

# IL POSTINO

V O L . 15 NO. 10 JULY 2014 :: LUGLIO 2014

\$2.00



## La Festa Nazionale D'Italia

Italian National Day at the Amsassador's residence H.E. Gian Lorenzo Cornado.



## IL POSTINO

865 Gladstone Avenue, Suite 101  
Ottawa, On K1R 7T4 (613) 567-4532  
information@ilpostinocana  
www.ilpostinocanada.com

### Publisher

Preston Street Community Foundation  
Italian Canadian Community Centre  
of the National Capital Region Inc.

**Executive Editor**  
Angelo Filoso

**Managing Editor**  
Marcus Filoso

**Layout & Design**  
Laura Natalia Garcia

**Web Site Design & Hosting**  
Thenewbeat.ca

**Printing**  
Winchester Print & Stationary

**Special thanks to  
These contributors for this issue**  
Giovanni, Gina Marinelli,  
Domenico Cellucci,  
Jim Watson, Angelo Filoso.

**Photographers for this issue**  
Lucia Micucci, Luciano Pradal,  
Angelo Filoso, Rina Filoso,  
Giovanni.

### Submissions

We welcome submissions,  
Letters, articles, story ideas and  
photos. All materials for editorial  
consideration must be double  
spaced, include a word count,  
and your full name, address and  
phone number. The editorial  
staff reserves the right to edit all  
submissions for length, clarity  
and style.

### Next Deadline

July 22, 2014

Il Postino is a publication supported  
by its advertisers and sale of the  
issues. It is published monthly.  
The opinions and ideas expressed  
in the articles are not necessarily  
those held by Il Postino.

A Reminder to all advertisers. It is  
your responsibility to notify us if  
there are any mistakes in your ad.  
Please let us know ASAP.  
Otherwise, we will assume that all  
information is correct.

### Subscription rates

In Canada \$20.00 (includes  
GST) per year.  
Foreign \$38 per year.

©Copyright 2014 Il Postino.

All rights reserved.  
Any reproduction of the contents  
is strictly prohibited without written  
permission from Il Postino.

CUSTOMER NUMBER:  
04564405  
PUBLICATION AGREEMENT  
NUMBER: 40045533

# Letters to the Editor

## Time to shine some light on government

Dear editor,

It is said that sunshine is the best disinfectant, but unfortunately not a lot of light shines on our federal government these days.

Access to information requests are taking longer and arrive blacked out. Data is released in grainy photocopies, not electronically. Withholding information has become the default position. Information paid for by taxpayers is hidden from them.

Under my leadership, the Liberal Party has begun to reverse this trend and raise the bar on openness and transparency. A year ago we began publishing our own caucus' spending every quarter, which led to all-party agreement on the proactive disclosure of parliamentary expenses.

The next step is the introduction of the Transparency Act, which will improve openness not only in Parliament, but in our government.

Right now Canada's Access to Information Act is stuck in the 1980s. The Transparency Act will pull it into the modern era.

This Act will entrench in law that all government information must be 'open by default' and available in modern formats. It eliminates all fees for Access to Information beyond the initial \$5 request fee. It will initiate a review and modernization of the entire Access to Information system. It strengthens the mandate of the Information Commissioner by giving them the power to enforce information laws. And it ends the secret nature of the House of Commons' Board of Internal Economy.

These are first, tangible steps—within the limit of what can be proposed in a Private Member's Bill—that can be put into law this session. None are partisan. And all will be debated and voted on by all MPs in the fall.

The Transparency Act builds on the positive steps we have taken, and will be strengthened as I consult with Canadians and other Parliamentarians when travelling across the country this summer. I am convinced that by working together, we can achieve all-party consensus to pass this bill and bring a bit of sunshine back to our government.

Yours sincerely,

Justin Trudeau  
Leader of the Liberal Party of Canada  
613-947-5100 (Press office)

## Il Postino is looking for writers...



- write about your community, memories, opinions or tell us a story
- Write in English, Italian or French
- Send your articles and ideas to

[ilpostinocanada@gmail.com](mailto:ilpostinocanada@gmail.com)

[www.ilpostinocanada.com](http://www.ilpostinocanada.com)



### SUBSCRIPTION / ABBONAMENTO

- Yes, I want to subscribe to twelve issues of **Il Postino**  
*Sì, vorrei abbonarmi a Il Postino per 12 numeri*
- \$20.00 Subscription Canada / Abbonamento Canada
- \$38.00 Subscription Overseas / Abbonamento Estero

I prefer to pay by: / *Scelgo di pagare con:*

cash / *contanti*  cheque / *assegno*  
 money Order / *vaglia postale*

Name and Surname: / *Nome e cognome:* \_\_\_\_\_

Street: / *Via:* \_\_\_\_\_ Postal Code: / *Cp.:* \_\_\_\_\_ City: / *Città:* \_\_\_\_\_ Province: / *Provincia:* \_\_\_\_\_

Tel.: \_\_\_\_\_ Fax: \_\_\_\_\_ Date: \_\_\_\_\_

E-mail: \_\_\_\_\_

To / *intestato a:* Preston Street Community Foundation Inc., Suite 101 Gladstone Avenue 865, Ottawa, Ontario K1R 7T4

# Grazie all'Ambasciatore Gian Lorenzo Cornado



# The Other Coastal Trails

## MONTEROSSO, LIGURIA

Hiking the mountainside trails that run along the vast, turquoise Ligurian sea in the Cinque Terre National Park is a must. It's on most visitor's "bucket list", and this past year due to too much rain, portions of the Blue Trail (also called the "coastal trail," and officially "Trail #2") have remained closed between some of the villages.

