

IL POSTINO

V O L . 14 NO. 8 APRIL 2013 :: APRILE 2013

\$2.00



Ottawa Police Service volontari per la processione di Pasqua
alla Chiesa di Sant'Antonio



Ottawa Police Service volunteers for the Easter Procession
at St. Anthony's Church Ottawa



IL POSTINO • OTTAWA, ONTARIO, CANADA

www.ilpostinocanada.com

Publisher

Preston Street Community Foundation
Italian Canadian Community Centre
of the National Capital Region Inc.

Executive Editor

Angelo Filoso

Managing Editor

Marcus Filoso

Layout & Design

Marcus Filoso

Web Site Design & Hosting

Thenewbeat.ca

Printing

Winchester Print & Stationary

Special thanks to these contributors for this issue

Gino Bucchino, Dosi Contreneo, Laura D'Amelio, Lina
Gerebizza, Goffredo Palmerini, Giovanni, Domenico
Cellucci, Jim Watson

Photographers for this issue

Gianna D'Amario, Angelo Filoso,
Rina Filoso, Giovanni,

Submissions

We welcome submissions, letters, articles, story ideas and photos. All materials for editorial consideration must be double spaced, include a word count, and your full name, address and phone number. The editorial staff reserves the right to edit all submissions for length, clarity and style.

Next Deadline May 22, 2013

Il Postino is publication supported by its advertisers and sale of the issues. It is published monthly. The opinions and ideas expressed in the articles are not necessarily those held by Il Postino.

A Reminder to all advertisers. It is your responsibility to notify us if there are any mistakes in your ad. Please let us know ASAP. Otherwise, we will assume that all information is correct.

Subscription rates

In Canada \$20.00 (includes GST) per year.
Foreign \$38 per year.

©Copyright 2013 Il Postino.

All rights reserved. Any reproduction of the contents is strictly prohibited without written permission from Il Postino.

CUSTOMER NUMBER: 04564405
PUBLICATION AGREEMENT NUMBER: 40045533

Letters to the Editor Letters to the Editor



11th Annual Filo Gala - Women in Education

Another year has come and gone; another sold out Filo Gala; another evening of solidarity and inspiration among women. February 28th marked the 11th annual Filo Gala where women, young and old, reunited at the Centurion Conference Center with the purpose of celebrating the accomplishments of 3 inspirational women in the Italian community.

The evening began with a wonderful reception buzzing with the laughter and joy of friends and family. This year included the unique addition of Elizabeth Kilvert and her assistants from The Unrefined Olive (the Glebe) offering tastings of specialty olive oils and balsamic vinegars. In the main hall, two musicians sponsored by Pat Adamo serenaded the guests as they made their way to their tables, admiring the beautiful decorations by Laviolette Flowers and Wedding Décor. This year's theme of Women in Education was elegantly represented with centerpieces of ruby red apples, backdrops of classroom images and chalkboard nametags.

Entertaining the guests were the beautiful MC's Enza Baiamonte, Pierangela Pica and Marietta D'Alessio. The two former performed a beautiful rendition of the song The Prayer by Andrea Bocelli which brought tears to the eyes of many of the women. Enza started off by quoting the words of the revolutionary Italian educator Maria Montessori, "Education is a natural process carried out by the child and is not acquired by listening to words but by experiences in the environment." These words rang true to the 70 plus teachers who were present and were being honoured for all their hard work and dedication. For the rest of the evening the MC's enlightened and engaged the guests in between courses of the exquisite meal that consisted of stuffed fazzoletti pasta and chicken kiev which left the women satisfied and delighted.

Towards the end of the dinner, the guest speaker, former teacher and now Justice of the Peace, Ivana Baldelli, took her place at the podium and gave an inspirational account of her life experiences and what it meant for her to be a woman in this field. She encouraged everyone to keep active, saying that a healthy body gives a healthy mind. Her energy and positive attitude remained the same as her days as principal of St. Rita Italian Elementary school, greeting all the students as

they came in on Saturday mornings to learn the language of their grandparents.

Finally the time came to announce the recipients of the 3 awards; the Rosa Tiezzi award, the Jenny Prosperine award and the Mary Ierullo award. These were awarded to Renata Coppola, Graziella Labocchetta and finally Ivana Baldelli. What qualifies a woman to receive one of these awards? Just reading the resume of these 3 remarkable ladies explains enough. All of them have dedicated countless hours over the years to the Italian community and never asked for anything in return. Their hard work and passion have made their faces recognizable to most in our community. Everyone present at the event would agree that they truly deserved this recognition.

As an honorable mention, the Filo founders Anna Chiappa and Ariella Hostetter acknowledged the former opera singer Maria Pellegrini for her contributions to Italian culture in Ottawa.

All in all the evening was delightful and amicable with wonderful raffle prizes and beautiful silent auction items. It could not have been possible without the hard work of the incredible ladies of the Filo committee; Enza Baiamonte, Angela Ierullo, Bonnie Favilla, Irene Martin, Rita Cuccia, Silvana Timpson, Isa Truglia, Natalina L'Orfano, Lisa Gallinaro, Fabiana Alloggia, and Giuliana Ferri. They dedicated many hours to planning and organizing every aspect of the gala. It also would not have been possible without the outstanding presence and solidarity of every woman at the gala. Finally, it would not have been possible without our Platinum Sponsors:

Airmetrics Energy Services Inc., Centurion Conference and Banquet Center, Davidson's Jewellers - Bonnie Favilla, Il Postino - Italian Community Center, Kelly Funeral Homes and Chapel, Laviolette Flowers and Wedding Decor Retirement-at-Home - Irene Donofrio Martin, Suite Dreams Home Emporium Unrefined Olive (Glebe) We are graciously thankful for the support of our many sponsors.

We will all look forward to next year's Filo gala taking place on March 6th at the Centurion Conference Center. The Filo committee encourages everyone to mark this date in their calendars and reminds them that tickets are still \$45.00. Pictures from this year's Gala can be viewed on our new Facebook page at www.facebook.com/Ottawa.womens.filo Until next year...alla prossima! Pictures on Page 16.

Il Postino is looking for writers...



- write about your community,
memories, opinions or tell us a
story

-write in English, Italian or
French

-send your articles and ideas to

ilpostinocanada@gmail.com

www.ilpostinocanada.com



Olga reading all the great articles in Il Postino

SUBSCRIPTION / ABBONAMENTO

Yes, I want to subscribe to twelve issues of **Il Postino**
Sì, vorrei abbonarmi a Il Postino per 12 numeri
\$20.00 Subscription Canada / Abbonamento Canada
\$38.00 Subscription Overseas / Abbonamento Estero

Name and Surname: / *Nome e cognome:* _____

Street: / *Via:* _____ Postal Code: / *Cp.:* _____ City: / *Città:* _____ Province: / *Provincia:* _____

Tel.: _____ Fax: _____ Date: _____

E-mail: _____

to / *intestato a:* Preston Street Community Foundation Inc., Suite 101 Gladstone Avenue 865, Ottawa, Ontario K1R 7T4

I prefer to pay by: / *Scelgo di pagare con:*
cash / *contanti* cheque / *assegno*
money order / *vaglia postale*

Easter at St. Anthony's Church, Ottawa, Canada



Italian Community Crucifix Procession La processione di Pasqua



ITALIAN NEWS

Un Bicchiere di Vino con Il Postino.... Lambrusco

Domenico Cellucci

This year winter does not seem to want to let go of its grasp over us. Nevertheless, spring temperatures will be here soon. With warmer temperatures, thoughts turn towards outdoor eating, picnics, bbq's, locally grown foods, etc.. In terms of which wines to drink, we tend to gravitate towards white and rosé wines. A reader recently asked me which wines I enjoy in the summer. In this month's column, I like to discuss a wine which in my estimation does not get enough press: Lambrusco.

Lambrusco has been mentioned throughout history. In ancient times, Virgil, Pliny and Cato commented on the volume of wine that this grape produced. Historical records in the 14th century have Andrea Baci chief physician to the pope, discussing the cultivation of this vine. Its name derives from the Latin labrum meaning edge, and bruscum meaning cultivated field. The Romans noticed that these wild vines often grew beside their farms.

Lambrusco is a wine and also a red wine grape. It is produced in diverse styles. It is grown primarily in Emilia-Romagna (in the provinces of Modena, Parma and Reggio Emilia) and some is also produced in Lombardia (province of Mantua). In fact, there are six varieties of Lambrusco: Lambrusco Grasparossa, Lambrusco Maestri, Lambrusco Marani, Lambrusco Montericco, Lambrusco Salamino and Lambrusco Sorbara. Of these six, the Lambrusco Salomino is the most common. Typically, most Lambrusco is produced in a slightly sparkling manner; which in Italian is referred to as frizzante. This is achieved using the Charmat process whereby secondary fermentation takes place in huge stainless steel tanks. Lambrusco can range from light to full-bodied. In terms of sweetness, it can range from sweet (amabile) to dry (secco). All of these factors are determined by the wine making practices and varieties of Lambrusco used in the different regions where it is produced.

If it is partially fermented the result will be sweet. A sweet Lambrusco can also be produced by blending it with the Ancellotta grape which in itself produces a sweet wine. Those of you that are a little older will remember a very sweet Lambrusco in the 1970's called Riunite. They had a very successful TV commercial ending with the phrase, Riunite on ice...that's nice! Millions of cases were sold back then in the USA. Unfortunately for Lambrusco, Riunite was labeled as a poor quality, overly

sweet fizzy wine. Today, with improvements in viticultural practices and winemaking in general, Lambrusco has improved in quality since the days of Riunite on ice!

