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HOCKEY NIGHT AT THE OPERA



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Letters to the Editor

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AMBASCIATA D' ITALIA
OTTAWA

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Questa Ambasciata ha inviato, nei giorni scorsi, ai Presidenti delle Associazioni Italiane ed Italo-Canadesi della Circoscrizione di Ottawa una comunicazione riguardante la registrazione della propria Associazione presso il Registro istituito presso la Cancelleria consolare.

Insieme alla predetta comunicazione, si è provveduto ad inviare anche il modulo per informare l'Ambasciata del proprio indirizzo e-mail, con preghiera di massima diffusione presso i soci delle Associazioni ed i loro familiari e comunque presso i connazionali conosciuti.

I presidenti che non dovessero aver ricevuto tali comunicazioni, sono pregati di inviare una e-mail a consolare.ottawa@esteri.it, oppure di telefonare al (613) 232-2401 int. 216.

Si ringrazia in anticipo per la cortese collaborazione.

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- write about your community, memories, opinions or tell us a story

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Michael O'Byrne reading Il Postino at the Village Reunion

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HOCKEY NIGHT AT THE OPERA FOR OPERA LYRA AND THE OTTAWA SENATORS FOUNDATION

photos by Giovanni



The Santini Family



Mr. & Mrs. Richard Valente



Chief Charles Bordeleau & Mrs. Bordeleau



John Manconi table



Jeep Jeffries, Opera singers Armine Kassabian, Lara Ciekiewicz and pianist Judith Ginsburg



Jeep Jeffries & Tyrone Patterson



Dr. Len Chumak & Maria Angela Chumak, Mr. & Mrs. David Jacobson



Tao & Yong



Jessica Crouch and volunteers



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John Bassi with Co-Chairs Cyril Leeder and H.E. Gian Lorenzo Cornado

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LOCAL

Healthy Italian Food! The Best of Both Worlds

Author Fina Scroppi understands the challenges of balancing an extraordinarily busy work life and family life. Like other empowered moms, she fits a ton of activities into her day but despite all the chaos, at the end of it, she looks forward to sharing a home-cooked meal with the people that matter most to her. It's the reason why she produced *The Healthy Italian* cookbook.

The Healthy Italian is more than just a cookbook. What makes it extra special – besides the fact that it's packed with delicious authentic Italian recipes made healthy, pages and pages of mouth-watering photography and tons of tips to get meals on the table easier – is that this project is a personal passion. Growing up Italian, food has always been at the epicentre of Fina's life. Today, as a busy mom and passionate home cook, she leans on what she knows best – Italian food. But the challenge there has been to cook Italian healthfully without compromising taste, fit it into her day and feel good about serving those meals to her family. That was the seed for *The Healthy Italian*.

After more than two decades working as an editor and writer, Fina is merging her vast journalism experience with her love of Italian food and cooking. She is no stranger to successful bestselling books. Fina has also been a book editor for many book titles, including the blockbusters *The Looneyspoons Collection* and *Eat and Shrink & Be Merry!* by Janet and Greta Podleski, as well as *The Wealthy Barber Returns* by David Chilton.

Throughout the cookbook, you'll see glimpses of the personal connections Fina makes to this incredibly versatile cuisine through stories that will entertain as well as inspire readers not only to lead a healthier lifestyle but also to sit down and enjoy a delicious homemade meal with their families.

With *The Healthy Italian*, it has never been easier to enjoy a nutritious, mouth-watering meal with family. Every recipe includes captivating photography and at-a-glance icons so the home cook has instant information on preparing meals. Fina has paid particular attention to convenience in every recipe but, more importantly, she focuses on great taste – her family wouldn't have it any other way!

The Healthy Italian is a must-have resource for home cooks who are passionate about good food and nutritious eating. After all, it's about cooking for the love of food and family.

OTHER HIGHLIGHTS ABOUT *The Healthy Italian*:



From scrumptious pastas to fast frittatas to even decadent desserts, savor 150 authentic recipes just like Nonna used to make – only better for you! Here's just a taste of recipes on its pages:

- * Mom's Lasagna (*Lasagne della Mamma*)
- * Sicilian Pizza (*Pizza alla Siciliana*)
- * Italian-Style Meatloaf (*Polpettone Italiano*)
- * Rice Balls (*Arancini*)
- * Eggplant Parmigiana with Quinoa (*Melanze alla Parmigiana con Quinoa*)

- * Light Raspberry Tiramisu (*Tiramisù Light ai Lamponi*)
- * Chocolate-Pear Torte (*Torta di Cioccolato e Pere*)

The Healthy Italian is also packed with tips, make-ahead options, nutrition information, full-page photography and many surprises. Some of the highlights include:

- * Your favorite Italian dishes made healthy without compromising taste;
- * Recipes with good-for-you ingredients, such as whole grains, fresh vegetables, better fats, lean meats, lower-sodium broths and lower-glycemic options;
- * Vibrant, engaging pages that feature color photography for every recipe;
- * Attractive icons to give the home cook instant information on preparation, including labels like gluten-free, meatless, make ahead, 30 minutes or less;
- * A Healthy Italian Pantry section that helps you stock the essential staples for easy, healthy meal preparation;
- * Photo essays that celebrate the Italian heritage and inspire you to enjoy meals with the people that matter the most to you; and
- * Personal, heartwarming stories about the author's connection to food and family.

The Healthy Italian cookbook will be available in major booksellers across the country starting November 4, 2013. The suggested retail price is \$29.99 and it is available through major booksellers, including Chapters-Indigo, Costco and other bookstores.

The Ritual Making Homemade Tomato Sauce



You know it's that time of year when my family is making homemade tomato sauce. The garage floor is covered in a sea of red, the aroma of sun-ripened tomatoes lingers in the wind, and the garage is abuzz with the clanking of pots, the whir of the tomato-making machine and the occasional hollering of orders. It's a time-honored tradition my family has followed ever since I was born and over several generations before me. It begins with a trip to a local farm, where my parents and I source the ripest, plumpest San Marzano or Roma tomatoes, depending on the year's crop. Once the tomatoes have ripened, they're ready for their day. And it's an early one, with punch-in at 7 a.m. to ensure there's enough time to blanch more than a dozen bushels of tomatoes between my parents and siblings. Mom preps the spaghetti sauce – our makeshift factory – with stations: cutting, milling, cooking, filling, canning. We all take our place – even the kids pitch in for a short time until they realize the intensity of labor and slip away for more leisurely play. It's an exhausting day, but it's one we don't ever want to do without, despite the ease of buying canned tomatoes, despite the rising costs of bottling, despite the time involved in making sauce from scratch. But what we really don't want to let go of is a ritual that brings our family together and nurtures our already close bond, not only because we worked as a team to make a prized staple in our everyday cooking but also because we made the sauce for so many meals that will bring us together again and again.

LOCAL

The Perfect Meal for the Fall Season.. Lentil Soup

By Jerry Buccilli

Well fall is finally here. The leaves have changed color; soon they'll be falling off the trees. The temperature has changed too. Soon we'll have our first snowfall..... It's a beautiful time of the year.

Whenever I think of fall I think of soup. What better comfort food is there to warm the belly when you've been out collecting leaves all afternoon?

Around my house lentil soup in the fall and winter months is pretty much a staple and this is our classic recipe for lentil soup. It's been in our family for at least 50 years.

