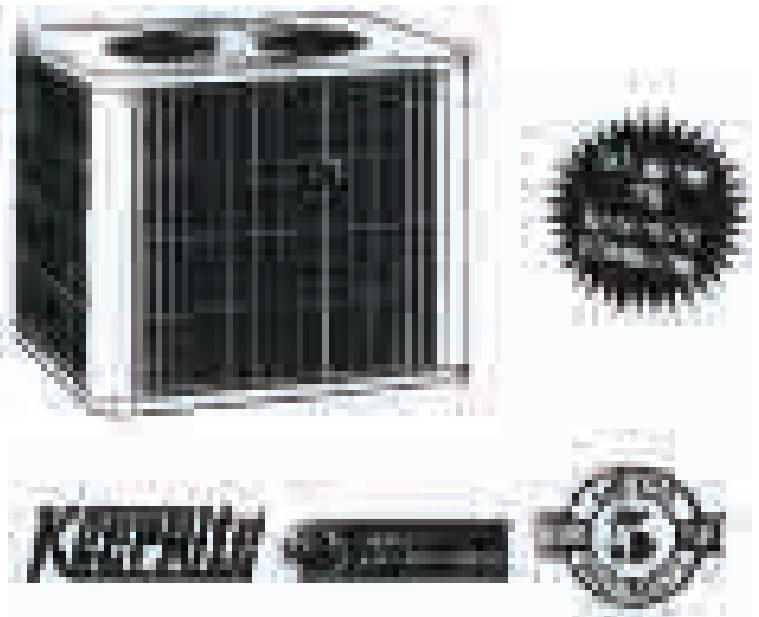
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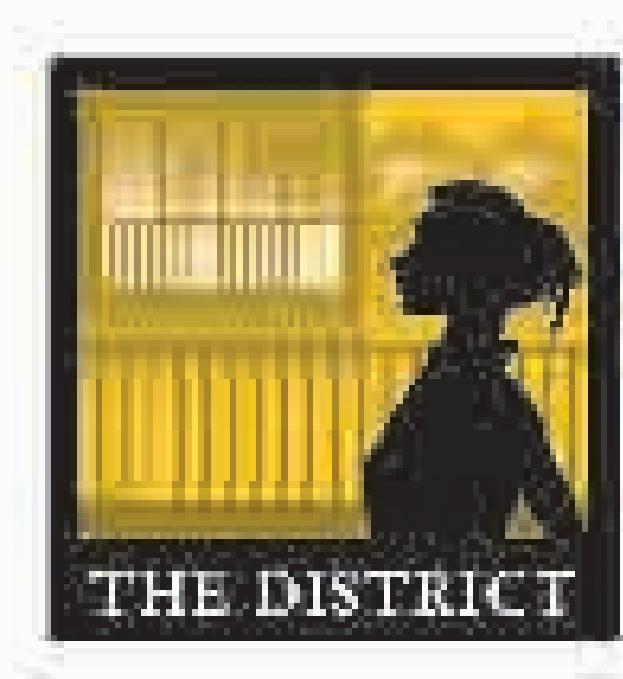
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An Urban Legend is Born

The legend begins... In 1999, the District - then known as "The Block" - was the first residential development in Ottawa to be built on a "green roof". This means that the roof of the building is covered with vegetation, which reduces the amount of rainwater that enters the city's stormwater system. This is good for the environment because it helps to prevent flooding and reduces the amount of waste sent to landfills. The legend continues... In 2001, the District became the first residential development in Ottawa to receive a LEED Gold certification. This means that the building is designed to be more energy efficient and sustainable than traditional buildings. The legend ends... In 2003, the District is still standing strong, and it's become a symbol of urban living in Ottawa. The legend is born... The District is here to stay!

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Una settimana per l'ambiente

di Carletto Caccia

Sulla collina parlamentare viene celebrata anche quest'anno la settimana per l'ambiente. La prima di tante ceremonie è consistita nel trapianto di una bella quercia rossa sul prato antistante il Parlamento. Il tema di quest'anno è "Impegno per l'ambiente" e propone l'azione individuale e comunitaria per la soluzione dei problemi ambientali più scottanti. Tra questi, l'inquinamento atmosferico e il cambiamento climatico sono tra i più urgenti.