What can one expect from this grape? Visually, the wine can be from a very light ruby red to opaque. On the nose you typically have very fragrant aromas varying from strawberry to floral. On the palate, given its sparkling nature, it is zesty, medium to high acidity, medium-bodied with fruity berry flavours. Typically the finish is slightly bitter. It is typically low in alcohol. Most are around 11% or lower which is just perfect for a summer picnic.

Speaking of picnics, this is a perfect picnic wine. The drier versions go well with grilled meats, deli meats and parmiggiano-reggiano cheese. The more fruity versions are perfect with strawberries or ice cream or on their own. A good example of the fruity version is the CHIARLI CASTELVELTRO LAMBRUSCO. It is light in alcohol at only 7.8%. This is available at the LCBO and is only \$9.95 a bottle. An example of a drier version of Lambrusco is CASALI BORGO DEL BOIARDO REGGIANO LAMBRUSCO ROSATO SECCO 2011. It is made with 50% Lambrusco Salamino, 35% Lambrusco Marani, and 15% Lambrusco Sorbara. It is also available at the LCBO at \$14.95 a bottle. This is a more complex wine than the Chiarli Casteveltro offering. It is more opaque in colour than the sweeter Lambrusco. On the nose, you have ripe cherries. On the palate you have a very balanced dry wine between its crisp

acidity and fruitiness. I loved it with pasta and fagioli!

Lambrusco in the last 10 years has made quite a comeback in foreign markets. Gone mostly are the days where the name Lambrusco meant sweet industrial type wines. With so many diverse styles, it is a wonderful food wine. I am sure that it will match well with the all the delicious foods that we will be enjoying at many Italian picnics this summer!

Salute!

If you have any questions or suggestions for future columns, please contact me at vinumbonumest@yahoo.com.

Domenico Cellucci is a wine consultant and educator and is a graduate of Algonquin College's Sommelier Program. He puts on food and wine matching events in the national capital area. He has visited wineries and vineyards in Italy, France, British Columbia, Ontario and the United States



When you're in a deep freeze we have all the heat you need!
AIRMETRICS INC.

• Heating • Cooling • Fireplaces
Commercial/Residential
24 Hour Service

www.airmetrics.ca
613.235.8732

Comfortmaker®
Air Conditioning & Heating

LOCAL

Memories of My Youth and the Tradition of Sunday Dinner

by Jerry Buccilli

From a very early age my parents instilled in me a deep love for food. For us, as with many Italians, food was a crucial part of our upbringing. It was sacred. Not to be taken for granted and always to be appreciated. If my mother put a plate of food in front of me it was best that I eat or else! Most of our family talks were focussed when we were at the dinner table. Often my two sisters and I would sit and eat and chat about the day’s events at school. Dad would tell his stories and mom would keep filling our plates. Sometimes my mom, who loved to introduce new things, would make something that as kids, we couldn’t yet appreciate, such as trippa (the lining of a cow’s stomach), but our parents made us eat because it was food, and it took hard work and time to make it, and because it was....sacred.

It wasn’t until much later that I began to study food and realized that I wanted to cook for a living. The traditions, the smells, the memories that cooking evokes for me is something I want to share with the world especially now when we’re at risk of losing those traditions as the “new generation” takes over and the older generation passes on.

The most important day of the week for our family was Sunday. Sundays were made for family gatherings. Mom would wake up early to make her famous meat sauce. She’d make the sauce out of the tomatoes Dad had picked the day before from his garden and she would use a mill to pass the tomatoes through. Always by hand. “Cooking by feel” I like call it now. Then she would labor over the meats.

Slowly braising the lamb shanks, the meatballs, always made with pork, veal and beef. No substitutions! Punto e basta! The smell of the meat simmering in the sauce that had been flavored with fresh basil and garlic.....it was amazing.

Often I would hear my dad sing to my mother while she cooked. It’s a very romantic memory but it’s true! Those were the best of days. To an eight year old kid it was kind of magical. Everything was perfect.

Then there was dinner. Everyone sat and ate. The men would tell stories or argue about soccer, the women would gossip (pettegolezzi) and the kids would eat and laugh and play. As I got older I began to respect the idea behind the Sunday table more and more. I learned a lot sitting there listening to the stories that were told about the old country - tales from my parents’ childhood. I began to respect my culture more and more. The pride I began to feel was shaped by my understanding of the sacrifices my parents and their fellow paeasani faced. Their struggles coming to a new country and carving out a niche for themselves. Making a home. Providing for their families.

As an adult I found that my love for tradition and love for food is best expressed through the act of cooking. Food should tell a story: where it comes from, what are the origins of a dish, and great food should invoke memories and emotions. The same types of emotions and memories I’ve shared with you. No matter where you come from. Everyone has a great memory of a meal they had or a recollection of their own family’s traditions and customs.

In the coming months, I hope to share with you more of my personal stories, recipes and opinions about the Italian way of life and my hopes are that in some small way you will revel and share in these stories, recalling something from your own life and maybe, just maybe you’ll pass that memory or story to someone else. Maybe you’ll write in and tell us about it. After all isn’t tradition about sharing?

Jerry Buccilli is a 2nd generation Italian living in Niagara Falls, Ontario. He lives with his wife and twin boys. He is the owner and operator of Zeppoli’s – Italian Comfort Food, a catering company specializing in regional, Italian cuisine. www.zeppolis.ca



Vacation Ideas: Beautiful St.Lucia

By: Priya Khosla (Ciliberto)

Many people take their time deciding which country or island they should visit for vacation. Good news! I’m here to help. As I have recently travelled to St. Lucia for vacation, I have nothing but great things to say about the island. Firstly, the resorts are wonderful, the beaches are nice and the people are friendly. Many beaches



offer multiple water sport activities, including kayaking, water skiing, paddle boating, banana boating and jet skiing. Some off resort water activities include snorkelling and scuba diving. And many of the resorts also have spas that offer facials, massages and chocolate mud baths.

If you are the type of person who enjoys engag-

ing in adventurous activities, there’s plenty of that to do on the island. Some of the things that are available include tours that take you around the vast majority of the island, allowing you to visit the main attractions. One tour in particular is called Cosol Tours. If you want to make the most of your day, then I would highly recommend booking an excursion with Cosol. The excursion is about 6 hours and takes you all around the island. Some of the highlights include visiting Sulphur Springs, where you have the chance to visit a collapsed volcano, and different waterfalls where you are able to swim, and of course St. Lucia’s national landmark, the Piton Mountains. They also provide you with breakfast, afternoon snacks and plenty of refreshments. The entire tour is breathtaking as the tour guide stops at different peaks on the island to allow you to capture the scenic view. More information can be found online. Other tours and activities that may be more appealing to some include a catamaran day sail, sunset cruises, zip lining adventures, shopping sprees, dolphin and whale watching, fishing, rainforest sky-rides as well as safaris.

One of the more challenging yet rewarding excursions they also offer is the opportunity to climb the bigger of the two mountains (Gros Piton). I can tell you from experience that climbing the 2690ft mountain is extremely strenuous but nonetheless gratifying. The view from the top is spectacular as you overlook the cities below and part of the Caribbean Sea.

Overall, St. Lucia is a beautiful and colourful island filled with culture, delicious food, great music and is a place that you won’t want to visit only once!



ITALIAN ECONOMY-CALO PROPENSITY SAVINGS INCOME FAMILIES DOWN -0.5% -2.1% and -4.8% DECLINE IN PURCHASING POWER: ISTAT DATA

“In 2012, the propensity to save of households is equal to 8, 2%, a decrease of 0.5 percentage points over the previous year. During the fourth quarter of 2012, seasonally adjusted, the propensity to save is equal to 8, 3%, with a decrease of 0.2 percentage points from the previous quarter and by 0.9 points compared to the same quarter of 2011. “ And ‘what emerges from the data released today by ISTAT. “In 2012, the disposable income of households in current values decreased by 2.1%. During the last quarter of the year it registered a reduction of 0.3% compared the previous quarter and 3.2% from the fourth quarter of 2011. Taking into account inflation, the purchasing power of households in 2012 decreased by 4.8%. During the fourth quarter it was reduced by 0.9 % from the previous quarter and by 5.4% compared to the fourth quarter of 2011. During 2012, the share of profit of non-financial corporations was 39%, a decrease of 1.1 percentage points compared to 2011. Fourth quarter of 2012 it was 38.5%, down 0.6 percentage points from the previous quarter and by 1.2 points compared to the same quarter of 2011. In 2012, the investment rate of non-financial corporations fell 20.5%, with a reduction of 1.4 percentage points compared to 2011. During the last quarter of the year it was 20.1%, unchanged from the previous quarter, but down 1.4 points percent in the fourth quarter of 2011.

ECONOMIA ITALIANA- CALO PROPENSIONE RISPARMIO FAMIGLIE -0,5% CALO REDDITO -2,1% E CALO POTERE D’ACQUISTO -4,8%: DATI ISTAT

“Nel 2012 la propensione al risparmio delle famiglie consumatrici è pari all’8,2%, con una diminuzione di 0,5 punti percentuali rispetto all’anno precedente. Nel quarto trimestre del 2012, al netto della stagionalità, la propensione al risparmio è pari all’8,3%, con una diminuzione di 0,2 punti percentuali rispetto al trimestre precedente e di 0,9 punti rispetto al corrispondente trimestre del 2011”. E’ quanto emerge dai dati diffusi oggi dall’Istat.