We try to use Casteluccio lentils. They don't need to be pre-soaked and hold their shape very well over the cooking process.

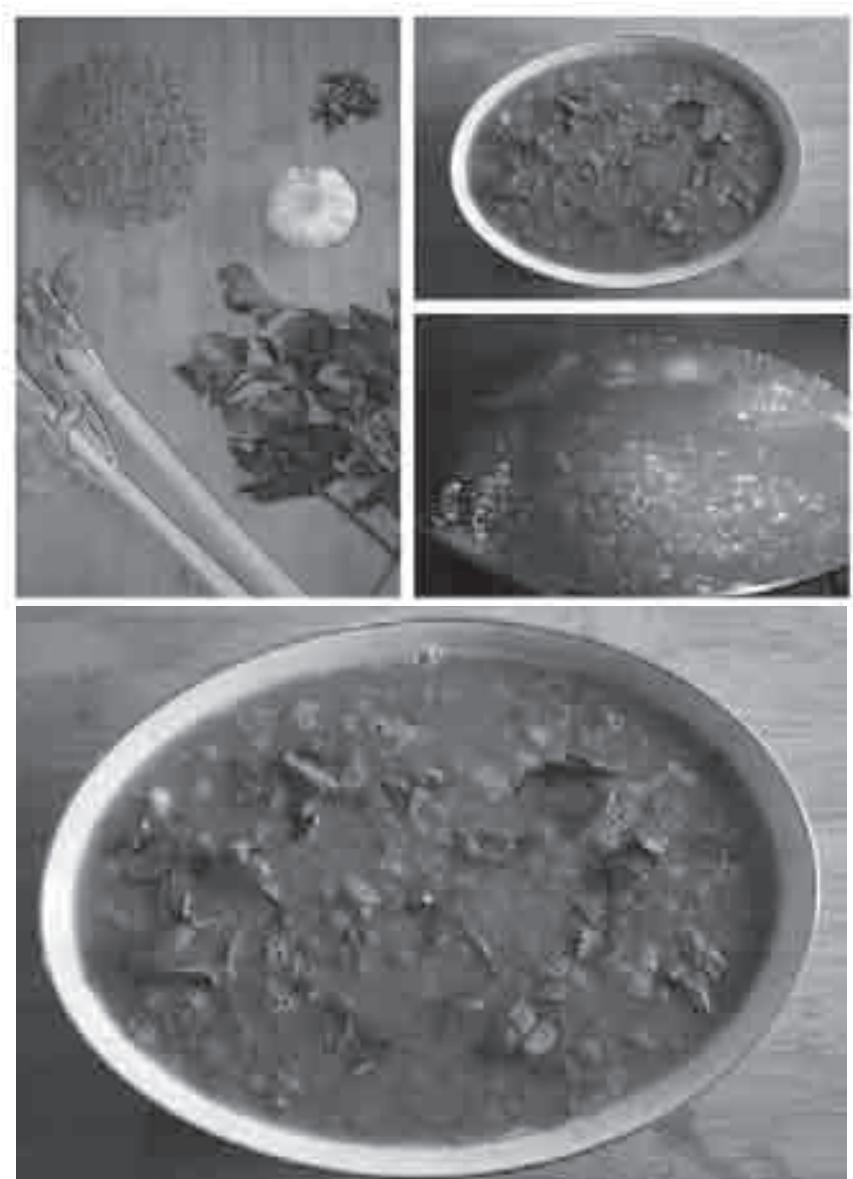
Hope you enjoy!

Ingredients

- 1 ½ Cup of Casteluccio lentils
- 1 White Onion, peeled and chopped
- 2 Stalks of Celery, chopped
- 2 Carrots, peeled and chopped
- 1 cup of chopped Italian Parsley
- 2 cloves of Garlic, crushed
- Extra Virgin Olive Oil
- 1 pinch of Crushed Red Peppers
- 1 cup of White Wine
- 1 diced, ripe Tomato
- Salt

Directions

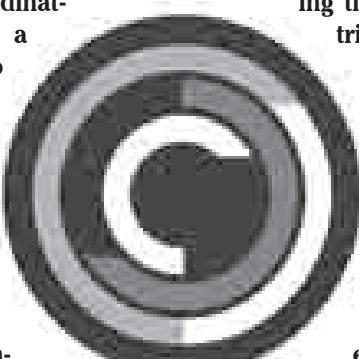
1. Heat some oil (about 2 tablespoons) in a Dutch oven or sauce pan over medium-high heat. Add the onion, celery, carrots, ¾ cup of parsley, and garlic. Reduce the heat to medium and add ½ cup of water. Stir until vegetables become tender. About 10 minutes.
2. Add the wine and cook until evaporated about 5 minutes.
3. Add another 2 cups of water and lentils and bring to a gentle simmer and cook until lentils are tender. About 30 minutes. Add water if it becomes too low.
4. When the lentils are done. Add a diced tomato and the remaining ¼ cup of parsley. Season with salt and drizzle with olive oil. Serve hot.



Why Play Matters: Social Rec Connect

Childhood is a time of trial and error, learning through play and school. This kind of interactive learning is why it's not surprising to find that children who are unable to play tend to do less well than their peers in academic settings. There are many programs in the City of Ottawa that are designed to let children play in a safe, supervised environment, but what about families that can't afford to sign their children up for these programs? And what about the families that don't know there are programs just a few blocks from their homes?

This is where Max Keeping, Craig Mackie and Derek deLouché come in, along with the United Way, the National Capital Region YM-YWCA, the Boys and Girls Club of Ottawa and Christie Lake Kids. Over the last few years, these groups have been coordinating the first stage of Social Rec Connect run to see if the program would run in Ottawa. The results have been spectacular, with 245 children enrolled in 705 different recreational activities in the past year, children who otherwise would have been unable to partake in these Rec program.



The program is sparked by the need of people within the City of Ottawa. Before the program was even initiated, 19 areas within the city were marked as priority neighbourhoods that required assistance, particularly with children. The hope is to give children in lower income areas a chance for a productive future rather than turning to crime to escape their circumstance – this is not a case where children do not want to take part in recreational activities, but a case where they haven't been given a chance. The Social Rec Connect program is what will give them that chance. The plan is to eventually roll this program out across the problem areas in

Ottawa in order to bring the community together to help children have a chance at a happy childhood, hopefully inspiring other cities across Canada to start up this program as well.

What marks the Social Rec program as truly different from other programs is the policy of active pursuit, where the purpose is to lower barriers that would prevent children from participating in recreational activities. Since there are multiple different barriers that exist from family to family in Ottawa, the Social Rec program goes to these families and informs them about the available programs. Often times the very first barrier is that families who would be interested in having their children partake in these activities do not know about these options. Other barriers include income, transport, as well as language and culture. To combat these problems, the Social Rec program will provide subsidies to the families, walk the children to and from the activities as well as accommodating

for language and cultural differences.