Visitors are going home disappointed for no reason, as there are over 20 other trails that lace the region, winding up through the hills and vineyards, almost all with views of the sea below (it's wonderfully impossible to avoid).

Trail 6, for example, starts from the village of Corniglia and winds up through the mountains and wildflowers to the tiny settlement of Volastra. You walk on the sea, literally passing through the lush green vines of the local white wine that you will savor and appreciate much more as you arrive back down into the next village of Manarola.



Trail 10 takes you from the beaches of Monterosso to the top of its mountain, Punta Mesco, who looms in the distance in every photo. From here, the view over these 5 impossibly beautiful villages is truly breathtaking.

Trail 9 from Monterosso climbs up to the Sanctuary of Soviore, overlooking the town, then 8B winds you back down the hills on a trail that cuts through all of the greens and blues into the star of the show, tiny Vernazza.

The coastal trail being closed in parts doesn't mean you cannot hike from village to village. At the end of the day, they are all more or less "coastal" trails, and hiking some of these equally gorgeous and free other paths affords you a glimpse into the backbreaking history of cultivating the land of the Cinque Terre, all the while offering one heck of a view.

*By Christine Mitchell*

# Azienda Vitivinicola Fattoria Licia

azienda vitivinicola  
**FATTORIA LICIA**

*Le Passioni non finiscono mai*

Fattoria Licia di Villamagna is a winery that was founded in the 30's thanks to the intuition of grandfather Peppino, one of the first to planting of Montepulciano in Villamagna. The teachings of the father were handed down to children Filippantonio and Nicola who have implanted new varieties, like the Trebbiano, expanding the sales on the whole national territory.

Today Farm Licia of Villamagna is managed by Enzo de Luca, who on the solid foundations of tradition has managed to give life to a modern and dynamic company, attentive to the needs of the markets. THE farm extends for about 20has the hills close to the valley of the river Hole. In the soils exposed to the south are also cultivated the traditional vines: Montepulciano and Trebbiano, which in this region express precise characteristics of typicality, but also international varieties such as Chardonnay and Cabernet.

The key to the success of this winery Abruzzo is in family management combined with the use of modern technologies that allow the soft pressing of the grapes and the control of the temperature of fermentation, along with exams will continue to ensure quality in every step of the process.

# Un Bicchiere di Vino con IL Postino...



**Gina Gallo**

This month's column marks the final installment dealing with those men and women of Italian origin who contributed in their own unique way, to the appreciation of wine. This month, we travel once again to California and look at the contributions Gina Gallo has made to wine making.

If the last name Gallo sounds familiar, it should be. She is the granddaughter of Julio Gallo, of Ernest & Julio Gallo fame. The Gallo's trace their roots, like many of the first wave of Italians to California, to Piemonte. Their father Giuseppe, had a grape growing business. The young brothers saw the potential of wine making

in what was then, a part of the world where wine drinking was still a foreign tradition to many Americans.

The company we know today began in 1933. Through good times and bad (prohibition), the company faced many challenges and prevailed.

Today it is the largest family-owned wine business in the United States and the largest exporter of California wine. It owns wineries in the U.S., Italy, Argentina and Australia. Besides its own E & J Gallo Winery label, it oversees another 60 labels, including some of my favorite California labels: Louis M. Martini, Frei Brothers, Gallo Family Vineyards Estate, and MacMurray Ranch.

The Gallo brothers are no longer with us. Ernest passed away in 1997 and Julio in 1993 in a car accident. Their legacy and influence lives on however. Today, the company is run by the children, grandchildren and great grandchildren. One of the grandchildren that fell in love with wine making was Gina Gallo. After studying Physiology in San Francisco, she decided to enroll in a basic wine appreciation course at the University of California at Davis. She became hooked with the art of wine making.

After 6 months, she told her dad Robert, who in turn told her to see her grandfather Julio. He was very supportive of her decision at the time

to become a wine maker. Today, she makes all the wine making decisions for the Gallo Signature Series and Gallo Family Vineyards Estate while her brother Matt, has the responsibility of getting her the best quality grapes to work with. Many of those grapes are sourced from throughout Sonoma. For Gina Gallo, the land where the grapes grow plays the pivotal role in determining a wine's quality. The wines, Ernest and Julio Gallo made were affordable wines meant to be consumed every day. Gina Gallo has respected family tradition taking the quality element up a notch while still being affordable for all to enjoy.

At the LCBO, you'll find her wines under the Gallo Family label and Estate label. I would recommend the Gallo Estate cabernet sauvignon 2007 at \$39.95 a bottle. The grapes for this wine are entirely from Sonoma County and from only 2 vineyards: Monte Rosso and Barrelli Creek. The grapes were harvested and sorted by hand. According to Gallo, the grapes were cold soaked for 2 days to achieve maximum extraction of colour. With cold soak or pre-fermentation, berries are chilled to stop fermentation.

Many wine makers use this technique with reds especially, to extract colour and flavor. The cold temperatures will also eliminate any organisms which at warmer temperatures could spoil the wine. After the cold soak, the juice received 14-25 days of skin contact. These 2 processes

will become obvious when you take the wine home and see the dark violet colours.