“Nel 2012 il reddito disponibile delle famiglie consumatrici in valori correnti è diminuito del 2,1%. Nell’ultimo trimestre dell’anno esso ha registrato una riduzione dello 0,3% rispetto ai tre mesi precedenti e del 3,2% sul quarto trimestre del 2011. Tenuto conto dell’inflazione, il potere di acquisto delle famiglie consumatrici nel 2012 è diminuito del 4,8%. Nel quarto trimestre esso si è ridotto dello 0,9% rispetto al trimestre precedente e del 5,4% nei confronti del quarto trimestre del 2011.

Nel 2012 la quota di profitto delle società non finanziarie è stata del 39%, registrando una riduzione di 1,1 punti percentuali rispetto al 2011. Nel quarto trimestre del 2012 essa è stata pari al 38,5%, in diminuzione di 0,6 punti percentuali rispetto al trimestre precedente e di 1,2 punti rispetto al corrispondente trimestre del 2011.

Nel 2012 il tasso di investimento delle società non finanziarie è sceso al 20,5%, con una riduzione di 1,4 punti percentuali rispetto al 2011. Nell’ultimo trimestre dell’anno esso è stato pari al 20,1%, invariato rispetto al trimestre precedente, ma in diminuzione di 1,4 punti percentuali sul quarto trimestre del 2011”.

LOCAL



**EVERYTHING YOU COULD WANT
IN ONE DELICIOUS STOP**

The Preston Farmers' Market!

We're bringing you the very best from your local producers: seasonal fruits and vegetables, fresh eggs, delicious cheeses, mouth-watering preserves, handcrafted treasures, and hard-to-resist treats.

OPENING

★ Saturday, June 15, 2013 — Italian Fest Weekend ★

9am to 2pm

Il Postino Parking Lot (corner of Preston and Louisa)

Join us every Saturday this summer from 9am to 2pm in the heart of Little Italy to stock up on everything on your list, and more!

Our festive and friendly atmosphere is the perfect place to enjoy a farmers' breakfast, listen to live music, and meet up with friends. Best of all, you'll be giving valuable support to local farmers & artisans.

Like Us On
facebook 

LOCAL

ST. ANTHONY'S LADIES AID THANKS FOR THE MEMORIES

World War II was over and men from all over the world were returning to their cities and homes for a time of peace. Ottawa was no exception Many men In the Italian community returned with a renewed spirit to create a Legion. One of these men Dominic Disipio, suggested to his wife Mary that the wives should also get together to form a group to support their men in this Legion effort.

In September 1948. approximately 10 women met this challenge However, for various reasons, the men's attempt to form a Legion failed but the spirit of the ladies endured. Since the ladles had no legion to support. Fr Jerome Ferraro of 51 Anthony's Church seized the opportunity He approached the women with the suggestion that they become a group with the mandate of aiding the Church, St Anthony's school and the Community. As more and more women heard about the group, their numbers grew The aptly named ST ANTHONY'S LADIES AID was born The first "Madame" President was Eleanor Menchlni Guzzo

The ladles started meeting once a month on Sunday afternoons but as most of the women were In the ir twenties with small children, this time frame proved to be impractical They later moved their meeting to Thursday evenings and eventually to the first Wednesday of each month

The once-a-month meetings became the high point of these young women's social lives The meetings were held at 9:00pm In order to accommodate their children's bedtime and would last until well after midnight Though the meetings were mainly held to serve their parish, school and community, a social network was formed where long lasting friendships were born. They supported one another as a sisterhood of neighbours and friends through births, deaths, marriages and personal strife. They had the added bonus of having an evening away from their domestic lives.

While most church groups met in the confines of the church, this group chose to meet In homier surroundings. The basement of Mary Disipio's home at 77 Norman St. became their new headquarters and was affectionately known as "THE CAVE" The name was coined by a visiting Archbishop from Montreal who attended one of their meetings. In his broken English he stated that he enjoyed meeting with the ladies in their cave The ladles loved the name and it stuck The ladles continued to meet in "THE CAVE" for 45 years setting up a roster as to who would set up. provide the coffee, fruit, bread and wash the china cups after the meeting. The meeting format In "THE CAVE" was formal in the early years The



"No woman was eligible for membership If she were divorced or separated In September 1993 they moved to the Church meeting room on Booth Street. Today, the Ladies Aid follows a constitution and continues to be governed by an Executive Most notable "Madame" presidents include Tina Costantini. Mary Stillwell, Viola Buccino, Lena Cuccaro (25 years), Ruth Licari, Jennie Prospenne and Marilyn Legari .



The Ladles were dedicated to their Christian values and Outreach Programs The group was steered In this regard by several Chaplains These were Fr Jerome Ferraro, Fr Andrew Carriere, Fr Marcel Brodeur and by chaplain Fr Paul McKeown The Chaplains regularly attended meetings and provided their guidance and prayers In support of the ladies' accomplishments . The annual St. Anthony 's Day procession was a big highlight The men who earned the Ladies Aid banner In front of the ladies always considered It to be an honour One of their benefactors, Lorne Kelly, carried that banner for numerous years A mural of "Lorne and the Ladies" can be seen under the Preston St overpass Another important person to the ladles was Angela Licari who was an avid supporter, friend and perennial guest speaker at their celebrations

As much as the ladles accomplished in outreach they also enjoyed each other's company Having grown In age and life experiences together, they socialized on many trips and events These Included a trip to St Joseph's Oratory in Montreal. a Centennial year trip to Expo '67 in Montreal, a visit to the Senior's Complex of Villa Colombo in Toronto, to Montebello to celebrate their 45th anniversary as well as shopping expeditions to Watertown, Syracuse and New York They celebrated many wedding and baby showers together A child of a Ladies Aid member was sure to get the infamous wedding gift of a "vacuum cleaner" Early on the ladles formed a bowling league at Queenston Lanes on Preston Street and later at the Kent Street Lanes For every celebratory occasion there was always food fun. laughter and reminisces as well as rewrites of old songs to be sung

While the Ladies Aid is now enjoying their 60th year together other anniversary celebrations have taken place over the years. The first was the 10th Anniversary in which a banquet and dance was held at the Convention Hall of Lansdowne Park. The next and most exciting was their 25th which took place at the prestigious Chateau Laurier. This caused quite a stir With the ladles who prepared for the big evening by forming a "Dieting Group" so as to fit into, what was for many, their first ballroom gown

Today, though the demographic around St. Anthony's Church has changed and the ladles may no longer be physical neighbours, they continue to share a 60 year bond as members of the Ladies Aid Some have been with the group for 55 plus years and many represent multi-generations. In 2008 there are 45 members some of which

group was governed by strict rules and adhered to by the Executive The Executive was comprised of a "Madame" President Vice-President. Secretary, Treasurer and Ways and Means Coordinator Some of the early rules were "A fine of 5 cents was payable for a missed meeting "Miss three meetings and you were "out"

are mother, daughters, granddaughters, sisters, and cousins May the sisterhood bond of Christian charity faith. good works Italian ancestry and fun continue as a reminder of all the Ladies Aid members who have gone before





Canadian Tenors finishing their Canadian Tour in Ottawa



Angelo and Rina Filoso with The Canadian Tenors



Mark, Drummer for the Tenors, Mary and Stefano Inneo



Fraser Walters, Victor Micallef, Remigio Pereira and Clifton Murray

What images come to mind when you hear the word 'TENOR'? Well chances are, after you hear the brand new album "Lead With Your Heart" from the exhilarating Canadian quartet 'The Tenors', your impressions of that word will be redefined, refreshed and enlivened.

In their short career, they have performed on The Oprah Winfrey Show (with Celine Dion), for Her Majesty The Queen during her Diamond Jubilee at Windsor Castle, the live broadcast of the 2011 Emmy Awards in Los Angeles, at the opening ceremonies of Vancouver's 2010 Olympics and for the NBA, MLB, and NHL All-Star Games. They have rubbed shoulders with presidents and prime ministers, princesses and even shared a private tea with HM The Queen. They have shared the stage with Sarah McLachlan, Neil Young, Paul Anka, Justin Bieber, Paul McCartney, Brian McKnight, David Foster, and Natalie Cole among others, in venues from Bangkok to London, and New York to Israel. They have been hailed as musical ambassadors and Canada's national treasure.

While those impressive achievements may help define them in the eyes of the world, they are only the wrapping on the greater gift The Tenors give every time they perform: the music that comes from deep inside them.

These four young men with amazing talent and incredible voices have come together to create music from their hearts. The Tenors originate from all over Canada and their roots are as diverse as their music.

They also play instruments on stage, and they are incredibly charming, funny and devoted to their philanthropic endeavours around the world.

"Lead With Your Heart" isn't just the title of their latest CD, it's their mantra as well. "Our music always comes from our hearts and reflects our lives, allowing our sensibilities and our life experiences to shine through," says Vancouver's Fraser Walters, who began performing professionally in theatre and opera at the age of 8.

Those sensibilities are a study in contrasts reflected by the music on the new album. World music, pop, opera, and folk all walk together in this artfully balanced collection, but the reason the mix works so well is that it comes not from some outside force, but the inner life of The Tenors.