Since time is spent to learn

about each individual family and their needs, it is much harder to abuse the program, allowing the

money to be spent on families who are truly in need of assistance. Through partnerships with the city and each community, money is raised to make the program possible, proving that it takes a village to raise a child. Over the last two years, the Social Rec program was in a trial phase to assess the needs and feasibility of the program, allowing for the program to be perfected to best suit the families. It is now in the second stage of testing. This stage will be ongoing for the next three years to assess how sustainable the program is, with the hope to expand the program within the next five years if everything goes to plan. Given the results over the past two years, things are looking up for the Social Rec Connect program. With any luck, this initiative will be available to families across the country very soon.

social rec connect connexion loisirs

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ITALIAN

CHIARIMENTI SULL'ASSISTENZA SANITARIA E LEGGE ORGANICA PER GLI EMIGRATI CHE RIENTRANO TEMPORANEAMENTE IN ITALIA: LA MIA NUOVA INTERROGAZIONE

Francesca La Marca

E' un labirinto di norme succedutesi nel tempo, di leggi e decreti legge lacunosi e frammentari, di interpretazioni arbitrarie, di pratiche diversificate da Regione e Regione ma soprattutto di insufficienza e di incertezza del diritto. Sto parlando del sistema normativo e applicativo della tutela sanitaria a favore dei cittadini italiani residenti all'estero i quali rientrano per soggiorni temporanei in Italia. Nel dedalo di norme non è facile capire il tipo di assistenza sanitaria cui hanno diritto i nostri connazionali quando rientrano in Italia temporaneamente. Ho proprio presentato in questi giorni la mia terza interrogazione in questa materia (le prime due avevano a che fare 1) con la qualifica di "emigrato" per poter usufruire delle cure ospedaliere urgenti e 2) con i diritti degli italiani nati all'estero, nella speranza che questa mia iniziativa parlamentare possa servire perlomeno a sensibilizzare le autorità competenti a chiarire i dubbi da me sollevati e, sarebbe l'ideale, a predisporre una normativa più chiara e organica per beneficiare sia i soggetti fruitori dell'assistenza che le autorità erogatrici.

La contraddizione più evidente di cui ho chiesto il chiarimento nella mia interrogazione al Ministero della Sanità è quella che contrappone la legge istitutiva del Sistema sanitario nazionale, n.883 del 1978, all'ormai famoso decreto del Ministero della Sanità del 1° febbraio 1996 e alle informazioni divulgate nello stesso sito del Ministero. L'articolo 19 della legge n. 883, al comma 1, ci dice che "Le unità sanitarie locali provvedono ad erogare le prestazioni di prevenzione, di cura, di riabilitazione e di medicina legale, assicurando a tutta la popolazione i livelli di prestazioni sanitarie stabiliti ai sensi del secondo comma dell'art. 3.", e al comma 6 ci specifica che "Gli emigrati, che rientrino temporaneamente in patria, hanno diritto di accedere ai servizi di assistenza della località in cui si trovano". Il secondo comma dell'art. 3 della legge n. 883, succitato, ci informa che "Lo Stato, nell'ambito della programmazione economica nazionale, determina, con il concorso delle regioni, gli obiettivi della programmazione sanitaria nazionale. La legge dello Stato, in sede di approvazione del piano sanitario nazionale di cui all'articolo 53, fissa i livelli delle prestazioni sanitarie che devono essere, comunque, garantite a tutti i cittadini". Insomma, per tale combinato disposto, la tutela sanitaria in Italia dovrebbe essere garantita a tutti i cittadini italiani a prescindere dalla residenza. Il Decreto del 1° febbraio 1996 stabilisce invece che la tutela sanitaria a favore degli italiani residenti all'estero che rientrino temporaneamente in Italia, ancorché gratuita, sia limitata esclusivamente alle cure ospedaliere urgenti e per un massimo di 90 giorni, escludendo così dall'erogazione gratuita tutte le cure medico-generiche e specialistiche. Il Ministero della Sanità, nel suo sito, indica - senza fare riferimento a disposizioni legislative e quindi credo in maniera arbitraria - che i cittadini italiani che trasferiscono (o hanno trasferito) la residenza in uno Stato con il quale non è in vigore alcuna convenzione con l'Italia perdono il diritto all'assistenza sanitaria, sia in Italia che all'estero, all'atto della cancellazione dall'anagrafe comunale e della

FITTA AGENDA DI INCONTRI PER L'ON. FRANCESCA LA MARCA IN USA

La parlamentare del PD sarà presente alla riunione dell'INTERCOMITES USA, all'evento della NIAF e all'incontro promosso dal circolo del PD di Washington.

L'on. Francesca La Marca nei prossimi giorni affronterà una fitta agenda di impegni nella sua ripartizione elettorale, partendo dagli Stati Uniti e spostandosi successivamente in Canada.

Domani venerdì, infatti, parteciperà al pranzo offerto dall'Ambasciatore d'Italia in USA Claudio Bisogniero in onore dei Board Members della NIAF, alla presenza della seconda carica dello Stato, il Presidente del Senato Pietro Grasso.

L'indomani, in mattinata, parteciperà nella sede dell'Ambasciata a Washington all'annuale incontro dei presidenti dei COMITES degli Stati Uniti. Saranno presenti anche i componenti del CGIE del Paese nordamericano e i parlamentari eletti nella ripartizione.

La sera di sabato l'on. La Marca sarà ospite dell'evento che la NIAF organizza annualmente per salutare e dialogare con alcune eminenti personalità della vita politica, economica e sociale italiana. La giornata di domenica, sempre a Washington, sarà dedicata all'incontro con gli iscritti al locale circolo del PD e con i simpatizzanti del partito, un incontro per altro aperto a chiunque voglia intervenire.

In partenza per gli USA, l'on. La Marca dichiarato: "I prossimi giorni saranno per me molto significativi e densi di impegni perché mi permetteranno di conoscere interlocutori importanti per il mio lavoro parlamentare e politico. Nello stesso tempo avrò l'occasione di approfondire direttamente le tematiche di una comunità strategica come quella italoamericana, facendo tesoro delle indicazioni fornite dai presidenti dei COMITES e dei componenti di Paese del CGIE.

Il contatto con l'Ambasciatore e i suoi collaboratori e il dialogo con gli esperti della NIAF consentiranno anche di avere una più precisa visione dei rapporti dell'Italia con le autorità americane e con una componente sociale e culturale come quella organizzata e rappresentata dalla NIAF.

Sono contenta altresì - ha concluso l'on. La Marca - di poter avere nell'incontro promosso dal circolo del PD di Washington uno scambio di vedute sulla situazione politica italiana e sulle principali questioni riguardanti gli italiani all'estero. Il mio principale impegno in campagna elettorale è stato quello di continuare il dialogo con gli elettori e di costruire un'agenda di iniziative parlamentari con il loro contributo e con le loro indicazioni. In realtà, oltre a cercare di assolvere ai miei doveri di parlamentare, sto cercando di mantenere un impegno assunto direttamente con i cittadini italiani in Nord America".

iscrizione all'AIRE e ribadisce quanto disposto dal Decreto 1° febbraio 1996 e cioè che ai cittadini italiani residenti all'estero, titolari di pensione corrisposta da enti previdenziali italiani o aventi lo status di emigrato, certificato dall'ufficio consolare italiano competente per territorio, le prestazioni ospedaliere urgenti sono erogate a titolo gratuito e per un periodo massimo di novanta giorni nell'anno solare, qualora gli stessi non abbiano una copertura assicurativa, pubblica o privata, per le sudette prestazioni sanitarie. Insomma se da una parte la legge istitutiva del Servizio sanitario nazionale garantisce l'assistenza sanitaria (sia urgente che generica o specialistica) a tutti i cittadini italiani a prescindere dalla residenza (ed infatti a favore dei cittadini italiani che si recano a lavorare temporaneamente all'estero è stata predisposta una legge specifica, il D.P.R. n. 618 del 1980, che disciplina soggetti aventi diritto, tipologia e qualità delle cure), un'altra legge, il Decreto del 1996 e le disposizioni interpretative del Ministero della Sanità preclude agli stessi cittadini italiani residenti all'estero il diritto all'assistenza sanitaria in Italia. Diritto che tuttavia viene assicurato da alcune Regioni.