Dal punto di vista parlamentare è stato un anno importante per l'ambiente. Infatti è stata appena varata la legge sulle Specie a Rischio intesa a proteggere animali e piante che rischiano di scomparire e il loro ambiente naturale. Sono state poi fissate le disposizioni per veicoli e carburanti per renderli meno inquinanti nei prossimi decenni. Il ministero dell'Agricoltura sta studiando la possibilità d'imperniare la legislazione futura sul rispetto dell'ambiente. Sono stati creati nuovi

parchi e sistemi marini protetti. A dicembre, il Canada ha ratificato l'accordo di Kyoto e il governo ha iniziato subito l'opera minuziosa di applicazione del piano nazionale per reagire al cambiamento climatico.

Il progresso continua nel 2003 con il bilancio federale che investe due miliardi di dollari in iniziative a favore dell'ambiente, storicamente il più grande stanziamento governativo nel settore. Tra le varie leggi c'è quella per la protezione ambientale che si prefigge di contribuire allo sviluppo sostenibile attraverso la prevenzione dell'inquinamento e la protezione della salute pubblica dai rischi associati alle sostanze tossiche. Per ridurre la minaccia ai sistemi ecologici e alla diversità biologica del paese, la legge impone inoltre garanzie di prevenzione e gestione sia delle sostanze tossiche che dei residui pericolosi. La legge riconosce la necessità di eliminare le sostanze tossiche che rimangono a lungo nell'ambiente prima di decomporsi e

di quelle che si accumulano negli organismi degli esseri viventi. Due



e territoriali è di primaria importanza all'applicazione pratica di ogni legge.

Inoltre, durante la settimana dedicata all'ambiente, si vuole riconfermare anche la volontà e la presa di coscienza individuale. Si deve accettare che non si può più abusare delle risorse naturali a nostra disposizione, che invece devono essere usate con parsimonia. Mi riferisco qui alle risorse ittiche e alle altre risorse naturali come le foreste, il terreno arabile, l'acqua, la fascia dell'ozono che ci protegge dai raggi del sole.

E' chiaro che le celebrazioni sulla collina parlamentare hanno un significato simbolico e servono a dare un esempio. Sta poi a noi come individui dare con le nostre azioni quel contributo necessario per assicurare alle generazioni future un mondo più sano e sicuro.

Ottawa, 6 giugno 2003

It Sure Sounds Better in Italian

by Renato Rizzuti

Amore. Love. They both mean the same thing but the Italian version of the word love sounds much more exotic. Some words simply sound better in Italian. Marketing people, advertising people, manufacturers, restaurateurs and people in the entertainment industry have known this for quite some time. Take a stroll down the Italian food section of any grocery store. You will find "Prego" spaghetti sauce. The literal translation would be "Your Welcome" spaghetti sauce. The "Classico" line of sauces sounds even more classic than the "Classic" English name. "Primo pasta" would translate to the boring "First pasta." Which Italian cheese do you think would taste better, "Tre Stella cheese" or "Three Star cheese?" Which brand of espresso coffee would be more richly Italian "Medalia D'Oro" or "Gold Medal?" Menus in an Italian restaurant also reflect this phenomenon. "Pasta Carbonatta" made with "pancetta" simply does not sound as appetizing as "Coal Miner Pasta" made with "pig belly fat." Would you rather eat "Oso Buco" or "Bone With a Hole?" Would you rather order "Pasta Primavera" or "Spring Time Pasta?" You may not eat "Pasta Alla Puttanesca" once you know the history and meaning of the name. The translation is "Prostitutes' Pasta" and is called that because the Italian prostitutes would gather for a quick pasta meal and cook up this style of pasta when on a break from doing business. Time for dessert. Some "Tiramisu" sounds more tempting than some "pullmeup." Car manufactures are very careful to keep the classic Italian names instead of anglicizing them into the English sounding versions. Surely a "Lamborgini" sounds faster than "Lambergerin." People would rather buy a "Ferarri" than a "Furairen." "Maserati" is much better than "Masurate." Non-Italian car manufacturers also use Italian names for their cars. The "Allegra" sounds cooler than "Joy Car." The old "Nova" actually means "New." I recently went into a Starbucks and ordered a "double espresso" and the counter lady corrected me by saying, "You mean a doppio?" I was about to tell her that the "biscotti" they were selling should really be called "hard biscuits." The fancy "latte" is really only "milk and coffee." This "latte" is a trendy thing but every first generation Italian kid drank "milk and espresso coffee" when being introduced to coffee. I certainly drank it as a kid so it does not really appeal to me as an adult. I suggested that the spring water they sell should be called "aqua di sorgente" and the cream cheese they have for the bagels be called "formaggio di crema." The Starbucks was connected to a Chapters book store. I guess the counter lady thought that I was going to buy some Italian food when I said, "Ciao, I have to buy some libri." I was merely saying I was going to buy some books but "books" do not sound as interesting or exotic as "libri." Italian fashion designers would be unrecognizable if they stopped using the real Italian version of their names. Who would recognize the following people: George Armin, Serge Valent, Versack, Fend, Hugh Boss, Dolcen and Cabin, or Gooch? And what fashion conscious woman would buy "Pupa