"I studied classically, but was lead singer in a rock band growing up," shares Toronto-born Victor Micallef, (whose parents hail from Malta). "I have a sensitivity to both forms. We all do. We've always been eclectic and we love to show it. Dylan

to Puccini on one album? Sure, why not! Yes, that's a stretch, but it's who we are."

Remigio Pereira, a Portuguese Canadian who grew up in Quebec, continues on the theme. Growing up with my sisters I was obsessed with rock guitar legends like Eddie Van Halen and Steve Vai and I had long hair. When I was a kid, I used to pretend I was Ringo Starr, playing with toothbrushes on the sofa cushions. You take these things with you. We are all the result of the circumstances of our lives."

Port McNeill's Clifton Murray fills in another piece of the puzzle.

"From age 11, I was entertaining the guests each evening at my parents' fishing resort in BC. That's where I got my performance chops, singing with my father. All the great singer-songwriters like Roy Orbison, Jim Croce, Gordon Lightfoot... and Bob Dylan. When we sing his 'Forever Young' I'm reliving those days."

Another unique aspect to this "Tenor Band" is their songwriting ability. The Tenors have been anticipating the time to showcase their writing talents and they are proud to have four original songs written all or in part by them on this record. "This is not a decision we made lightly as we only wanted the best for the album," says Clifton. "Whether it was our songs or someone else's, the music always came first."

The Tenors have talent, power, courage, variety and youth on their side. But their final secret ingredient, the one that places them far out in front, is something they willingly admit to, but seldom discuss, (except obliquely) as when Murray says, "Music is the language of the soul."

Micallef tells a story that reveals a bit more.

"We were in Charlotte, North Carolina and at intermission, we were interrupted by a lady who came backstage in a wheelchair and said, 'Thank you all so much. I was going to give up today, but you've given me the strength to go on.' Those moments feed our creativity and remind us of the importance of what we are doing."

Pereira admits "We always huddle before we go on stage to get us into the same spiritual zone and we give that energy to the audience," and Micallef allows that "in a time when things are moving too fast, we all need food for the soul."

Walters brings it home: "A director we worked with once shared a very important anecdote with us. He said, 'At every show, there's someone out there for which this may be their first and someone out there for what may be the last time. So always be there for them and make it special.'"



Ottawa Welcomes the New Ambassadors!

Gian Lorenzo Cornado è il nuovo Ambasciatore d'Italia a Ottawa!



Giulia Cornado, Ambasciatore Gian Lorenzo Cornado, Governor General David Johnston, Martine Cornado.

Rideau Hall, Thursday, April 18, 2013

I would like to welcome each of you to Rideau Hall, the home of the people of Canada.

Each of us in this room represents not only different countries, but also different languages, backgrounds and cultures. We may have many things in common with one another on a personal level, but in general, it is our diversity that brings us together.

It is that very same diversity that allows us to come together today in the spirit of friendship and of pluralism. Pluralism is key, as engaging with our diversity is how our societies are able to evolve, particularly in our globalized world. His Highness The Aga Khan makes the argument that embracing pluralism can bring us closer to peace, which is so important in this age. He states that we can embrace pluralism through "tolerance, openness and understanding towards other peoples' cultures, values and faiths."



As you take up your new role in this country, I hope that you will have the opportunity to engage not only with Canada, but also with each other to foster a wider appreciation of our diversity. Ambassador Garmendía, I hope that you and your family

will enjoy your stay in Canada. As someone with international experience, you know the importance of diplomacy to expand ties and to create new opportunities. That is what you will be doing throughout your time here.

Cuba and Canada share many bonds, particularly as major commercial partners in the Caribbean. In addition, our people-to-people ties are strong, fostered both

by trade and investment, and by our exchange of knowledge. I know that your presence here will enhance our relationship even further.

Ambassador Moreira da Cunha, you bring with you a wealth of experience from around the world. No doubt you will find Canada to be a willing partner in a wide variety of fields. I hope that you will also be able to experience much of our country, especially the large Portuguese community in Canada.

Our two countries share a long history, based on common values, including human rights and democratic principles. That translates into a close relationship, one that continues to grow and evolve. We have so much to offer each other, and I look forward to discussing with you ways in which we can work together.

Ambassador Cornado, you have extensive experience working and living in North America, including here in Canada. The diplomatic experience you bring with you is a great asset that will give both Canada and Italy the opportunity to expand on already close ties.

Our two countries share so many links, based on common values, deep economic and diplomatic ties, and a very large Italian-Canadian community. In addition, I am pleased to note our close academic relationship, which allows us not only to exchange knowledge, but also to learn about each other.

Ambassador Abi-Samra, I am delighted that you are joining us in Canada, as I feel there is much we can learn from each other. Already, our two countries have a very strong bond, particularly with over 165 000 Lebanese-Canadians living in this country. Our connections make for a natural dialogue between nations. Lebanon and Canada, in fact, have much potential for partnerships and growth. I am confident that you will create new opportunities in Canada that will be mutually beneficial to both our countries.

Ambassador Okuda, I am pleased to welcome you to Canada, especially since you and I share a legal background. Canadians are ready to show you what our country has to offer, and I encourage you to take advantage of your time here. See the country and experience our people!

Already, Canada and Japan have such strong people-to-people ties, considering the connections that are flourishing through cultural and academic exchanges. Our bilateral and multilateral co-operation is robust, and I am confident that they will continue to expand during your time as ambassador. Once again, I am delighted to provide all of you with a warm Canadian welcome as you assume your new roles.



ITALIAN

INVESTIMENTI CINESI IN ITALIA - IMPRESE CINESI ATTIVE NEI SETTORI DELLA CHIMICA MOTO TESSILE E TURISMO

Quattro aziende già insediate e in cerca di personale, altre otto pronte a farlo. Aumentano le imprese cinesi che investono in Italia, in particolare con l'ingresso di alcuni big attivi nel mercato della chimica, delle motociclette e del tessile e con l'interessamento di grandi aziende del settore turistico.

“Questi investimenti – ha detto Domenico Arcuri, amministratore delegato di Invitalia – confermano l’efficacia delle relazioni che l’Agenzia ha intessuto negli ultimi mesi con il sistema imprenditoriale cinese, nei cui confronti stiamo accreditando il nostro Paese come meta ideale per nuovi progetti di investimento. Lo facciamo nella consapevolezza che la Cina possiede enormi energie finanziarie e industriali ed è un interlocutore di primo piano per l’attrazione degli investimenti in Italia”.

La società Chongqing Lifan ha fissato a Roma la sede legale della sua filiale italiana e sta programmando le prime assunzioni per avviare un’attività commerciale. Il Gruppo Lifan conta più di 13.000 dipendenti ed è leader cinese nella produzione di motociclette: nel 2008 ha fatturato 1,2 miliardi di euro e vende i suoi prodotti in cento paesi.

A Roma si è insediata anche Enhalor, attiva nel settore della chimica applicata all’agricoltura e tra le prime aziende cinesi nella produzione di additivi per mangime. L’azienda è pronta a creare partnership per svolgere attività di ricerca e per avviare attività produttive.

Il design legato all’abbigliamento è al centro dell’attività che Zhejiang Xiong-feng Holdings sta avviando a Milano, dove cerca personale per il suo nuovo ufficio operativo. L’azienda è un big del settore tessile e annovera tra i suoi clienti H&M, Zara e Mango.

A Bergamo, infine, sta cercando personale un noto marchio specializzato nella produzione di attrezzature e accessori per la sicurezza nelle attività sportive. Le assunzioni serviranno per curare il design dei prodotti, che poi saranno esportati in tutto il mondo.

“La costituzione delle nuove filiali italiane da parte di importanti società cinesi – ha affermato Giuseppe Arcucci, responsabile dell’area Investimenti Esteri di Invitalia – è stata possibile grazie alla nostra Agenzia, che ha supportato gli investitori nella fase di insediamento. Si tratta di imprese di grandi dimensioni per le quali la creazione di un braccio operativo in Italia, inizialmente con un moderato numero di dipendenti, è la premessa per un successivo sviluppo in termini di investimenti e risorse umane. Ne è un esempio Huawei, colosso mondiale dell’ICT, che si è insediato in Italia nel 2004 con pochi dipendenti e oggi ne ha circa 250. Pertanto questo è solo il primo passo. Resteremo al fianco di queste aziende per supportarle nei loro percorsi di crescita”.

Intanto Invitalia ha posto le basi per altri investimenti organizzando nei giorni scorsi a Roma, insieme al Doftec (Dipartimento commercio estero e cooperazione economica della Provincia di Guangdong) un incontro d’affari con otto importanti aziende cinesi interessate alle opportunità di business in Italia e ad avviare collaborazioni industriali. Tra esse il Guangdong Tourism Group Company, una delle più grandi aziende a controllo pubblico della Cina e molto attiva nel comparto alberghiero, e Guangzhou Textiles Holdings Limited, operante nel settore dell’abbigliamento e tra le prime 200 imprese cinesi per volume di esportazioni.

All’incontro, coordinato dal Consolato Generale d’Italia a Canton e promosso nell’ambito delle attività del Comitato governativo Italia-Cina, hanno partecipato, tra gli altri, l’Ambasciata cinese in Italia, il Ministero degli Esteri, il Ministero dello Sviluppo Economico, Confindustria, la Fondazione Italia Cina e la Camera di Commercio italiana in Cina.(24/07/2009-ITL/ITNET)

DIRITTI DEI CITTADINI - RICOSTRUZIONE ABRUZZO - DALLA COMMISSIONE EUROPEA 494 MILIONI PER L’ABRUZZO

Il Commissario europeo alla politica regionale, Pawel Samecki, ha confermato la proposta della Commissione di stanziare un aiuto di 493,7 milioni di euro a favore dell’Italia, in seguito al terremoto che ha distrutto la città de L’Aquila ed alcuni Paesi della Provincia.