E' ovvio che questa confusione e questo vuoto legislativo devono essere in qualche modo corretti per non continuare a pregiudicare la certezza del diritto alla tutela della salute dei cittadini italiani che vivono all'estero e che rientrano temporaneamente in Italia, nel rispetto della Costituzione e della legge istitutiva del Sistema sanitario nazionale.

Nella mia interrogazione chiedo quindi al Ministero della sanità se non ritenga opportuno fornire chiarimenti sul significato dell'ultimo comma dell'articolo 19 della legge n. 883 istitutiva del Servizio sanitario nazionale precisando cosa esattamente intende il legislatore quando stabilisce che "gli emigrati, che rientrino temporaneamente in patria, hanno diritto di accedere ai servizi di assistenza sanitaria della località in cui si trovano"; se tale diritto - e la sua gratuità - debba essere, limitato solo alle cure ospedaliere urgenti per un massimo di 90 giorni così come stabilito dal Decreto 1 febbraio 1996, e se così fosse per quali ragioni, oppure esteso, come sembra più ragionevole, a tutte le prestazioni sanitarie ancorché solo per 90 giorni o meglio ancora senza limiti temporali; se il Ministero non ritenga giusto e necessario disporre che la residenza all'estero e l'iscrizione all'Aire non siano considerate condizioni preclusive all'iscrizione provvisoria al Servizio sanitario nazionale e/o del diritto dei cittadini italiani residenti all'estero di usufruire gratuitamente, se sprovvisti di assicurazione pubblica o privata, dell'assistenza sanitaria medico-generica, specialistica e ospedaliera urgente, durante periodi di soggiorno temporaneo in Italia; se infine il Ministero non ritenga urgente, utile e doveroso - a fronte dell'intreccio ambiguo e disorganico della normativa attualmente in vigore che disciplina l'erogazione dell'assistenza sanitaria a favore dei cittadini italiani non residenti nel territorio della Repubblica e del conseguente vuoto di tutela in contrasto con gli articoli 3 e 32 della Costituzione e con i principi ispiratori della stessa legge n. 883 del 1978, in base ai quali l'assistenza sanitaria va garantita a tutti i cittadini a prescindere dalla loro residenza, senza distinzioni di condizioni individuali o sociali - predisporre una normativa organica e chiara relativa alla tutela della salute dei cittadini italiani che risiedono all'estero, e che rientrano in Italia per soggiorni temporanei, in modo tale da garantire certezza del diritto all'assistenza sanitaria e uniformità di applicazione sul territorio nazionale (alcune Regioni prevedono una tutela sanitaria più ampia per gli emigrati), ponendo finalmente fine alle attuali disparità di trattamento (come ad esempio tra pensionati e "titolari" della qualifica di emigrato da una parte e cittadini privi di tali qualifiche o nati all'estero dall'altra oppure tra cittadini italiani che vivono in Stati convenzionati e quelli che invece vivono in Stati non convenzionati) e alle difficoltà interpretative delle norme da parte delle stesse istituzioni preposte alla tutela.

IMPORTANTE SVOLTA CON L'ACCORDO DI LIBERO SCAMBIO UE-CANADA

"Vorrei esprimere grande e sincera soddisfazione per l'accordo di libero scambio (CETA) che l'Unione Europea e il Canada hanno raggiunto negli ultimi giorni". E' questa la dichiarazione che l'On. Francesca La Marca ha dato dell'accordo raggiunto tra il Governo Canadese e gli organismi dell'Unione Europea.

"Si tratta di un atto significativo e importante poiché è la prima volta che la UE fa un accordo con un partner del G8. Esso dovrebbe comportare l'incremento di un quarto delle esportazioni europee verso il Canada e una positiva ricaduta in termini di reddito e di occupazione.

Desidero ringraziare il Presidente Letta che ha reso subito fruttuosa la sua recente visita in Canada, favorendo a livello europeo il superamento di alcuni punti irrisolti e dando un serio impulso alla stipula di questo accordo. Nei vantaggi che ne deriveranno per l'Europa vi sarà anche uno spazio interessante per il Made in Italy, con un evidente beneficio per la ripresa economica dell'Italia.

Questo primo passo fa bene sperare perché si possa arrivare a fare il secondo passo, l'accordo tra UE e Stati Uniti. La creazione di un mercato unico interatlantico costituirà un fattore di stabilizzazione dell'economia mondiale e un positivo impulso per tutti i paesi interessati".

On. Francesca La Marca

LOCAL

Local Artist's Work Chosen as Stamp for 2014

Easter Seals Campaign

Easter Seals International has chosen an illustration by award winning local artist Maria Saracino as an Easter Seals Stamp for the 2014 Easter Seals Campaign. The illustration is an acrylic piece titled "Orange Burst". Maria Saracino is a multi-media artist who is known for her figurative one-of-a-kind polymer clay sculptures and more recent polymer-on-stone relief sculpting.

Maria Saracino's "Orange Burst" was chosen in the Easter Seals annual art competition. Six winning artwork designs were selected and will be featured on the 2014 Easter Seals Stamps. Artists from the United States, Canada and Australia competed in this event. The winning artists will be featured on a stamp that will be distributed to over 19 million homes in their spring campaign.

The six stamps will also be promoted on their website from October 25-31 in a public vote to pick the Easter Seals Stamp of the Year. This lead stamp will be featured on blankets and other premiums throughout the year to raise money for people with disabilities. The lead stamp will be announced on November 4th. The public can vote on the Easter Seals website or by going to https://secure2.convio.net/es/site/SPageNavigator/ntl_2014_Lily_Seal_Vote.html?s_src=2014_lily_seal_vote_hp

Maria Saracino lives and creates her art in Ottawa. The first 18 years of her career were spent as a graphic designer. She discovered sculpting and polymer clay in the



mid 1990's and has received several awards and nominations for her work. Maria designed and developed a limited edition seasonal gift line and has appeared in countless art doll and figurative art publications in Canada and the US. Her work has been included in three museum exhibits. Regarding the Easter Seals competition, Maria stated "I am thrilled and grateful to

be chosen by Easter Seals in a medium that goes back to my initial art roots. It's exciting to be recognized by Easter Seals knowing that these stamps will raise funds to provide programs and services for people with disabilities."