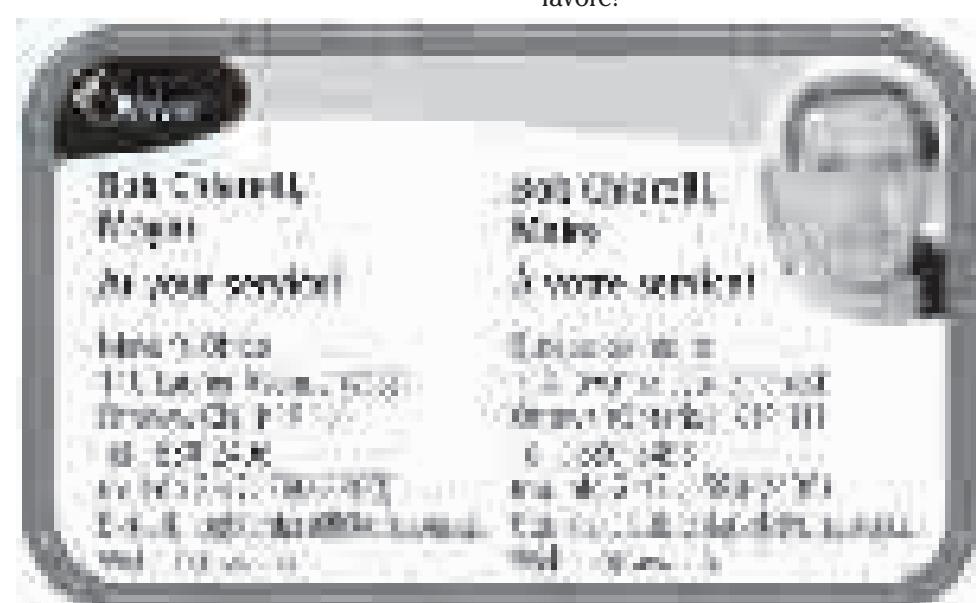
Cosmetics" if they used the name "Doll Makeup?" In the movie "A Fish Called Wanda" there is a hilarious scene between Kevin Kline's character and Jamie Lee Curtis' character. The Jamie Lee character is very turned on by a man speaking Italian. The Kevin Kline character obliges her and lets out a stream of nonrelated Italian words which include some pizza menu items. No matter, it sure sounds stimulating to the Jamie character and she goes crazy with lust. Opera lovers may not completely understand all the lyrics of an Italian opera but perhaps they understand the emotions being expressed in song. If you completely translated an Italian opera and had an English version performed, it would lose its authentic artistic passion. It simply would not sound as good. When Luciano Pavarotti sings in English, he does not have the same intensity as when he sings in his native Italian.