L’8 giugno 2009, le autorità italiane hanno presentato una richiesta d’intervento del Fondo di solidarietà dell’UE. In linea di principio, il Fondo di solidarietà può intervenire solo a partire da una determinata soglia che, per l’Italia, è di 3,4 miliardi di euro di danni. I danni diretti causati dal sisma sono stati valutati a 10,2 miliardi di euro.

L’aiuto dell’UE servirà a finanziare i provvedimenti più urgenti: sistemazione provvisoria dei sinistrati, riparazione delle infrastrutture essenziali (centrali elettriche, reti idriche, strade) e lo sgombero dei terreni e dei villaggi devastati. Dall’intervento sono esclusi i danni privati.

Altre risorse disponibili

Il programma regionale dell’Abruzzo, cofinanziato dai fondi strutturali nel periodo 2007-2013 e dotato di un bilancio di 140 milioni del Fondo europeo di sviluppo regionale (FEDER) è stato modificato per indirizzare parte dell’aiuto verso la ricostruzione. 83 milioni di euro circa saranno perciò dedicati specificamente a provvedimenti a lungo termine, dato che la ricostruzione durerà probabilmente almeno 10 anni:

Ripresa delle attività economiche : aiuto alle piccole e medie imprese (PMI) in tutti i settori: ricostruzione edilizia e delle attrezzature, rimborso parziale delle scorte distrutte;

Riattivazione degli edifici pubblici della città dell’Aquila : infrastrutture, ricostruzione del patrimonio culturale ...

Coesione sociale e azioni a favore della gioventù : nel quadro di azioni a favore dello sviluppo urbano, le associazioni sportive e culturali saranno aiutate in modo da riuscire ad animare e a trattenere i 27 000 studenti che per la regione rappresentano un importante fattore economico;

Promozione del turismo nelle zone di montagna per ridare dinamismo all’economia locale.

Inoltre, a titolo eccezionale, la data limite per presentare alla Commissione le richieste di sovvenzione per il precedente programma dell’Abruzzo (2000-2006) è stata prorogata dal 30 giugno 2009 al 30 giugno 2010. (24/07/2009-ITL/ITNET)

LA BARZELLETTA DI INTRAGE

Marco Pironzio deve prendere il treno. Arrivato alla stazione, vede una bilancia parlante, su cui c’è scritto: - VI DIRO’ CHI SIETE E CHE DOVETE FARE. Che balle! Esclama, è impossibile, ma ora la metto alla prova. Infila la moneta dentro alla bilancia e si mette sopra. La bilancia parla: - Tu sei MarcoPironzio e devi prendere il treno delle 7:40. Azzeccatto! Marco Pironzio è sbigottito, e pensa fra sé e sé: adesso ti aggiusto io. Se ne va nei servizi igienici, apre la valigia, si traveste, rendendosi irriconoscibile,v a alla bilancia, di nuovo infila la moneta, e la bilancia pronta: - Tu sei Marco Pironzio e devi prendere il treno delle 7:40. Arrabbiato del suo insuccesso, va nuovamente nei servizi igienici, apre la valigia, si cambia nuovamente, prende la scatola del lucido delle scarpe, si fa tutta la faccia di nero, come anche le mani, ritorna alla bilancia, introduce la moneta e subito la bilancia esclama: - Tu sei Marco Pironzio e sei un fesso,perché il treno delle 7:40 lo hai perso’

St. Anthony's Church 100th Anniversary Dinner



November 3, 2013
Sala San Marco
Tickets \$100.00
613-567-4532

HISTORY

BERTONE: ART OF THE CARROZZIERE

by Petrolicious Productions

www.petrolicious.com

It's hard to believe now, but there existed a simpler time when people smoked in restaurants and weren't immune to knocking back a cocktail in the office before lunch. People were left to fend for themselves, think outside of the box, to dream big, and to create from those dreams. The coachbuilder was a saint amongst bishops in the automotive industry.

But along the way, something happened. To some it's known as the evolution of the automotive industry, which in essence is an extension of society's changing need for transportation. The dreamers became unfortunate pariahs whose work was to be curbed, and this heresy is no more obvious than in the current state of car design. For many today, the term "coachbuilt vehicle" likely does not exist. Economies of scale, mass-market sales and performance requirements, and the govern-

ment bureaucracy designed to keep everyone and everything in some sort of order has dulled a previously vibrant industry. Automobile manufacturing has replaced the injection of love in art and design on wheels with a strange blend of corporate product marketing and government regulations.

At the dawn of the 20th century in Torino, Italy, there were hardly any cars. Men who took pride in the craft of designing, fabricating

and building horse-drawn carriages from the ground up were known simply as Carrozzeri, the maker of the coaches. Their creations came out of small, loud, hot workshops in the industrial center of Torino. After a hard days work, they probably wolfed down a steak dinner every night with a bottle of wine before sinking into that dreamy state where great ideas encounter their first dose of reality. One of these dreamers was Giovanni Bertone, and after an apprenticeship at another coachbuilder, he set up his own shop in 1912.

Giovanni was exacting in his detailing work. He selected his own batches of wood at the lumber yards by pounding them with an iron stencil bearing his initials. He handcrafted every component to fit as harmonically as possible in the days before a computer-guided lathe could knock out an axle or spring with the effortless nature of a microwave perfectly heating last night's spaghetti and meatballs. As Giovanni passionately created, his name became synonymous with unmatched quality in the craft of coachbuilding. But times were changing, and horse-less carriages were beginning to line the streets of Torino. The automobile was clearly shaping up to be the future of transportation.

World War I devastated practically every industry in Europe, but once it was over, Torino soon became an epicenter for start-up automobile companies. Following in the footsteps of the horse-drawn carriage coachbuilder, automobile manufacturing companies started popping up. Many made a big initial splash on the scene, but soon went bust. Two pioneers weathered this whirlwind of new industry and would forever change the future for Bertone's Carrozzeria, they were Giovanni Agnelli and Vincenzo Lancia. Agnelli and his group of investors had established the Fabbrica Italiana Automobili Torino, or FIAT, in 1899 and grew to become the largest automobile manufacturer in Italy by 1910. Vincenzo Lancia was a successful racing driver and worked for FIAT. He was well-known in the coachbuilding industry and took a liking to Bertone and his work. As wood-working gave way to metal fabrication and integration of engines and their ancillaries like fuel tanks, lighting and gauges came to play a central-role in the new age of automobile manufacturing, Bertone's keen business sense lead him to expand his Carrozzeria to accommodate the large-scale manufacturing needs necessary to produce cars on a mass-market scale. FIAT and Lancia (under his own name) both contracted Bertone to build bodies for their cars, and by 1940, the Carrozzeria had moved to a larger facility, and expanded to building commercial vehicles. There was also a new kid on the block.

Giuseppe "Nuccio" Bertone was 19 years old when he first began working for his father Giovanni in 1933. The outbreak of World War II had again devastated all the major industries in Europe and automobile manufacturing was no exception. The Bertone Carrozzeria had stayed alive by filling orders for the military and some wealthy aristocrats also had Nuccio, now designing cars, custom-built bodies for their personal vehicles as well. After the war however, Bertone came back stronger than ever.

In 1953, Alfa Romeo contracted Bertone for the body on the Giulietta Sprint. This relationship with Alfa Romeo lead to the tantalizing, erotic, sexual, experimental BAT-5, BAT-7 and BAT-9. BAT stood for Berlinetta Aerodinamica Tecnica, roughly translated, it means Aerodynamic Technical Sedan. These 3-cars were built to explore the effects of aerodynamics and to learn how to best integrate them efficiently into modern cars. The aim was to cut the drag coefficient of the vehicles to as little as possible, but a byproduct of this goal was the styling. The psychology of the human brain associates beauty with something that looks as if it moves quickly. An eagle or barracuda is considered a beautiful creature because, for lack of better

understanding, it "looks faster" than a seagull or hippopotamus. The BATs became the eagles and barracudas of the automotive world. With only the type of inspiration that a coachbuilder can summon from his dreams, Nuccio Bertone had three consecutive automotive orgasms in the BAT cars. Hot off the success of the BAT cars, Bertone closed out the '50s with the Alfa Romeo Sprint Speciale, Aston Martin DBT2/4 and the Maserati 3500GT.

The swinging '60s ushered in more ground-breaking design at Bertone. Notable milestones were the relationship with Alfa growing stronger, the Maserati 5000GT, and a precarious relationship with Enzo Ferrari. While all of these were significant projects, perhaps the single largest accomplishment of the '60s was the bond Bertone forged with Ferruccio Lamborghini. In the Lamborghini Miura, Nuccio Bertone created what we now know as the world's first supercar. Further orders from Lamborghini trickled in and before the decade was out, the Espada had also become another Bertone hit for Lamborghini.