Easter Seals, founded in 1919, is a non-profit organization, which provides programs, and services to help children and adults with disabilities achieve independence. Since 1934, Easter Seals

has been using decorative stamps to raise money and create awareness of its programs. Over the years, the stamps have transformed into the organization's logo -- the lily -- and have come to be known as Easter seals. Today, over 19 million households nationwide receive the organization's seals each spring. www.easterseals.com

Contact Maria Saracino

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About Artist Maria Saracino

www.saracincollection.com

www.mariasaracino.com

www.facebook.com/saracincollection

www.sculptureottawa.ca



Helping Kids with Physical Disabilities Succeed

Celebrate - we're getting older every day

By Dosi Cotroneo

The recent passing of yet another birthday got me to thinking - thinking about life, it is about time we rather than process. p l a s - p a s s - on their skin. For standing in front of their examining their pores and wrinkles, I have news at the plastic captured

In this world of Botox, fillers and tic surgery, many fear the aging of time and its effects those who are out there mirrors right now, kles, I have news at the plastic captured

This may sound bizarre, but I have always looked forward to my birthdays, and must confess, I was probably as excited for my 48th this month, as I was for my eighth. Sounds silly to some, but for me, I live for any reason to celebrate. Yes, it can get annoying for my family, my two older sisters in particular, especially when they are reminded some two months in advance about my impending celebrations. No matter how much they may frown and complain, I am grateful that I miraculously inherited the optimist gene from some relative way down the Italian family tree. I ask you: why can't people look towards each birthday as a gift in itself? You are alive another whole year - you get to eat cake, blow out candles, and if you get presents.

This enthusiastic outlook towards birthdays and aging resonated deeply during the recent funeral service of one beautiful young man,

whose life tragically ended at the age of 22. I found myself asking the dreaded question "why?" Why a healthy young person, who was a joy to be around, happy, and so full of life, while debilitated unhealthy, unhappy, despondent adults are sitting in hospitals and nursing homes just waiting for their turn to go? Sadly, this question has no answer, not while we are here and they are there, but someday, I am optimistic that we will know why.

In the meantime, I plan to celebrate not only my birthdays and the birthdays of my beloved family and friends, but every day for that matter. In fact, what if we paused for a second now and then to think about how about how every second, minute, and hour is a gift - even those seconds and minutes that feel like hours when we are stuck in traffic, trapped in the dentist's chair, or in the midst of yet another very long, drawn out boring conversation with somebody sitting next to you with horrendously bad breath? Hard to imagine, but if we really dissect time into microcosms of gratitude rather than a culmination of complaints about wrinkles, cellulite, the falling markets, traffic, in-laws, reality t.v., and the government, etc., people just may learn to feel happier, maybe even healthier, hence maybe even living longer.

So the next time you hear someone saying, "oh no, another birthday, I'm getting old" remind them of how blessed they are for being granted the gift of more time - more time to laugh, more time for friends, more dreams. Now that's something

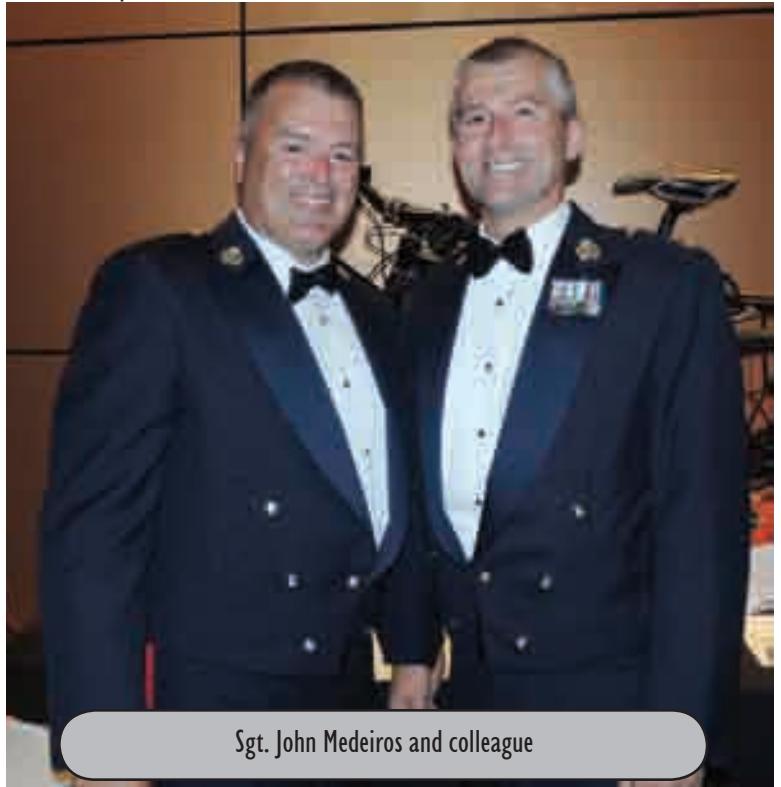


The Annual Ottawa Police Service Gala

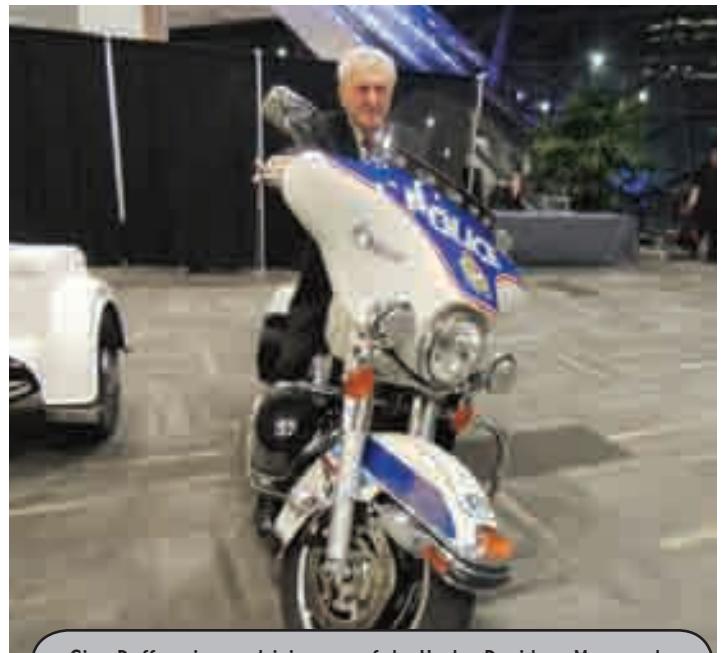
to benefit Christie Lake Kids October 19, 2013



Retired Sgt. Angelo Fiore and colleagues



Sgt. John Medeiros and colleague



Gino Buffone is test driving one of the Harley Davidson Motorcycles



Sgt. John Medeiros and guests



Sgt. Roger Giasson, Retired Sgt. Angelo Fiore, Police Chief Charles Bordeleau and Sgt. Atallah Sadaka,



Retired Sgt. Angelo Fiore and Colleagues



The Italian Canadian Community Centre Table

IL POSTINO

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\$2.00



Milan Club Fund Raiser



Executive Committee Members



Brent Francis, Nello Scipioni and Nabil



Carmine Mariani Family



President Eugenio Bubba with Alpini



Eugenio Bubba with Gino Milito



Executive Committee



ITALIAN

PAT SANTINI HONOURED BY VILLA MARCONI

Speeches by Lawerence Greenspon and Pat Santini

Pat was born in Italy and came to Canada, at the age of 12 1/2. He literally spoke no English as he entered Grade 7, yet 6 years later, in Grade 13, he was head boy at St. Pius X. When his family arrived in Ottawa, Pat, his parents and 5 siblings lived in a basement apartment on Irving Street on the outskirts of Little Italy. The 6 siblings shared 1 bedroom and 1 bed. Both parents worked to keep food on the table and Pat immediately took a paper route, the revenue from which he used to pay the tuition at St. Pius, the school he was determined to attend. That same determination led him on to university and law school at the University of Ottawa. After graduation from Law School at Ottawa U, Pat worked at Hughes Laishley, doing exclusively insurance law. He was later courted, wined and dined, not by his wife Leslie, but by Larry Kelly. Word out is that Larry Kelly spent more time recruiting Pat than he did recruiting Steve Yzerman and Doug Gilmour combined.