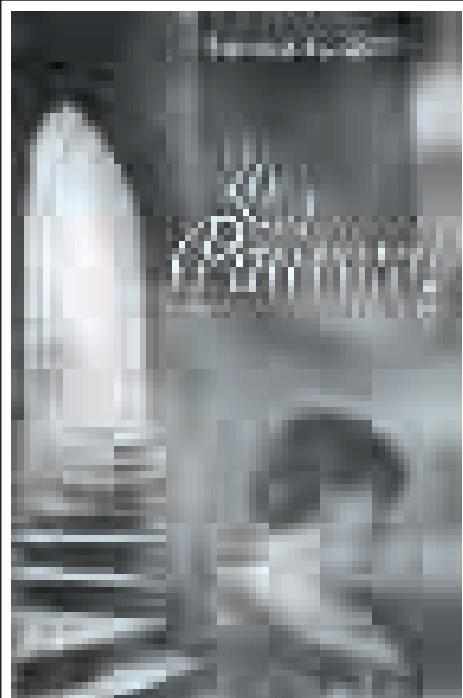
There is even a very funny episode

of the Bugs Bunny cartoon show with an Italian theme. The episode centers around Christopher Columbus, who actually was Italian. "Chris" speaks with an Italian accent and there are Italian phrases thrown out like "pasta and beans" which comes out as "pasta fagioli" in the episode. The real Italian nature of the voyage comes out sounding very funny indeed.

"The Godfather" movies are enhanced by the scenes with Italian dialogue. The scenes are more authentic, realistic, mysterious and dramatic because of the Italian dialogue. Real Italian mobsters spoke Italian and English as they do in these movies. To have absolutely no Italian dialogue in these movies would have made the movies less effective and less credible.

In summary, you can see that many things sure sound better in Italian. Add some Italian flavour to your conversations. Say it in Italian. In Italiano per favore!





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Si possono acquistare copie de "La Padrona" nella redazione del Postino oppure chiamate 567-4532

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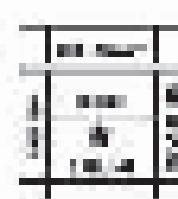
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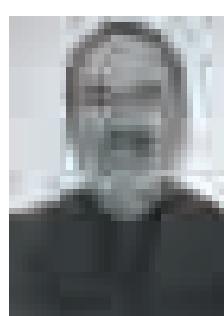
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The Wine Corner

By David Salusbury

David Salusbury is an Italian wine expert, currently writing a compendium of Italian wines. The Italian side of his family is from Greve in Chianti, in the heart of Tuscany. His monthly article focuses on various aspects of the Italian wine scene.

Super-Tuscans

An American journalist coined the term Super-Tuscan in the late 1970's. The term originally applied to wines made in Tuscany, primarily from the French varietal Cabernet Sauvignon – the common element in all great Bordeaux wines.

The story began in 1942 when an Italian nobleman Marquis Mario Incisa della Rocchetta started to experiment with Cabernet Sauvignon and Cabernet Franc on his Tuscan coastal estate near Bolgheri. He was considered by some purists to be committing viticultural treason, by trying to emulate a Bordeaux wine on Italian soil.

Great wines come from the poorest soils and this is the case in the top Bordeaux estates of *Graves* (meaning "gravel" – in the same way as the region of *Grave* does in Friuli). The Marquis emulated these conditions by planting the two "Cabs" in a section of his estate named Sassicaia - "rocky road" in the Tuscan dialect; the now famous region and wine of the same name ("sa-ssy-kaya").

For nearly three decades his unusual Tuscan wine was just sold and consumed locally (as, regrettably are many great Italian wines). Some was barrelled, in French barriques, (small, high quality Allier oak barrels) during these turbulent years and nearly forgotten. When the aged wine was tapped, it was found to have improved enormously. Marquis Mario enlisted the help of his friend Marquis Piero Antinori and they marketed the first Sassicaia in 1968. It was hardly noticed. Another decade passed before they got their rewards. At the prestigious Decanter tasting in London in



1978, Sassicaia (vintage 1972) crushed all the competition and shocked the wine world by winning the prize for the best Cabernet Sauvignon. There were 33 top Cabernets from 11 countries in the final round – most of them highly respected Bordeaux wines.