With momentum from the '60s behind them, Lamborghini and Bertone opened up the '70s with the somewhat down-market Jarama and Urraco. 1972 was a busy year, the Lancia Stratos, revolutionary in the world of rallying, helped boost Bertone's unique styling and manufacturing prowess into the world of racing. In that same year, Giovanni Bertone, the Carrozziere who founded the company, passed away at the age of 88. Although he had taken a more passive role in his later years, his inspiration and passion were still alive in the studio up to his final days. The Fiat X1/9 was also introduced. It was to be one of Bertone's most successful vehicles, and by the time production wrapped in 1988, 160,000 units had been built. In 1973, with big shoes to fill from

the Miura, the Lamborghini Countach was introduced. Bertone had taken on the monumental task of following up the first supercar with

yet another hit. The Countach is perhaps the single most recognizable Bertone creation ever and lives on in the hearts and minds of car enthusiasts as the benchmark for stunning supercar design. The '70s closed out with a unique, if not bizarre, relationship with Volvo. The rather conservative Swedish company, known mostly for practical and safe vehicles, contracted Bertone to restyle its 262 coupe. The Volvo 262C, and its successor the 780, boosted the car manufacturer's image worldwide by introducing an alternative to its bland, stick-of-butter-looking cars.

The '80s saw the X1/9 come under the Bertone umbrella completely. Fiat had dropped the car from their lineup and Bertone was now responsible for complete manufacturing and sale of the vehicles. Although it was growing old, Bertone continued improving the car until its final demise in 1988. Additionally, a relationship with Citroen was forged, which resulted in the BX family sedan. Although the early years of the company saw it making limousine bodies for the wealthy, in the past 40 years it gravitated more toward sensual coupe body styles. The BX was a refreshing return

to 4-door saloon cars, but this time, it was designed for the masses and went on to be a great seller for Citroen. The BX, and its successor the XM, proved once again that the ability to style a car to meet the demands of the customer was not lost on Bertone, and that their Carrozzeri roots were still firmly in place. Another notable partnership was forged with General Motors of Europe and resulted in the Opel Kadett Cabrio. GM was pleased with Bertone and the two continued their partnership with various models in their Opel Astra small car lineup.

Being at the forefront of styling was a Bertone staple, but experimenting with new technologies was becoming increasingly important. In the 1990s, the dream was still

alive and Bertone introduced the Blitz Barchetta, an electric concept car shown at the Torino Motor Show in 1992. The Blitz featured high-tech composite construction that both reduced weight and increased rigidity to go along with its electric powertrain. 1994, hot on the heels of the Blitz, the ZER or Zero Emissions Record broke the top-speed and 1-hour distance record at 304 km/h and nearly 200km respectively. In the Blitz and ZER, Bertone jumped out ahead of the rest by proving that it was at the forefront of not only groundbreaking styling, but also technology that would power vehicles into the future. But not all resources were dedicated solely to this feat, Bertone also took over complete manufacturing of the Opel Astra Cabriolet and Fiat Punto Cabriolet at their plant. The cars were now completely designed, built, quality-control tested and delivered to their clients' dealerships from the factory in Torino.

On February 26, 1997, Nuccio Bertone passed away. The company was taken over and run by his widow Lilli, continuing in the tradition of Nuccio's vision by providing clients with unmatched design and quality in coachbuilt vehicles. In 2009, FIAT took over Bertone's Grugliasco plant and diversified their services. Today, Bertone offers their services to not only the automotive sector, but in industrial design as well.



LOCAL

Smell something? It's national garlic month!

by Laura D'Amelio

www.anitaliancanadianlife.ca

April is National Garlic Month (well, at least in the United States). But I'm adopting in my house too. I LOVE garlic and if there's a way to add it into a recipe, I probably will. Look out for a garlic-filled recipe soon on this site!

I never thought much about my love affair with garlic until a few years ago when I read that the Toronto Transit Commission had an old rule on the books about garlic. What does the supplier of buses, subways and streetcars have to do with garlic? Well apparently, the old rule was this: It is illegal to ride a street car in Toronto on a Sunday if you have been eating garlic.

My mind immediately went to my Italian family. This rule had to have been made to address the many new Italian immigrants to the city in the 40s and 50s. My mother, even as a young girl, remembers riding the streetcar in downtown Toronto and being told by other riders that she stunk. In fact, she was told all Italian smell because they ate garlic, onions and other flavourful food.

Sadly, the stereotype that "all Italians smell like garlic" is still prevalent today (don't believe me? Google the phrase). And garlic's role in the rich/poor divide is shocking as well. This NPR story on garlic from 2007 outlines the plan of some Italian chefs to ban the bulb and brings up the historical stigma of using garlic. It suggests that garlic was introduced, or at least became heavily used, during a time of poverty in Italy as the poor added it to flavour the meager meals they had to live on. It's not surprising then, that many of the Italian dishes that have garlic are from southern Italy, where poverty was experienced widely, like pasta with garlic and olive oil, meat dishes where garlic flavours the oil and so on. Here's a quote from the story:

"There are lots of prejudices that people who eat and smell of garlic are second

class, backward, unsophisticated. It's a class thing for many people."

Many also maintain that the overuse of garlic in Italian cuisine is an Italian-American / Italian-Canadian construct. Southern Italians that immigrated to North America brought their love of garlic with them and in creating a North American version of Italian food featured garlic a little too much (as in the ever-popular garlic bread). Food snobs consider this a poor evolution of Italian food. To them, garlic is to Italian food what Snooki is to Italian-Americans.

Author Pellegrino Artusi explains some of the historical context of garlic as well in *The Art of Eating Well*:

"The ancient Romans left garlic to the down and out, while King Alfonse of Castil abhorred it to the point that he would punish anybody who dared appear at court with its odor on his breath. Wiser were the ancient Egyptians, who venerated it as a god, perhaps because they had discovered its medicinal qualities. Indeed, it's said that it provides relief to those suffering from hysteria, promotes the secretion of urine, bolsters the stomach, aids in digestion, and, since it cures worms, is a preventive against endemic and epidemic diseases."

For health benefits, I've seen a few older Italians pop whole cloves like pills (you can avoid the bad breath by not chewing them apparently) as a way to stave off colds and other maladies. They also encourage the use of garlic in pastas and other dishes for it's health benefits.

Who knew this ingredient I love so much had such a painful history, not just for it's smell but for Italian immigrants as well. Despite all this, for all the reasons to love garlic, it's still a regular in my house. Other than the stink, what's not to love? There's even poetry about it!



Interventions all they want, I refuse to lose interest in Pinterest

By Dosi Cotroneo

It has been brought to my attention recently that I have become addicted to the online photo pin board famously known as Pinterest, where one can collect, or "pin" photos that inspire, from do-it-yourself projects, to recipes, quotes, exercise, art, fashion, travel, and more. The family hosted a "preliminary" intervention during dinner the other night. I don't know about you, but the last place to discuss anything "important" or "concerning" would be at the dinner table of one large Italian family. My meal went down sideways that night my friends. I sat glued to my seat, glass of vino in hand, large crusty bun in the other, while each member of my household read aloud letters they wrote me, expressing their deep concern with the "Pinterest situation". Nonna opted to clutch her rosary, shout prayers, at times what sounded like curses, and the odd fist on the table and a few "per la Madonna's!" I found this theatrical performance fascinating, particularly since I was completely unaware that a "Pinterest situation" even existed.

Apparently, the family can no longer contain their frustration with the constant furniture arranging and rearranging, let alone the repurposing of items. "Why if I lost my eyesight tomorrow, I'd be a dead man in this house!" screamed the husband. "Nothing stays in the same place for 24 hours! Now tell me, what did you do with the sofa?"

Alright, alright, so maybe my infatuation with Pinterest has gone a little too far, but I never meant to cause my family such stress and strife. I don't understand it. I thought as a devoted wife, mother and daughter-in-law, I was just doing my "job" of making a house a home. Isn't that what the homemaker's creed is all about? So, maybe I did get carried away with a few Pinterest decorating ideas. For example, the post regarding "replace your powder room door with a bookcase" did add some tension for the family when visiting the main floor powder room. My carpenter son commented, "why on earth would you replace a bathroom door with a bookcase?" If you want a bookcase, I'll put up a bookcase, but why do we need to have a bookcase hinged to the frame of the powder room? How many volumes do you think we're going to read while we're in there?" To this comment, I had to bite my tongue, or rather, my fist.

My obsession with creating, and then recreating rooms in this house has driven my family to the brink of divorcing me. Should I be concerned? Hell no! I've always pictured myself in a lovely downtown flat, decorated to the nines with each and every beloved piece of shabby chic, country French inspired furnishings. The cats and I would fare very well I'm sure, and the children, Nonna and husband could visit – occasionally. Perhaps Pinterest hasn't been as detrimental to my life as the family has made it out to be. Or has it?

I must confess what used to be the dining room has been converted into a large

butler's pantry/ foosball table room. Where else am I supposed to put that table while the basement is under construction, and besides, Nonna and I spend hours on that thing. The former living room did see some days spent as a Victorian parlor, an office, and now it has been recreated into a lovely dining room. The laundry room started out as a laundry room, only to become a mudroom, an office, a shoe and purse closet, and has once again been resurrected to a laundry room.

"When will this insanity end?" shouted the husband. "Me-a too!" threw in Nonna for good measure. I suppose it was time to do as my Zen master suggested and look inward. Maybe the family was right. Maybe the post about "how to create a full-length mirror out of a door was what pushed these poor people over the edge. I thought the old basement door looked fabulous as an enormous mirror in the entry way. Just as soon as I find a post on "replace your basement door with something" I'll do it.