This is an indication of the complexity that is to come with this wine. After primary fermentation was completed, it underwent malolactic fermentation. Which is not fermentation at all but a process whereby the wine maker converts the harsh acids to softer acids to achieve a rounder and smoother mouth feel in the future finished wine. The wine was then allowed to age in new French oak barrels for 22 months. This is a very rich wine. Full-bodied with smooth tannins.

On the palate, 2 things jumped out at me: the jamminess with mature fruit flavours at first than followed by spice and white pepper. Having spent 22 months in French oak barrels, vanilla flavours are present on the lengthy finish. It's a gorgeous wine! The alcohol by volume comes in at 14.5%. I would recommend placing the bottle in the fridge for at least 20-25 minutes to take a bit of the edge off the alcohol. Roast beef is an excellent match for this wine. The complexity of this cut of beef, needs a wine that has some weight and presence. This wine with its tannins and full-bodied weight can handle the richness of the meat. Enjoy!

Grazie e salute!

*-Domenico Cellucci*

# RAI goes on the fritz, as do my nerves

The following is an excerpt from my daily journal. A safe haven where I can reflect on the day in the hopes of releasing any stress the following events may have caused:

**Dear Diary,**

It had the makings of a perfect day. Breeze flowing through the open bedroom windows. Birds chirping in celebration of a spring finally arriving. The humming of neighbors mowing their lawns after months of dreaded snow plowing. Even with my eyes closed I could sense the warmth of sunshine. And then it happened. The telephone rang.

"Allo? Chi parla?"

Why I ask myself. Why do my parents always ask "Chi parla? Or Whose speakey?" Whenever they phone any of their three daughters. They know darned well it will be one of us answering our telephones, and at the very least, one of our children will be at the other end of the line! They say the only certainty in life is death and taxes. I can add one to the list - a phone call from my parents with yet another "emergency" on the day that I want to do absolutely nothing but lay in bed with the

windows open, enjoying the spring breeze and cheerful chirping of birds. It was not to be.

Today's emergency: one of their favorite cable channels from Italy - RAI is on the fritz! Judging by the banter going back and forth over their two rotary dial extension phones, there was more blame being tossed back and forth than a fuzzy yellow ball at Wimbledon! My mother was scolding my father for sitting on the remote control and my father was scolding my mother for dusting the big screen t.v. every ten minutes.

Good bye comfy bed. Good bye purring kittens. Good bye spring breeze flowating through my sunny window. Good bye chirping birds. Must go now. Mom and Pop are having a glitch with RAI again! Forty five minutes on the line with Rogers technical support, three trips to the nearest Rogers store later, one exhausting trip into Best Buy and Future Shop including an extended stay in the lineup at cash 3, and I was ready to seriously inflict some harm on myself. If only the family therapist would agree to see us just one more time. I could really use a session

right about now. Apparently she is on stress leave because "some Italian family" that her receptionist refuses to name, has driven her mad!

The Rogers tech support clerk who escorted me by the arm to my car tried tirelessly to console me. Turns out, it was mom and pop who made a haphazard call to Rogers shouting that they no longer wanted RAI. Something about, "no more RAI! No more RAI!" They concurred and cut RAI out of their cable bundle.

Reminds of the old saying, "cutting off your nose to spite your face."

Mom and Pop are resting comfortably in their side by side Lazy Boy recliners enjoying an afternoon of their now crystal clear RAI channel. I am in the kitchen biting myself and searching for the sharpest utensil I can find.

While dabbing a tissue to the drool pouring out of the left

corner of my mouth, I casually mention to them that I must be on my way now. I too have many things to take care, after all, I am a busy realtor now, and there my clients rely on me to deliver great service. I must make myself available to them at all times of the day or evening, and cannot continue to be interrupted with their daily "technical mishaps".

They didn't even turn their heads to make eye contact with me. A simple, "Please no speaking. Go sell a house now. Go! Okay, go. We watcha RAI. Go. Go. Pleasey. Zitto."

"Alrighty then! Another day in the life of the child of Italian immigrants....Who knows what tomorrow will bring.



*Dosi Cotroneo*  
BUYER SALES REPRESENTATIVE  
*for Jillian Jarvis "Love to hear from You!"*

**(613) 692-2555**  
Fax: (613) 692-0952  
1-800-387-2526  
jillianjarvis.com

**ROYAL LEPAGE**  
Gale Real Estate  
dos@rogers.com

*By Dosi Cotroneo*

# Italian Proverbs: Proverbi Italiani

A buon intenditor poche parole.

**English translation:** Few words to the good listener.  
**Idiomatic meaning:** A word to the wise is sufficient.

Buon vicino, buon mattino.

**English translation:** A good neighbor, a good morning.  
**Idiomatic meaning:** He who has a good neighbor has a good life.

Cane che abbaia non morde.

**English translation:** The dog that barks doesn't bite.  
**Idiomatic meaning:** His bark is worse than his bite.

Dare a Cesare quel che è di Cesare.

**English translation:** Give Caesar what belongs to Caesar.  
**Idiomatic meaning:** Give credit where credit is due.

È la gaia pioggerella a far crescer l'erba bella.

**English translation:** It's the merry drizzle that makes grass grow fine.

Fidarsi è bene, non fidarsi è meglio.

**English translation:** To trust is good, not to trust is better.

Gli estremi si toccano.

**English translation:** Extremes meet.

In bocca al lupo.

**English translation:** Into the mouth of a wolf.  
**Idiomatic meaning:** Break a leg!

La gatta frettolosa fece i gattini ciechi.