It was then that an American journalist covering the competition coined the term Super-Tuscans, much of the *chagrin* of the French. Suddenly everyone wanted this new Cabernet from the Tuscan coast. Antinori had already started planting his estate Cabernets and within a few years, dozens of producers were on the bandwagon – in Tuscany and throughout Italy. Sassicaia had an immediate cult following and prices of older bottles shot through the roof. I have personally seen twenty-year-old bottles on wine lists for over \$2000. For a 750ml bottle this represents about \$40 a sip. I have also witnessed the yearly Sassicaia pilgrimage; a line of deluxe limousines parked outside SAQ outlets in Montreal, with chauffeurs, maids and but-

Pomeriggio Italiano

lers queuing outside for their one-bottle ration of this sacred grape juice, at \$100 a bottle.

Other Super-Tuscans of fame (all produced by the Antinori estate) are: Tignanello ("tin-ya-nellow"), Ornellaia ("or-ne-laya") and Solaia ("so-la-ya"), available in limited quantities and on specific releases at the LCBO and SAQ. These are all Cabernet Sauvignon blends – with Cabernet Franc and/or Sangiovese (the latter being the essential ingredient of Chianti). Prices are high, which begs the question: what can be found that is good quality, but is not exorbitantly priced?

A caveat: though the term Super-Tuscan is now accepted to be any non-traditional Tuscan red wine of high quality, beware of impostors! Some high-priced, heavily oaked Cab blends in embossed bottles with attractive labels have impressed the selection committees at our monopolies, convincing them to accept poorer quality Super-Tuscans into the club. Be cautious; ask liquor store consult-

ants' opinions. Even resort to taking note of wine writers' commentaries!

Happily there are several Super-Tuscan wines on the market within the range of normal mortals. Villa Banfi, another Tuscan leader in wine excellence and innovation has a three superb products on the Ontario market: Cum Laude 1999, at Vintages, code: 723551, price: \$29 (a rich, complex and satisfying blend of Brunello, Cab, Merlot and Syrah). Excelsus 1998, Classics catalogue, code: 983916, price: \$69 (a superb blend of Cab and Merlot). Summus, Classics catalogue, code: 983759, price: \$75 (a shade more promising than the Summus with a myriad of flavours emanating from the blend of Brunello (Sangiovese grosso), Cab, Merlot and Syrah). Note, the latter two could use at least 3 years of careful aging to start to express their true potential. For those who wish to drink them now, be sure to open and decant several hours prior to drinking.

On the Quebec side there is a fair selection, with some overlap with LCBO offerings. Soon to arrive is the latest Prunaio ("pru-na-yo"). This will be the 1999 vintage, which received the "three goblet" award in the Gambero Rosso (the Italian wine "bible"). The prestigious rating puts Prunaio firmly in the top 150 wines in Italy. This Super-Tuscan is from a small producer in the Chianti Classico region, named Viticcio ("vee-titch-oh"). The wine is made from a refined clone of the Sangiovese grosso grape, similar to the prestigious Brunello grape from the Montalcino region (SAQ code: 896795, price: circa \$49). A nicely oaked, very rich and complex wine, which will also improve with similar aging or preparation as the Banfi wines.

Next month, by popular request, Grappas (distilled grape must) will be in the spotlight. Happy drinking and remember: "*moderation a bien meilleur goût!*" – "moderation improves the flavour!"

Any comments, questions or suggestions? Please e-mail tvini@rogers.com

Pomeriggio Italiano



By Maria Anderson

Is there anything better than an evening of eating and drinking fine Italian food and wine? After the Pomeriggio Italiano at St. Anthony's soccer club, you would have a hard convincing anyone otherwise! The finest Italian restaurants on Preston lined the upper hall with plate after plate of delicious authentic food. Restaurants such as La Roma showcased their penne arrabiata, La Vecchia Trattoria had their wonderful Pollo alla Toscana and Sala San Marco offered a delightful Risi & Bisi dish. Many individuals had their own authentic taste of Italy as well! Franca Rizzi made a delicious Focaccia Pugliese and Norma Giannaria baked Scarponi e Ceci Ripieni di Sulmona for a special treat. After so much eating and drinking, there is only one thing left to be had: coffee.