The family counselor looked bewildered as husband explained the situation. "Oh, now I get it! You took down a closet door and replaced it with a bookcase. Then you converted that same closet door into a large full length mirror that you decided to keep the lovely decorative knob on, and leaned it against the wall of your entryway. Now you musn't try to open that mirrored door as it leads to nothing but a wall, and it might fall on you, causing injury and seven years bad luck. Then, you turned salt shakers into a string of lights chandelier? Does this sound about right?"

"Of course, I replied. The old-school glass ones with the screw off top. All you need is an electrical wire and 6 to 12 saltshakers and voila! You have the world's most unique light fixture!"

"It's a stupid!" shouted Nonna. "If a she like a chandelier, go out and buy a chandelier! I no believe!"

Nonna threatened to meet her maker by tangling her rosary tightly around her neck, but thankfully her head was too large. This caused a bit of a kerfuffle and the counselor decided to call it a day due to a pounding headache, dry mouth and heart palpitations.

What became of the Cotroneo's and Pinterest? Things have worked themselves out quite nicely. Nonna now has her own Pinterest account and tons of boards with photos of her beloved Calabria and Sicily, not to mention her favorite – "one million uses for Mason jars." Husband and the young brood had me sign a contract that I would not rearrange the furniture or repurpose the existing furniture, doors, and windows under any circumstances. I signed it, but I was never one to believe in contracts. I mean, as an Italian wife and mother, all I want to do is make my family happy, right? Now, if only I could get somebody over here to help me carry this armoire from the kitchen upstairs into the bedroom, where it was in the first place...



LOCAL

MESSAGGIO DELL'AMBASCIATORE GIAN LORENZO CORNADO ALLA COMUNITA' ITALIANA

Carissimi amici della comunità italiana, questa mattina ho presentato le lettere credenziali al Governatore Generale del Canada, On. David Johnston. Attraverso questo importante atto formale è stata perfezionata la procedura per la mia nomina ad Ambasciatore d'Italia a Ottawa.

Sono molto grato al Governo italiano per avermi concesso l'onore e il privilegio di rappresentare l'Italia in Canada ed il Governo federale per l'accoglienza calorosa ed amichevole che mi ha riservato.

Conosco bene questo splendido Paese per avervi soggiornato già due volte, la prima, dal 1987 al 1992, in veste di Primo Segretario presso l'Ambasciata a Ottawa e la seconda dal 2000 al 2004 in qualità di Console Generale d'Italia a Montreal.

Quello del 2 aprile scorso non è stato quindi per me l'arrivo in una nuova Sede ma piuttosto un ritorno a casa e la riscoperta di una generosa terra dove hanno trovato ospitalità milioni di persone, provenienti da tutto il mondo che hanno portato qui il meglio del mondo dando vita ad un mosaico interculturale e ad un modello di società perfettamente riuscito.

Tra di loro oltre un milione e mezzo di italiani ha attraversato l'oceano per costruirsi un futuro contrassegnato da successi che hanno fatto della comunità italiana una delle più dinamiche, più integrate, più capaci del Paese; una comunità che ha dato un contributo fondamentale alla crescita del Canada ed alla sua affermazione tra i Paesi più avanzati al mondo.

Sono molto felice, inoltre, di ritrovare i connazionali di Montreal assieme ai quali ho vissuto, dal 2000 al 2004 alcuni tra i momenti più belli della mia carriera. Non vedo l'ora, poi, di incontrare gli Italiani di Toronto, Vancouver, dell'Ontario e delle altre province canadesi.

Proprio per questo, oltre ad ospitare il tradizionale ricevimento per la Festa Nazionale della Repubblica il 1° giugno a Ottawa, prenderò parte alle manifestazioni che avranno luogo a Montreal il 2 giugno e a Toronto il 3 per celebrare l'importante ricorrenza. Nei giorni successivi mi recherò inoltre a Calgary (6 giugno) e a Vancouver (7 giugno) dove mi auguro di poter incontrare molti di Voi.

Utilizzerò i quattro anni del mio mandato per portare l'Italia tra voi, per farvi sentire vicini al Vostro Paese di appartenenza o di origine e per esprimervi la mia ammirazione e la mia gratitudine. Ammirazione per la vostra straordinaria affermazione nella società canadese, gratitudine per il fortissimo legame che vi unisce da sempre all'Italia. Potrete contare su di noi: l'Ambasciata ed i Consolati italiani in Canada saranno sempre al vostro ascolto e a vostra disposizione. Saranno la vostra casa.

Sono certo che faremo grandi cose assieme: promuoveremo la nostra lingua e la nostra cultura in Canada, favoriremo rapporti sempre più stretti tra le imprese italiane e quelle canadesi, tra il mondo accademico italiano e quello canadese, avvicineremo ancora di più due popoli e due Paesi che sono - dobbiamo ricordarlo sempre - grandi Paesi amici, partner ed alleati.

Italia e Canada sono nati - come sappiamo - a pochi anni di distanza l'uno dall'altro, rispettivamente nel 1861 e nel 1867. Dopo aver celebrato il 150° anniversario dell'Unità d'Italia nel 2011, tra quattro anni festeggeremo il 150° anniversario della Confederazione canadese e questo ci consentirà di suggellare ancora di più i vincoli che uniscono Roma a Ottawa.

L'Italia e il Canada hanno lottato assieme per liberare l'Europa dal nazifascismo. Vorrei per questo rendere omaggio alle decine di migliaia di canadesi, molti dei quali di origine italiana, che hanno compiuto l'estremo sacrificio per portare la pace, la libertà e la democrazia nel nostro Paese e permettere alle nuove generazioni di vivere nel benessere e in sicurezza nei decenni successivi. L'Italia e il Canada hanno contribuito inoltre, assieme agli Stati Uniti ed agli altri Paesi dell'Alleanza Atlantica, a proteggere l'Europa dall'espansionismo e dal totalitarismo sovietico durante gli anni della guerra fredda.

Da più di 50 anni, infine, Roma e Ottawa collaborano in ambito Nazioni Unite per favorire la pace, risolvere le controversie internazionali

e porre fine ai conflitti nei teatri di crisi, grazie all'insostituibile contributo delle forze armate e della società civile. Senza contare che il Canada e la comunità italiana non hanno mai fatto mancare il loro sostegno alle popolazioni colpite in Italia da catastrofi naturali, l'ultima volta quattro anni fa in occasione del terremoto dell'Aquila.

E' questo straordinario patrimonio comune che dobbiamo far conoscere e valorizzare. E' questa partnership unica e privilegiata che dobbiamo ulteriormente sviluppare.

E' con questo spirito che vi do appuntamento nelle prossime settimane e nei prossimi mesi attraverso il Canada. Potrò così conoscere da vicino i luoghi dove siete cresciuti e Vi siete affermati, fieri delle Vostre origini e delle Vostre grandi realizzazioni.

Un caro saluto a tutti voi e alle vostre famiglie, in attesa di incontrarci o di rivederci presto.

Gian Lorenzo Cornado
Ambasciatore d'Italia
in Canada



The Older Adult Plan

By Mayor Jim Watson

In less than 20 years, the number of seniors in Ottawa will double. In that time, there will be more seniors than children under the age of 15 for the first time in our city's history.

This means even more seniors will be taking transit, visiting libraries and registering for recreation programs. It also means that our city will enjoy the priceless benefits of the skills and knowledge that come with older adults who volunteer their time in community activities.

Looking ahead, the key will be building an age-friendly city, one that puts issues that matter to seniors at front of mind. We need to set the right priorities to help older adults reach their full potential.

This is why the City of Ottawa has recently launched its Older Adult Plan, a set of actions that we will take to create a more age-friendly city.

It is the product of about two years of hard work and consultations with older adults and service providers. Our work began in 2011 when I hosted the Mayor's Seniors Summit at City Hall, which was a commitment I made in the last election. The event was the first in a series of valuable discussions about how the City can better serve older adults and how we need to plan for the future.

The Older Adult Action Plan commits the City of Ottawa to 74 concrete actions



over the next two years in priority areas such as outdoor spaces, transportation, housing, communication, recreation, civic participation and social inclusion.

For example, work has already begun on installing more accessible features in City facilities. We have also published an Older Adult Activity Guide to connect residents with recreation programs. You will soon start to see improvements made for pedestrian safety, access to volunteer opportunities and a wide range of other areas to enrich the lives of older adults.

This is just the beginning, but we are on the right track. In fact, we were recently recognized by the World Health Organization, which added Ottawa as a member of its Global Network

of Age-Friendly Cities.

If you are interested in reading the Older Adult Action Plan, printed copies are available by calling 3-1-1 or e-mailing seniors@ottawa.ca. You can also find out more by visiting ottawa.ca/seniors.