**English translation:** The hurried cat produced blind kittens.  
**Idiomatic meaning:** Haste makes waste.

Meglio un giorno da leone che cento da pecora.

**English translation:** Better one day as a lion than a hundred as a sheep.

Non dire quattro se non l'hai nei sacco.

**English translation:** Don't say four if you don't have them in the sack.  
**Idiomatic meaning:** Don't count your chickens until they hatch.

Non fare il male ch'è peccato; non fare il bene ch'è sprecato.

**English translation:** Don't do evil because it's a sin; don't do good because it's wasted.

O mangiar questa minestra o saltar questa finestra.

**English translation:** Either eat this soup or jump out this window.  
**Idiomatic meaning:** Take it or leave it.

Paese che vai, usanza che trovi.

**English translation:** The country you visit, the customs you find.  
**Idiomatic meaning:** When in Rome, do as the Romans do.

Quando finisce la partita, i pedoni, le torri, i cavalli, i vescovi, i due re e le due regine tutti vanno nello stesso scatolo.

**English translation:** When the chess game is over, the pawns, rooks, knights, bishops, kings, and queens all go back into the same box.

Rosso di mattina, il mal tempo s'avvicina.

**English translation:** Red sky in morning, sailors take warning.

Siccome la casa brucia, riscaldiamoci.

**English translation:** Since the house is on fire let us warm ourselves.

Tra il dire e il fare c'è di mezzo il mare.

**English translation:** Easier said than done.

Uno chi fa il letto deve trovarsi in esso.

**English translation:** One who makes his bed must lie in it.

Val più la pratica della grammatica.

**English translation:** Experience is more important than theory.

## Information session on former Domtar Lands set for June 24 in Ottawa

### Gatineau session to take place in the fall

The City of Ottawa and Windmill Development Group are inviting the public to attend a community information session on plans for the former Domtar Lands, Tuesday, June 24 from 5:00 p.m. and 9:00 p.m. at the Canadian War Museum.

Given the location of the property, two municipal jurisdictions are responsible for the rezoning of the lands: the City of Ottawa and la Ville de Gatineau. Each jurisdiction has different development application processes and requirements for public consultation. The Ville de Gatineau public meeting will follow in the fall after the City's technical review is completed and will be the third community information session to be held on the project.

"We are very eager to meet with residents and stakeholders and to hear their thoughts on the plans we presented in April," said Jona-

than Westeinde, co-founder of the Windmill Development Group. "We were blown away by the number of people who attended our first consultation in December. We hope to see a similar level of engagement this time around."

Through historically and environmentally sensitive redevelopment, Windmill, one of Canada's greenest developers, plans to build the world's most sustainable community on the Chaudière and Albert Islands, and downtown Gatineau riverfront.

The event is open to media.

#### Key facts

- Windmill Development Group signed an agreement to purchase the Ottawa and Gatineau lands from Domtar on December 4, 2013.
- A first public consultation was held at the Canadian Museum

of Civilization on December 11, 2013.

- Windmill's development applications were submitted to the City of Ottawa and Ville de Gatineau on April 22nd, 2014.
- Additional information can be found on the City of Ottawa's website at [ottawa.ca/devapps](http://ottawa.ca/devapps) under 3 or 4 Booth Street.

#### Naming contest

The public has until midnight on June 30th to submit name suggestions for the new community. To submit a name, visit the contest page or attend the public consultation meeting.

The winner will enjoy a one-week stay at one of Windmill's luxury Whitewater Village cottages.

#### About Windmill

Windmill is a visionary company dedicated to transforming conventional

development practices by ensuring that exemplary ecological, social and financial returns are achieved in all their projects. Every Windmill development is conceived, designed and constructed to protect and enhance the local community and our ecosystem. Windmill is the only developer in North America to have achieved LEED Platinum on all its mixed-use projects. Completed projects include The Currents, a performing arts centre and modern condominium tower in Ottawa's Wellington West neighbourhood, and Dockside Green, a model sustainable community in Victoria that was named one of 16 Clinton Climate Initiative Climate Positive developments.

#### Contact:

Annie Boucher  
Fuse Communications  
613-863-3702 (voice or SMS)  
[boucher@fusecommunications.ca](mailto:boucher@fusecommunications.ca)  
@aboucherfuse

# A NEW STADIUM PLUS A NEW PRO SOCCER TEAM.

Rewinding the clock to July 9th 2006 when the Azzurri won the FIFA World Cup and thousands of "Tifosi" were celebrating up and down Preston Street, those same thousands of passionate soccer fans now have a local team to cheer for as well: the Ottawa Fury FC.



The newest expansion team in the 10-team North American Soccer League (NASL), Ottawa Fury FC will play its first home match on Sunday July 20th at the newly renovated 24,000 seat "TD Place" football stadium on Bank Street. The Fury's opponent on July 20th will be the famed New York Cosmos, champions of the 2013 NASL Soccer Bowl final.



"What better match for our fans on opening day at TD Place than to host the New York Cosmos," says Ottawa Fury FC President John Pugh, as he goes on to frankly acknowledge: "The Cosmos are the most storied franchise in North American soccer history as the past home of internationally revered stars such as Pele', Italian striker Giorgio Chinaglia [from Lazio], Carlos Alberto, and Franz Beckenbauer.

Their legendary star power is reflected in their current roster with former Spanish International Marcos Senna who featured in the 2006 FIFA World Cup and also captured the European Championship in 2008."