Pat has never forgotten his roots. He loves to visit his home in the little town of San Giovanni in Fiori in the mountains of Calabria and when he does he stays in the very home he grew up in. I can just imagine him sitting there in the evening with a litre of vino de casa. When I first spoke to Pat about introducing him he said, "Lawrence, you know me, warts and all but go easy on the warts." I said "Pat warts? Who knows you have any warts. By 9:30 in the morning you have a 5 o'clock shadow, who can see your warts?" While speaking to lawyers, judges, old law school classmates I received comments about Pat like: "he should be on the short list for canonization", "he's so exciting and controversial and daring... Not!", "he should be the main character in a book called 50 Shades of Beige" "I should tell you that I tried getting stories from many sources but the fact is that outside of his kids, his wife, wine, carpentry, athletics, music, soccer, law, community, playing guitar, travel and all things Italian, he doesn't really have any interests. In truth, he's boring.

Pat and Larry Kelly have built one of the most respected law firms in the country but I have to say that Pat has really got the travel bug. He has assembled a team of excellent people to replace him in his absences which are frequent.

Pat gets along with everyone in our court system, support staff, lawyers and judges - in fact one judge I spoke to, told me about a trip to Italy where the persuasive Pat managed to have the judge massaging his back on a daily basis, in a public place, restaurants, parks, and on street corners. Fortunately neither Pat nor the Judge were arrested. Pat is an amazing vinophile who believes "in vino veritas". Unfortunately he is in the process of drinking the terrific collection he has assembled over the years as he gets ready to move to the new condo.

Poor Pat having to drink all that wine. Any of you been invited to his cellar lately? So in the categories of wine, women and song, we've done wine, we'll move to song. Pat, if you don't know this, is an accomplished musician. He plays guitar and sings and if you get enough grappa into him HE actually thinks he's good. I've had the misfortune of hearing Pat insist on playing a guitar with 3 strings missing and the ones that were there, were out of tune.

Pat's adventures and interests have been supported by his loving wife Leslie for many years. Their dedication to their 3 very individual kids, Scott, Lauren and Adam is a model for us all.

Pat is certified by the Law Society of Upper Canada as a specialist in civil litigation. He is a guest lecturer and seminar leader in insurance law and trial advocacy at the University of Ottawa. He has been an Instructor for the Law Society of Upper Canada's Bar Admission Course for the Civil Procedure, Professional Responsibility and Advocacy courses. He is the Past president of the Risk Management Counsel of Canada.

In 2012, Pat received the Ontario Bar Association's Award for Excellence in Insurance Law and was admitted to the International Association of Defence Counsel.

I am very proud of my classmate and close friend Pascuale Santini. He has been a champion for those who face the challenges of Crohn's, Colitis, and Colo- rectal cancer, tirelessly raising funds for research and treatment of the 3C's.

He has enabled his law firm Kelly Santini to become one of the leading supporters of the Special Olympics. And his community commitment is reflected in the tremendous contributions made by each and every one of the lawyers at his firm.

As for Villa Marconi, I expect that now that Pat has picked out a condo on the top floor, he will continue his support of this residence. He has always been there to support the essential charitable work that is the lifeblood of our community. I am privileged to introduce you to my close friend, a terrific lawyer and most of all, a great human being.

In our current age of anxiety and uncertainty, I think of Italy, the land of la dolce vita, and it reminds me that the most important things in life are always close at hand, a home cooked meal, a glass of wine, the comfort and company of good friends and family, and that is all here tonight for me. Grazie mille, thank you so much for being here to support me and the Villa Marconi.

First I want to thank the organizing committee for granting me this great honour. It is very humbling for me to stand here and receive this knowing that there are so many worthy candidates, but I am happy that you chose me.

Second, I want to thank my wonderful and beautiful wife and family for the support they have given me all of my life. This is a testament to you and not just to me. It is a team award. And speaking of teams, I would be remiss if I did not mention the great support I have received from my partners, associates and staff at Kelly Santini. You have been there for me in good and bad times. Thank you. There are so many people to thank and for fear of forgetting anyone, you know who you are, and I thank you all.

I was taught early that when you are given the podium you should use the opportunity to make a difference. Today I want to talk to you about leadership in our Italian Community. The leadership of today and the leadership of tomorrow.

The great American author William Faulkner wrote that "tomorrow began 10,000 years ago", meaning that the seeds of today and tomorrow were planted long ago and that the leaders of today and tomorrow were groomed by their predecessors.

I consider our parents' and grandparents' generation the greatest generations ever in the world. Generations that fought wars and made peace.

Some may argue that to fight wars means they also created them, but that cannot be said of those generations. Those wars were brought upon them by tyrants like Stalin and Hitler. They were given no choice but to defend themselves and attack. And yet at the end of the wars even when they won they ensured prosperity for the losers by rebuilding their countries. Look at Japan and Germany today.

There is no argument that they were forgiving in success and that is what sets them apart from other generations and to me they remain the greatest generations ever. Our parents' and grandparents' generations had courage. The type of courage to move families 1/2 way across the world to foreign lands. The courage to sacrifice their old lives by leaving families and friends behind.

The type of courage to start new lives from nothing but the shirts on their backs and in many cases debts owed in the old country to finance their trips abroad. And notwithstanding these adversities they succeeded and not only made new lives, but successful lives for themselves and their children. Us. Which brings me to our generation. We are the beneficiaries of our parents' courage and sacrifices. We learned from them and I for one and many of you as well, maintained a connection to our old country because of them. Most of those my age were born and some were raised in Italy as I was, and this allowed us to maintain that connection to our roots, values and traditions. But the next generation that follows us and the one that follows them are farther removed from this connection. Most if not all were born here and their connection to Italy is vicarious through their family. Because of that distance they need to work harder to keep those connections. And that is where we come in. Our parents built places where our heritage and traditions could be celebrated. Places like St. Anthony's church, St. Anthony's hall and Villa Marconi. Places where they could gather to connect with their past and present. Our generation has heralded and nourished these places but we need to work harder and do more to allow our successor leaders of tomorrow to continue these traditions and allow them to flourish as our parents did with us.

I am truly honoured and humbled to have been considered a leader of our community today and to be part of a heritage that has honoured past leaders in many fields. Business leaders such as Luigi Mion, Mario Giannetti and our honorary Italian Lorne Kelly. Political leaders such as Bob Chiarelli and Julian Fantino. Medical leaders like Dr. Wilbert Keon, and last but not least my legal hero Mr. Justice Frank Iacobucci of the supreme court of Canada. My membership in this group is overwhelming and humbling.

These leaders infiltrated Canadian society with their courage, passion and commitment. They and our parents made it their responsibility to build the leaders of today and it is our responsibility to ensure we nourish and pave the way for the leaders of tomorrow. We've come a long way, but we still have a ways to go. But our future looks good with young people like the Giannetti and Frangione clan, the Mion clan, the Bassi's, the Russo's, the Filoso's, Lafelice's and the Cuconato's.

I see great promise ahead for our Italian community and we will be in good hands with them. Like our parents did with us, in them we entrust our community's future connection to our Italian values and traditions and we need to ensure that they know they have our continued support.