They say good things come to those who wait and boy did we wait for this

coffee. It was so wonderful that there was a seemingly endless lineup of thirsty Italians from the moment the doors opened at 6:30pm until the hall closed at 9:30pm. During a small break in the rush, I had a moment to sit down with Pietro Comino and ask him what his secret was. It turns out that his Nonno, Francesco Comino, developed this special blend of more than 5 coffee beans

over 80 years ago in Mondovi, close to Torino. "Francesco's Coffee" is the name of the coffee shop now, where they roast the beans fresh on site. He decided to go into the business to "rediscover my roots". It truly is a unique tasting coffee, a nice break from other mass providers. For more information on this unique coffee, please visit www.francescoscoffee.com



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of Mary
Victor and Margaret Brunoni
Gina & Lidonio Ricci
Antonio & Veneranda D'Onofrio
Nancy-Lou Prosperine
Jennie Prosperine
Filippo & Carmela Prosperine
Luigi Petti
Maria Pia Petti
Feliceantonio Petti
Pasquale Petti
Gelsomina Petti
The Servite Fathers
Padri Servi di Maria
Les Servites De Maria d'Ottawa
Chiesa di Sant' Antonio
Kelly-Lizzi Family
Anna & Daniel Janigan
Ross Talarico
Tony Varriano
Pasquale & Divina Ginese
Raffaele & Rita Cesario
Eolo Bevilacqua

Joe & Jacqueline Adamo
Adua & Carmine Idone
Enrico & Giovanna Bulla
Giovanni & Marcellina Mion
In memory of Assunta Pennella
Lucia Antonietta De Marinis
Frank Vigneron
Lorenzo, Denise Lisa & Paolo Micucci
Mario Rilla & Carlo Micucci
Sergio & Renza Vial
Carlo & Nancy Vial
Rina Tarcer
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Gabriela & Gabriella Giamberardino
Pina & Giovanni Giorgio
Antonio Della Penta
Mary Gatt
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Giovanni & Assunta Basile
Jules Sigler
Amedeo Zuana
Antonio & Angelica Renon
Famiglia Matilde Zinni
Romeo Toscano
In memoria di Fatica Maria in
Tirabasso
Gustavo & Teresa Mion
J.E. De Marinis
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Leo e Concettina Santoro
Hazel & Frank Porreca
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Franco & Maria Disipio & family
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IL POSTINO



Festa Di Sant' Antonio Saint Anthony's Festival

By Chiara Mingarelli

Hundreds of people crowded St. Anthony's Church Sunday June 8th for the annual St. Anthony's Festival. The Church has grown much since the Most Rev. J. T. Duhamel, Archbishop of Ottawa, granted the members of a small Italian community the use of a chapel on Murray St. in 1908. St. Anthony's church was actually completed November 3rd 1913. The original building was small but had much room for expansion. After a fire in 1917, Prato born artist, architect and painter Guido Nincheri was called upon to help restore the church. He painted the beautiful frescos, including the famous depiction of the seven Holy Founders of the Servants of Mary (Order of Servites). Nincheri was later known as the "Canadian Michelangelo", and has painted frescos in 98 churches across Canada. He was also commissioned to make most of the stained glass windows at St. Anthony's. However, time has taken its toll on one particular stained glass depiction of Mary and Joseph on a donkey. The donkey looks like it has two bellies, due to the old glass buckling after some time. Things do not appear to be in need of immediate restoration, however the time may be coming soon.

The traditional outdoor mass started off the annual event, followed by the famous parade twisting and turning the streets of Ottawa. Beautiful multicoloured flags waved side to side high up in the air for all to see, as the faithful took to the streets. The Ottawa Fire Department's band headed off the parade this year in their beautiful red uniforms. Young and old, all were dressed in their finest attire as they sang and danced, then ate in little Italy. Even Jim Watson could not resist the smell of pasta at the women's auxiliary. This is his 10th year coming, and he continues to come, as he admires the "Great sense of community" here in little Italy. Paul Martin, Bob Chiarelli and Ambassador Colombo and family all attended the event as well. "It's a beautiful tradition", said Antonella Papalia, a local entrepreneur. May this event always be as blessed as it was this year. It truly was a pleasure.