Finally, Ottawa's Italian community can boast of having a world-class soccer stadium to enjoy watching top-flight soccer. A significant percentage of players in the NASL have previous experience at the pro-club level from various leagues around the world, while

some players have played for the National team of their respective countries. The Fury's head coach Marc Dos Santos took advantage of his international connections to acquire quality players from every corner of the globe, including 3 talented players from Brazil.

Ottawa's soccer fans will appreciate the new features and perks at the new TD Place Stadium such as wider seats, a giant video screen to watch replays, a broader menu selection for snacking during the game, and more restaurants to choose for a post-game meal.

Our Italian community can be proud of the fact that we have 2 players of Italian origin on the Fury's 23-man roster. Tony Donatelli, midfielder for the Fury, is a "italo-americano" from Pennsylvania whose relatives originate from Naples and Calabria. Marcello De Bellis, the Fury's back-up goalkeeper, is an italo-canadese whose relatives are from the town of Toritto in the province of Bari. De Bellis previously played in Italy's "Serie B" for Ascoli.

Sunday July 20th 2014 will be a memorable and historic day for Ottawa's dedicated soccer fans who are expected to swarm the new stadium in large numbers. "You can't help but smile when you think about the fact that our Ottawa Fury FC will take the field...it's been a long time coming, but it's finally happening" says Ottawa Mayor Jim Watson.

For ticket information, the Ottawa Fury's ticket office can be reached at (613)232-6767 or by e-mail: tickets@ottawafuryfc.com

The Fury's official website is www.ottawafuryfc.com

*By: R. Antonio*

# FIFA Women's World Cup Canada 2015

**Tickets on sale 10 September - Draw to be held in National Capital Region, 6 months from today**

Soccer fans in the National Capital Region will get an early sample of the excitement that comes with the FIFA Women's World Cup Canada 2015™, 6 months from today, when representatives of all 24 teams will come here for the draw. The announcement was made by Peter Montopoli, Chief Executive Officer of the FIFA Women's World Cup Canada 2015 and Ottawa Mayor Jim Watson at Ottawa City Hall today.

Draw activities will take place in both Ottawa and Gatineau with the Official Draw itself to take place at the beautiful Canadian Museum of History on Saturday 6 December 2014.

The announcement was made at Ottawa City Hall in a ceremony to mark the one-year countdown

to the FIFA Women's World Cup Canada 2015™, which will kick-off on 6 June 2015.

Mayor Jim Watson unveiled the official One Year To A Greater Goal™ countdown clock, which will remain in the main foyer of Ottawa City Hall. "Ottawa fans are excited about soccer and thrilled to know that the best women's players in the world are coming to our new stadium," said Ottawa Mayor Jim Watson. "When people come by City Hall they can get their picture taken with the countdown clock and show their support for women's soccer."

Nine matches will be played at the new Lansdowne Stadium over six dates. During the group stage, doubleheaders will take place on 7, 11 and 17 June. In the Round of 16, knockout matches will be played

there on 20 and 22 June, followed by a quarter final game on 26 June. Ticket information was also announced with Stadium Passport packages for all nine games starting at just \$140. Fans can also buy Stadium Passports for \$215, \$320 and \$395 in the Category 1 areas of the new stadium.

With a Stadium Passport, fans can do the following:

- Save up to 25% over individual ticket prices;
- Enjoy the same seat for every match;
- Share tickets with family and friends if they cannot attend all match dates.

Fans were urged to "save the date" of 10 September, when tickets will go on sale at FIFA.com/Canada2015.

"We are hearing from fans coast to coast that want to get their tickets early, so we are pleased to announce the pricing for Stadium Passports in all six Official Host Cities for the FIFA Women's World Cup Canada 2015™," said Peter Montopoli, Chief Executive Officer for the National Organising Committee.

Young players from le Club de soccer d'Aylmer, Nepean City Soccer Club, Russell Soccer Club and West Ottawa Soccer Club participated in the event.

For more local information, fans can visit Ottawa.FWWC2015.ca.

Contact:  
Mike Winterburn  
Venue Communications Manager  
613-569-5206, ext. 4511  
mike.winterburn@FWWC2015.ca



# IL POSTINO

V O L . 15 NO. 10 JULY 2014 :: LUGLIO 2014

\$2.00



## La Festa di Sant'Antonio - 101 Anni



# IL POSTINO

V O L . 15 NO. 10 JULY 2014 :: LUGLIO 2014

\$2.00



## St Anthony's Feast - 101 Years





L'Ambasciata d'Italia a Ottawa ringrazia i seguenti sponsors

- Air Canada
- Centro Marconi
- CHIN Radio
- Empire Grill
- Ferrero
- Fiat of Ottawa
- Fratelli
- Italfoods
- La Bottega Nicastro
- La Settimana Italiana
- Little Italy Bakery
- Nicastro Fine Foods
- Parma Ravioli
- Pasticceria Gelateria Italiana
- Ristorante Tosca
- Sala San Marco
- Soup Guy Plus
- Vetta Osteria

per il loro generoso contributo all'organizzazione della Festa della Repubblica

L'Ambasciata d'Italia a Ottawa ringrazia altresì

la **Corale della Chiesa di Sant'Antonio**  
 the **Ottawa Fire Department Band**  
 della loro partecipazione

nonchè

- L'Ora di Ottawa
- Il Postino
- Il Cittadino Canadese
- Radio CHIN
- Tele 30

per il loro cortese contributo alla campagna d'informazione di questo evento presso la Comunità Italiana di Ottawa