Io sono felice di essere nato e cresciuto in Italia, di essere italiano. Pero sono orgoglioso di essere diventato canadese. Questa combinazione di cultura del mondo vecchio, e la generosità canadese sono responsabile per l'uomo che io sono oggi. Un italiano-canadese che da credito alle due nazioni e culture. Una collaborazione tra il passato e il futuro.

Per questo devo ringraziare i miei genitori Francesco e Caterina Santini per i loro sacrifici. Senza il loro coraggio per avere fatto il lungo viaggio di venire qui in una zona straniera, non avevo le opportunità che ho avuto qui in Canada.

I cherish and respect my Italian heritage every single day. I wasn't just born into it or inherited it. I chose it as my own and I herald it daily. It sets me apart from others. It is a heritage that is carried on through our institutions like Villa Marconi and others. These institutions are not only gathering places. They are collectors, distributors and purveyors of culture, values and traditions.

Take Villa Marconi as an example. It not only houses and cares for our parents and grandparents, but recently it added the cultural wing, a setting that will always remind us and our successors of not only our past but of our future.

I urge our leaders of today to ensure our future with our leaders of tomorrow and instill in them the responsibility that our parents instilled in us to carry on what they started and make it even prouder and better. Membership in any society carries some responsibility and I for one will ensure that my children and grandchildren will foster and enhance what our previous generations started. We have a great community and our future is assured.

Grazie mille per questa opportunità di passare a voi un messaggio che è importante per me e per la comunità italiana, e grazie con tutto il mio cuore per questo grandissimo onore.

Thank you with all my heart for allowing me to pass on a message that is important to me and our Italian community. And thank you so much for granting me membership in this wonderful society of leaders. It is truly an honour and a privilege that is granted to few. I promise that I will not let you down. In fact I promise that I will make you proud.

Grazie mille and thank you.

VILLA MARCONI RAISING THE ROOF FUNDRAISER



Kelly Santini Table



John Laframboise Kelly Funeral Home Table



H.E. Cornado



Lawrence Greenspon Table



Villa Marconi Chefs



HONOURING PAT SANTINI



Preston Hardware Table



Lawrence Greenspon, Judge David Paciocco, Pat Santini, H.E. Gian Lorenzo Cornado and John Mion



CIBC Table



Pat Santini being awarded by Villa Marconi Executives



Italian Community Centre Table



Lawrence Greenspon introducing Pat Santini



Nick Cinanni with the Villa Marconi Long Term Care Staff

LOCAL

ST. ANTHONYS LADIES AID HIGH TEA CELEBRATION



LOCAL

Youth Jobs

Kathleen Wynne

Across Ontario, young people are struggling to find jobs. The unemployment rate for Ontario youth is 16.4 per cent and here in Toronto, it's even higher: 18.2 per cent.

To address this very real issue and the drag it is having on Ontario's economy, we have to stop trading in myths about what is holding our young people back.

The challenges this generation faces are not the result of entitlement or laziness. It's not because our manufacturing sector is dead or because there aren't great jobs out there that would allow young men and women to feel challenged and fulfilled. And young people with big ideas and big dreams do not have to stake their claim outside Ontario, as if success is possible in Silicon Valley alone.

Above all else, we must reject the notion that government cannot play a positive role in addressing youth unemployment. There is a conservative school of thought that believes slashing services and cutting programs is the pathway to economic success. But this does nothing to help our kids find jobs. And a misguided focus on austerity and short term thinking will not help Ontario expand its economic prospects, create jobs or tap into the amazing ideas, talent and enthusiasm of its population. If we really want to help young people find jobs, we have to provide practical tools that will help them navigate the realities of today's workforce.

For the last eight months, I have been travelling Ontario and I have met incredible young men and women who want nothing more than to follow their dreams and contribute to their communities. I have met students with innovative ideas that we can turn into our next big industries. I have seen young people with the talent to form the next generation of Ontario's skilled workforce. And I have marvelled at the vision of our young scientific and research community who are advancing discoveries that will benefit us all. And wherever I go, I also meet employers who need to adapt to today's marketplace. They have the capacity to grow but need the right kind of employees to make that possible.

Our agriculture sector is looking to train the next cohort of farmers and food

producers in Ontario; our manufacturing sector is alive and well, but needs workers with modern, high tech skills; and our knowledge-based economy continues to seek out new ideas and innovations that they can champion and finance.

There are great opportunities for success in every community of Ontario, and I plan to connect young people with these careers. That's why we've created a Youth Jobs Strategy, which we are launching today as a major component of our government's economic plan. This strategy includes four streams of support tailored to young people's strengths and to the needs of a 21st century economy.

Our Youth Skills Connections program will bring together business, labour and educators to address Ontario's skills gaps through innovative training programs. It will flow funding through industry specific and community specific streams, to offer a wide variety of opportunities.

Our Youth Innovation Fund will help young people with a passion for research and innovation find their way into the knowledge based economy. We'll be funding campus-linked accelerators and providing internship programs for graduate and PhD students, helping turn big ideas into big business.

And our Youth Entrepreneurship Fund will focus on young people who have the drive and desire to create companies of their own, providing high school outreach, mentorship and start-up capital through a variety of strategic programs.

In September, we began accepting applications to the first component of this strategy: the Youth Employment Fund. This program is focused on populations with high unemployment and works through Employment Ontario to create real world job opportunities.

So far, we have placed 1,226 young people in great jobs through this program, which is designed to create a total of 25,000 opportunities across Ontario. I don't believe in myths about entitled generations or cutting our way to success. Our province is home to so many talented people from all different backgrounds. I believe in them.

Budget 2014 - Lowest Rate in 7 Years

By Mayor Jim Watson

On October 23 we tabled our budget for 2014 with a proposed tax rate change of 1.9% - the lowest in 7 years. This marks the fourth consecutive budget that we have tabled since taking office that has decreased the tax rate change and keeps my 2010 election promise not to raise taxes more than 2.5% per year.

Budget 2014 is a fiscally responsible plan in which we spend prudently while continuing to make the necessary investments for the future of our city. One of these is the \$340 million Ottawa on the Move program that was approved in Budget 2012. This program is in the midst of improving our sidewalk, road, cycling, water, and sewer infrastructure across our city to ready ourselves for the coming of the Light Rail Transit system to Ottawa.

In addition to continuing this important funding, others highlights of Budget 2014 include:

A continued freeze on recreation fees, the Mayor and Councillors' office budgets, the Mayor's salary and garbage fees. The City will reduce its workforce again this year, this time by 55 Full Time Equivalent positions. No new debt will be added to the capital budget for 2014. Roll-out of "My-ServiceOttawa", an online account that allows residents and businesses to securely access multiple City services and information in one place. 24/7 Increased funding for the city's arts community and library services. Increase investment in cycling safety and facilities by \$2 million.

Continue Council's annual investment of \$14 million in the Housing and Homelessness Investment Plan. Invest an additional \$1.2 million to fight the spread of the Emerald Ash Borer and to increase forest cover across the city. Increase investment in Economic Development and Tourism by \$645,000 to attract more events and visitors.

As we crafted Budget 2014, I along with Council colleagues, visited 6 malls across Ottawa for consultations to hear from residents as to what they wanted to see included and excluded from the budget. We have also held three public consultations since tabling the budget with one more to come on November 7th from 7-9pm in Andrew Haydon Hall at City Hall.