Art for Autism Sunday April 14th 2013



Liz Hrabowsky (with her painting 'Polywogs')



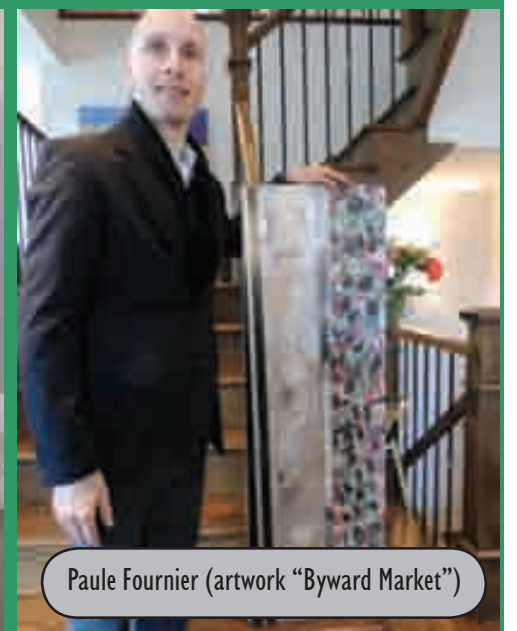
Doctor Len Chumak and Maria Angela, with Suzanne and David Jacobson



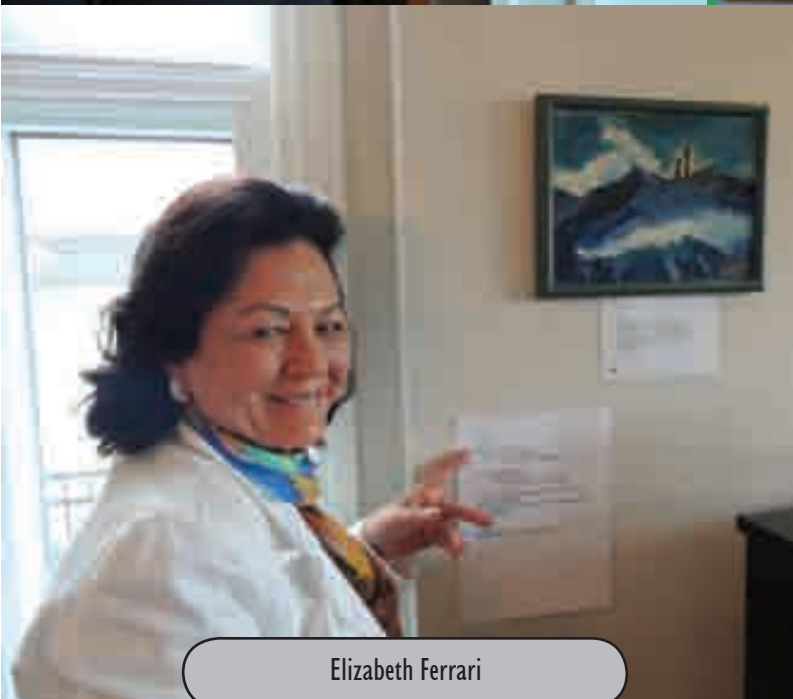
Pauline Fournier (artwork "Byward Market")



'Sunflowers' by Ingrid Wogrinetz was donated by Dr. & Mrs. Stewart Hum.



Paule Fournier (artwork "Byward Market")



Elizabeth Ferrari



Dr. Len Chumak, Rina Filoso, Dr. Taylor McGuire and Dr. Nalin Barghava

1st Art for Autism raises over
\$7,000 for the Ottawa Area Children
Thanks to Dr. Len Chumak and Maria Chumak

LOCAL

The Bearded, Brown-Robed Founder of St. Anthony's Church

Researched and written by Ariella DalFarra Hostetter



Rev. F. FORTUNATO

He sits in the place of honour at the front and centre of the photo surrounded by rows of men dressed in their rough Sunday best. This serious looking man, with a long black beard, round glasses and wearing the sack-like brown robes of a Franciscan monk, is Father Fortunatus O.M.C., a Capuchin priest. Out of respect, he would be seated front and centre, in any case, but on this occasion it wasn't merely a courtesy.

It's because the 1908 photo marks an important achievement by Father Fortunatus and a group of Italian immigrants. The reason can be seen in the photo's background. It's the modest chapel of St. Elizabeth on Murray Street in Lowertown, where, with permission from Archbishop Duhamel, he preached, officiated the sacraments and heard confessions in Italian.

In 1908 Father Fortunatus founded the Italian Mission of St Anthony's. Initially services were held at L'Eglise St François d'Assise and later at the Chapel of St. Elizabeth of Murray Street.

Padre Fortunatus had arrived in Ottawa shortly after his ordination two years earlier in 1906, at the age of 26. He had requested that he be sent to Canada as a missionary to work among Italian and Maltese immigrants and to teach mathematics and English at the Franciscan Seminary on Wellington Street.

Born Fortunatus Mizzi in 1880 in Malta, Fortunatus was a member of the influential Mizzi family. His father Dr. Fortunatus Mizzi was a lawyer and founder of the Pro-Italian Anti Reform Party and another family member, Dr. Enrico Mizzi, became Prime Minister of Malta. 2 Fortunatus's mother, Sophie Folliero de Luna was originally from France. Organizing was a family tradition. Father Fortunatus must have certainly been at ease with politicians and the elite of the church hierarchy.

In the early 1900's Ottawa was a small place. After his arrival Father Fortunatus would quite likely have been introduced to Bishop Donato Sbarretti, the Papal Delegate (the Pope's head honcho) to Canada and Newfoundland, and to Archbishop Joseph-Thomas Duhamel.

He would have been at ease in conversation with these men since Father Fortunatus was fluent in several languages including English, French and Italian³. The speed with which the congregation received permission from the Archbishop Duhamel to move forward with his efforts to organize a congregation within the Italian community shows that Catholic Church authorities had full confidence in this young Maltese priest.

Father Fortunatus's description of the founding of the congregation tells of no opposition, obstacles or difficulties in receiving the necessary go ahead. He does, however, speak of a young Domenico Nasso who had the temerity to interrupt him, during confession to ask if he would preach to members of the small Italian community at Easter time. Domenico thought that he could bring 15 men to Easter Sunday mass.

Father Fortunato first sought permission to preach in Italian from the head of the Franciscan Order in Ottawa. Reverend Father Sebastian advised him to "refer the matter to Archbishop Duhamel." No lowly mendicant would have been given the go ahead to speak directly to the Archbishop so easily.

Archbishop Duhamel, who never lost his concern for the common man and their need to worship in their language, replied to Fortunatus's request as follows: "I have been thinking of this for some time, and now that you ask me, I give you permission not only to preach to them but to baptize and to marry them, may our Divine Lord bless your Ministry."

The "them" who needed to be baptized, married and buried consisted primarily of recent immigrants who were beginning to put down roots in Ottawa. In 1911 the population stood at roughly 800 souls. With an average family size of 6 that meant

roughly 150 families. 4 In 1908 Father Fortunatus talks of visiting 125 families as part of his organizing task and of 150 Italians assisting at services on Easter evening. Ten times the number Domenico Nasso promised that he and his friends could bring out.

Making personal visits to these families, who were clustered in the ByWard Market area, Rochesterville and the Lebreton Flats, was a major undertaking. In looking at the evolution of the parish over the years, Father Fortunatus certainly laid the ground work for a church solidly based in the community it served.

For sure, in 1911 these parishioners were neither wealthy nor part of the Ottawa elite. By-and-large they were day labourers who worked at repairing Ottawa's streets. Entrepreneurs, among them, were fruit dealers with a few shoemakers and tailors. Those with highest standing the community were musicians, statue makers and marble workers. Only half could read and write.

In this young community, half were born in Canada. Much work performing marriages and baptisms lay ahead for Father Fortunatus. The hand-written parish register kept by Father Fortunatus from 1908 to early March, 1914 shows that he celebrated 220 baptisms, 46 weddings and 43 funerals. Most sadly, of the 43 funerals, 27 were for infants.

It was fitting that the last sacrament that Father Fortunatus celebrated at St. Anthony's church on March 16, 1914 was the marriage of Annunziata Crea and Domenico Nasso. His tenure as pastor to the Italian congregation had started with a cheeky request from Domenico and finished with celebrating his marriage ---- definitely not a likely coincidence. Father Fortunatus drew a long line in dark ink under this marriage entry in the parish registry and handed the care of his parishioners over to Father Prosperi of the Servite Order of Mary.

In 1913 Father had founded and was the first Pastor of the Italian National Parish of St. Anthony of Padua by then located at what is now the intersection of Booth and Gladstone Streets. In the spring of 1914 the parish passed into the care of the Servite Fathers.

Father Fortunatus continued to teach at the Franciscan seminary, left Canada in 1935 and passed away in Mossaic, France in 1945.



1 Portelli, John, P., Father Fortunato Mizzi's to Maltese Catholics in Toronto, CCHA Historical Studies, 67 (2001) 57-80

2 Cumbo, Richard S., A Brief History of Early Maltese in Toronto, Toronto: Maltese Canadian Society of Toronto Inc., 75th Anniversary Publication, 1922-1997

3 Church of St Anthony Ottawa Parish Register, handwritten records by Father Fortunatus are written in French

4 Hostetter, Ariella, analysis of the 1911 Census of Canada

Saint Anthony's Feast
Sunday June 9th 2013
Fireworks Candle light Procession
for more information 613-236-2304



CIPBA ANNUAL MEMBERSHIP DINNER



The Executive with Bob Chiarelli, Mayor Watson and Councillor Rick Chiarelli



The Villa Marconi Staff



John Saracino, Bob Chiarelli M.P.P.R and Corrado Nicastro

11th Annual Filo Gala Women in Education



The Favilla family and friends



Ita Cuccia, Fabiana Alloggia, Enza Baiamonte, Angela Ierullo, Bonnie Favilla, Lisa Gallinaro, Natalina L'Orfano, Irene Martin, Isa Truglia, (MISSING Silvana Timpson and Guilianna Ferri)