# AIRMETRICS INC.



**When you're in a deep freeze we have all the heat you need!**

Heating - cooling - fireplaces  
 Commercial/residential

24 Hour Service - [www.airmetrics.com](http://www.airmetrics.com)

**613.235.8732**

**Comfortmaker®**  
 Air Conditioning & Heating

## WANTED!

**LOOKING FOR  
 THE MARCONI SCULPTURE  
 MISSING AT VILLA MARCONI  
 IL POSTINO IS OFFERING  
 A REWARD FOR  
 THE RETURN OF THE  
 MARCONI SCULPTURE**

INFO: [postinocanada@gmail.com](mailto:postinocanada@gmail.com)  
 more info page 11



## Psychic Amanda

Re-unites lovers & removes evil eye

Readings \$20 Tarots, Palms, Crystal Ball. Find out what your life holds! 98% Accurate. Love, Health, Career, Spiritual Guidance. Help in all Problems

Lecture \$20 Tarocchi, Palme, Palla Cristallo. Scopri cosa la tua vita vale! 98% Accurate. Amore, Salute, Carriera, Guida spirituale. Aiuto in tutti i problemi

Serving Italian community for over 20 years  
 416-519-8055 | [psychic-amanda.com](http://psychic-amanda.com)



Corrado, Rosalba e Lina Nicastro  
 Editorial staff - Editori

## itdottawa

Italian Telephone Directory  
 Elenco Telefonico Italiano

[www.itdottawa.com](http://www.itdottawa.com)

30-A Ashburn Dr. Ottawa Ontario K2E 6N3

t. 613-738-0003 f. 613-738-0012

e-mail: [info@itdottawa.com](mailto:info@itdottawa.com)

44<sup>MA</sup> EDIZIONE

44<sup>TH</sup> EDITION

Advertise in the 2014-2015 Edition and promote your business within the Italian Community and throughout Ottawa and the surrounding area.

Se avete recentemente cambiato indirizzo o se desiderate essere elencati nella prossima Edizione (2014-2015), siete pregati di comunicarcelo al più presto.



# The catalyst converter

## the artwork of Salvatore Lamonica 1930 - 2013



Lamonica with his statue of Marconi.

"I've seen blacksmiths with no experience (in sculpturing metal), try to accomplish what I've done, it's very hard to do that . . . I'm very proud, I never had the opportunity to go to school to learn something so I do this to give back."

Salvatore (Sam) Lamonica talks highly of his metal sculptures and with good merit. With no formal education or training he has produced incredible works of art. Using only a hammer and an electric torch, he has created pieces that earn the respect and admiration of critics, art or otherwise. This is his story.

He was born in 1930 in Piraino, Messina - a small agriculture community of 5,000 in Sicily. Unable to go to school because of the war he instead looked elsewhere for job opportunities.

He refused to adapt to the norms of society, finding joy in blacksmithing rather than as a farm hand. "I didn't like to work in the farm," he says bluntly.

By the age of seven Salvatore had begun working with a local blacksmith, learning how to use the basic tools (axe, pick), gradually refining his techniques. At 19 he decided to leave this lifestyle, instead taking a job with the Police Force at Carabinieri. He spent five years with them before immigrating to Canada.

"The opportunities in Italy were limited, I saw a good future in Canada."

He left Sicily in 1954 with his girlfriend and moved to a small apartment on Preston Street. With only a 30 day visa, he had to find full time employment or get married.

"And so I got married," he says and smiles.

He took a job at Auto Ironworks and continued finessing his creative gift. In 1967 he moved to Delmare Street until 1973 when the shop closed.

After this he found a new job with Trudel and McAdam Iron Works where he stayed until 1997 when he was injured on the job (leaving him with little strength in his right hand).

During this time he also had two children with his wife Carolina, Antonio and Nancy. Consistent throughout all this was his creative aspirations. Ever since he was a child he knew that he had this desire inside him, but was repressed by those around him.

"My father would tell me if I go to the blacksmith I have to do blacksmith work and nothing else."

He can also remember his father kicking him when he first learned of his creative aspirations. Against his fathers will Salvatore would build sculptures out of clay and then destroy them, so as not to get in trouble.

Some of his most memorable creations were of a bicycle and various animals.

When he came to Ottawa he continued to fight against this oppression.

At Auto Ironworks he was not allowed to use any steel for anything outside of approved projects.

Instead he would take the scrap metal and build his pieces secretly in his spare time. When he was done he would sneak them home inside old pizza boxes. "I support my family and with no money to buy steel, what could I do?"

But Salvatore refused to sell any of his sculptures, instead using them to decorate his own home or giving them to family and friends.

"If I sold them it would seem wrong, like stealing for money."

Finally when he went to Trudel and McAdan Autoworks he found the support he needed. "They allowed me to use the scrap metal and work on them when I didn't have anything else to do."

One of these creations, too hard to hide, was a 17 foot long dinosaur. It took him nine months to finish, and once done received public appraisal. He gladly holds up a picture of him from the Ottawa Citizen and recounts of newscasts from CJOH. It was also put on display at the Rideau Centre.

Some of his greatest sculptures include a pig, a mermaid, the St. Marie (Columbus' boat), an life-size Arab Jesus, a cactus, replica maps of Sicily and Italy and household items such as a liquor cart, plants and candle holders.

Seeing these works that he had produced it is easy to see the imagination and skill that he must possess.

He has this innate ability to draw something in his mind, and then

produce it in 3-D. His use of detail is incredible, especially in the way he does cropped hair.