These sessions have provided us with valuable feedback and you can also get involved by submitting your ideas for the budget by email to budget2014@ottawa.ca or on Twitter using the hashtag #ottbudget.

Thank you to those who have already taken the time to offer their input on Budget 2014 and I look forward to hearing from many more residents before the vote on the final budget takes place on November 27.

OPERATION RED NOSE OTTAWA

www.rednoseottawa.com

November 22, 2013 @ 10 a.m.

Billings Bridge Shopping Centre, 2nd Floor Food Court

Operation Red Nose (ORN) Ottawa will be launching its third year in service on Friday, November 22 and celebrating the 30 year anniversary of Operation Red Nose (Canada). Joining our mascot Rudy at the Billings Bridge Shopping Centre – 2nd floor food court will be City of Ottawa's Mayor Jim Watson and Councillor Mark Taylor. Members of the ORN Ottawa Committee will also be available to conduct interviews with regard to the 2013 service.

We hope that you can attend! Website updates are ongoing, please revisit often. Follow us on Twitter (@ORN Ottawa) for the latest news.

About Operation Red Nose (ORN) Ottawa

Since its launch in 2011, ORN Ottawa inherited its service from Opération Nez Rouge Outaouais – which as a courtesy had been serving the Ottawa area upon available resources. Over the holiday season volunteers will respond to phone calls from clients in the Ottawa area who feel that in some way they are not safe to drive home.

In its second year of operation (2012), ORN Ottawa had 10 nights in operation, 592 volunteers dispatched, 395 calls answered, travelled 17,963 kms and fundraised \$10,883 for the Boys and Girls Club of Ottawa.

About Operation Red Nose (Canada)

Operation Red Nose's safe ride service is confidential, free and contributes 100% of all client donations to local non-profit youth organizations. The service is not exclusive to motorists who have been drinking; it's also available for those who don't feel fit to drive because of fatigue or medication. An individual may use the services more than once during the course of an evening – either to get from one location to another, or simply to get home safe. The Operation Red Nose service will be offered from November 29th to December 31st 2013 in 106 host communities across Canada. This year, more than 58,000 volunteers will make this service possible across the country. If Operation Red Nose can celebrate 30 years of

successful activity, it's because of the exceptional community involvement of the volunteers from year to year since 1984. They operate from within their local headquarters as phone operators, dispatchers or by training other volunteers; or, by being on the road on a team of three volunteers including: the escort driver, the volunteer driver and the navigator. For more information please visit, www.operationnezrouge.com.

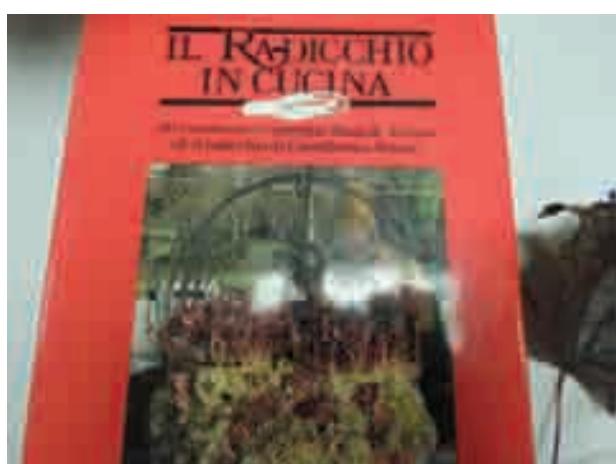
IL POSTINO

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Ottawa l'annuale Autunno Trevisano con Mostra del radicchio



di Luciano Pradal

Mi era arrivato da qualche giorno il giornale della Trevisani con un grande titolo in prima pagina: CANSIGLIO DAY nel 40 .mo dell' ATM e' qui la festa!

Ho mancato anche quest' anno questo importante appuntamento in Cansiglio, ho pensato! Mi sono sentito colpevole di non aver partecipato a questo importante evento pieno di dinamica Trevisana di livello internazionale! Mi riprendo da questo senso di colpa perche' stiamo organizzando qui a Ottawa l' annuale Autunno Trevisano con Mostra del radicchio.

Preparandomi all' evento la prima e piu' importante cosa che prendo e' "Il Trofeo Berton per il miglior radicchio". Lo prendo ed ecco che mi riporta indietro di 20 anni! Leggo i nomi dei vincitori....Quanti ricordi!

Poco dopo eccoci a Villa Marconi, mentre entro mi ricordo del "benvenuto sorpresa" che la Banda dei Vigili del Fuoco della citta di Ottawa ha dato ai "Nostri Trevisani" quando sono venuti a visitarci...Quanti ricordi! Ecco, siamo pronti all' Autunno Trevisano che si svolge nel pomeriggio, eh si molti dei nostri membri ed amici non guidano piu' alla sera ma ora eccoli la' felici di ritrovarsi per scambiare le ultime novita' qualsiasi esse siano, ed ancora una volta le amicizie si ritrovano, si rinnovano, si rafforzano.

La sala e' piena di luce, bellissima, i tavoli preparati con un dettaglio particolare, su ogni tavolo un bel vaso con dei fiori e delle bellissime,,,foglie di radicchio

Trevisano! Sparse sulle tavole ci sono anche le foglie multicolori d' acero, le foglie di radicchio e d' acero sono in sintonia per ricordarci che siamo in autunno, in sintonia per ricordarci che siamo Trevisani in Canada

Il tavolo della mostra con il Trofeo Berton, e' allestito, ci sono dei bellissimi campioni di radicchio, dico bellissimi! Il radicchio che ha conquistato il Mondo... come noi Trevisani che, con i nostri valori e saper fare abbiamo messo radici e ci siamo fatti valere in tutto il Mondo. La festa comincia, un buon pranzo servito dal personale di Villa Marconi e, naturalmente, un' ottima insalata...Con radicchio! La Presidente dell' ATM, Delia Dal Grande da' il benvenuto, presenta e ringrazia l' esecutivo per la collaborazione, altri comunicati di dovere e la festa continua.

La foto ricordo della festa e' di rigore ed ecco che tutti hanno posato nella gradinata dell' entrata di Villa Marconi e l' esecutivo con il radicchio ed il trofeo Berton. Dopo il pranzo molti dei presenti si danno al loro passatempo preferito, il gioco delle carte, altri invece preferiscono socializzare, sembra che non lo fanno mai abbastanza. Alle 5 del pomeriggio ecco che arrivano dei bellissimi vassoi con della squisita pizza, un' altra ragione per esprimere grande soddisfazione, per ringraziare gli organizzatori, Villa Marconi ed i presenti per aver partecipato all' Autunno Trevisano 2013

OTTAWA HISTORY OF THE ITALIAN CANADIAN COMMUNITY



OLD PROS 1938 - 1943

Standing, Left to Right:
Yip Radley - Hix Klima - Left Barron - Bill Cowley
Toby Daniels - Wendy O'Neal - Dev Smith
Front Row: Pat Quinn - Sam MacLennan - Roger Potvin - Louis DiCarlo



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The Italo Tiezzi Table



The 2013 Village Reunion Committee



Honouring Tony Lofaro



Special Award given to Ray Verdon by Jim McAuley

Village Reunion 2013



Ken Evraire Village Athlete of the Year



The Ottawa Firefighters Band Table



George Brancato retired coach of the Ottawa Rough Riders