His blacksmithing skill and techniques are simply the catalyst for a free-willing imagination. Salvatore's most notable sculpture was his interpretation of William Marconi. Marconi had no educational training but one day while playing during a storm with some wire invented the radio.

These two men are very similar - neither had any educational training but were able to invent and create simple using their natural talents.

"I'm proud of what I've done . . . I never had the opportunity to go to school to learn something, this is the way I give back." I've heard it said that we are all the product of our circumstances. I never knew exactly what this meant until I met with Salvatore.

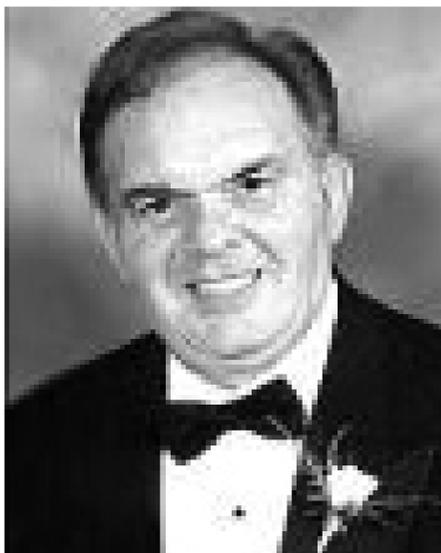
Once you talk with him you get to understand that these pieces are not simply a hobby, but an avenue for his creativity.

The sculpture of his boss, William Marconi, the Arab Jesus, these are all simply abstractions of his own life experiences. They represent not only his own individuality but also the collective identity of all Italians.

Salvatore is simply a fascinating man, this is no other word that best describes him. When he speaks of his masterpieces (for which they surely are), he gets this twinkle in his eyes and his Hemingway hands seem to reach for an invisible hammer.

He has managed to produce something extraordinary from nothing - the ability to see, interpret and produce. A man who should be/is an icon.

This is his story.



### LAMONICA, Salvatore

Peacefully on November 13, 2013 at the age of 83 years. Loving husband of the late Carolina and cherished father of Antonino (Jennifer Cyr) and Nancy (Bruno Di Chiara). Dear grandfather of Katrina, Tristan and Sabrina. Brother to Giuseppe (Maria) and the late Angelo (Antonietta) of Ottawa, and Biagio (Nadia) and Tindara (Carmelo Cusma) of Italy. Family and friends may pay respects at the Kelly Funeral Home, Somerset Chapel 585 Somerset Street West, Ottawa, ON, K1R 5K1, 613-235-6712, www.kellyfh.ca

on Sunday, November 17, 2013 from 2 to 5 and 7 to 9 p.m. Funeral to St. Anthony's Church for Mass of Christian Funeral Monday, November 18 at 11:30 a.m. Entombment Capital Memorial Gardens. In Memoriam donations to the Ottawa Heart Institute are appreciated.

Published in The Ottawa Citizen from Nov. 15 to Nov. 16, 2013

[www.ilpostinocanada.com](http://www.ilpostinocanada.com)

# June 8<sup>th</sup> Fund Raiser for Autism

## thank you to all the artists who contributed

A very special thank you to CentrepoinTE Orthodontics for sponsoring the 2nd annual Art for Autism held on Sunday, June 8th, 2014.

On this sunny Sunday afternoon, Dr. Len & Mrs. Maria Chumak graciously opened their beautiful home and welcomed guests who enjoyed wine and cheese while browsing through the extensive collection of artwork. Len & Maria also generously donated a three-night stay in their Mont Tremblant condo.

Art for Autism, which raises funds for QuickStart - Early Intervention for Autism, was well attended and raised over \$13,000 dollars this year for a two-year total of \$21,000! Proceeds raised will help to support Ottawa-area children on the autism spectrum and their families.

The event was hugely successful thanks to the generous donations from artists and art collectors.



### Our thanks to the following artists:

Brendan Armstrong, Ben Babelowsky, R. Birentaro, Mary K. Broadhurst, David Casey, Sara Chivot, Margaret Chwialkowska, Angela Costello, Fiona DaCosta,

Genna Draper, Elaine Elrick, Kid's art from Emerging Minds, Elizabeth Ferrari, Matty Gaudette, Liz Hrabowski, Merle Hagerman, David W. Houlton, Peggy Hughes, Randall and Michelle Leafloor, Jacqi Blue MacKay, Lois James, Lu

Korte, Veronique Lapierre, Shay Lowe, Nathan Mackintosh, R. McLinton, Nancy Myron, Annie Nowak, Dave O'Malley, Zaneta Pernicova, Charles Preston, Sylvie Richard, Ellen Schowalter, Monika Seldenbusch, Kelly Sevean, Charles Spratt, Barbara Szantanski, and Two and a Half Flippers.

An additional thank you to the following art collectors for their donations from their private collections: Drs. Nalin Bhargava. & Rani Telang, Rob and Valeria Campagna, Dr. Len and Mrs. Maria Chumak, Mr. Don Grant, Dr. and Mrs. Lyon Hamburg, Dr. and Mrs. Stewart Hunt, Suzanne and David Jacobson, Dr. Donald and Mrs. Christine Morgan, Noreen and Dean Peroff, and the Pokrova Foundation.

Suzanne Jacobson  
President

QuickStart - Early Intervention for Autism

**More photos page 14.**

## Take a Stand, Finalists. Youth Ottawa.



### Alex Morin

Alex's brother mental illness had an impact of his family which is why he has decided to take a stand against the stigma of mental illness. Alex and his parents championed a campaign selling bracelets for mental health awareness. He also became a spokesperson for the Royal Ottawa's Youth mental health program promoting his "Never Give Up" campaign. Alex has raised over \$12,000 for the Youth program by organizing both a hockey and golf tournament. His initiative not only raised money, but has also increased awareness on various Mental Health Illnesses. Alex is inspiring to other youth and he has also bravely shared his story of the impact of mental illness on him and his family. He embodies the characteristics of courage, leadership, caring and community service. Deserves the recognition through a Teen Spirit Award. His motivation comes not only from his past experiences but also the wish to provided the same opportunities his brother had at the Royal.

*"What ignites my passion is you! seeing you smile to strangers on the street inspires me to keep going!"*



### Olivia Clement

Olivia started her fundraising 2 years ago when she was 8 years old. Her interest and concern about polar bears let her on a journey of discovery, education, and motivated her to take a stand-to take action. She made clay Polar Bears by hand, as a fundraising concept initially to friends and family. as her project grew, she developed a web page and called it LivPolarBear because her nickname is Liv and she wants the bears to live After the first year she turned her project into a pay it forward which encouraged and inspired others to make the bears too and donate funds. She also started to give lectures to other classrooms that have now grow to full auditoriums on the project, polar bears, climate change, and what kids can do to help. As part of her fund raising party last December, LivPolarBear offered a free, juried Artic theme art competition for kids. Over 150 pieces of artwork were received from children in Ottawa and Manitob. with the sales of the clay bears and two Polar Parties Olivia has helped to raised over \$12,500 which was donated to the World Wildlife Fund in support of their Arctic Home project.

*"I am inspired by nice people who do good things for others."*



IL POSTINO



GREENSPON, BROWN  
& ASSOCIATES

[www.ilpostinocanada.com](http://www.ilpostinocanada.com)

# Letters Received

Mr. Serge P. Dupont  
Deputy Minister  
Natural Resources Canada  
580 Booth Street  
Ottawa, Ontario  
K1A 0E4

June 5, 2014

Dear Deputy Minister Dupont,

Re: Victoria Day Festival at NRC Park  
Carling and Booth, Ottawa

I want to congratulate you on having an excellent staff with whom I organized the Victoria Day Festival in Ottawa on the grounds of Natural Resources Canada. Your staff went out of its way to cooperate in having a Kids Zone and family entertainment on the site. Your staff was diligent and went out of their way in implementing the logistics for the organization of the Festival.

The Victoria Day festival celebrating part of our heritage of Queen Victoria's Birthday on May 19th was the most successful this year than in the past nine years. This I attribute to you and your staff for the implementation of the festival at your site. It demonstrated a great partnership between Natural Resources Canada under your leadership and the immediate community living around your complex at Booth and Carling. Many Families with Children attended the Festival coinciding with the Tulip Festival. The Victoria Day festival complemented the Tulip Festival which did not have the same activities as our Festival. I have enclosed some newspaper clippings to demonstrate how the Community participated and enjoyed the Festival.

Our organization, the Italian Canadian Community Centre located at 865 Gladstone, a charitable organization has raised funds for Seniors Programs and We thank you and your staff for your participation in this event. I hope our relationship may continue for the next Edition of the Canadian Victoria Day Festival in Ottawa.

Yours truly

Angelo Filoso  
President

cc. Minister Greg Rickford  
Minister John Baird  
Cheri Crosby, Chief Human Resources Officer  
Daniel Champagne, Director General Management  
Kim Green, Property Services  
Lorraine Karam, Property Manager  
Tambrae Knapp, Senior Director  
Michael Murawnick, Property Manager

THANK YOU! St. Anthony's Parade.

Hello Gentlemen: (Angelo Filoso, Paul Casagrande, Tony D'Angelo and Father Felix)

Thank you to all for organizing the parade and inviting the cadet band. Special thanks to Angelo who will always be remembered as a "friend of the cadets"; Tony D'Angelo for feeding the cadet band and to Paul and his band for being a role model for our cadets.

On behalf of the Royal Canadian Air Cadets, the officers and the parents of the cadets, I would like to extend our sincere appreciation for allowing the cadets to participate in your parade. We all agreed that involving the youth is very important in community events. It is hard enough to get teenage boys and girls to be interested in Church and community events. Their participation in the otherwise adult parade was a testament to our commitment to an all-inclusive approach to Christianity and youth ministry.

I would like to share a conversation I had with the Parade Marshal (Sam?) who indicated to me that he was not expecting the cadet band. He expressed his concern that with the procession in the parade getting smaller and smaller every year, having 3 bands could be seen as cumbersome. While I can understand his concern, I would like to say the cadets are not there to "steal the show" from anyone but only to add a youth component to the parade. The cadet musicians are not as polished or experienced as the firefighter's band or the police pipe and drums band, but they are young musicians who need exposure to and mentorship from adult bands.

Thank you again for providing this wonderful opportunity to the cadets.

Sincerely,  
Marie Weerasooriya-Epps  
Band Officer

[www.ilpostinocanada.com](http://www.ilpostinocanada.com)

# IL POSTINO



V O L . 15 NO. 10 JULY 2014 :: LUGLIO 2014

\$2.00



## June 8<sup>th</sup> Fund Raiser for Autism Thank You to all the Artists who contributed



# Pope Francis appoints the Most Reverend Luigi Bonazzi Apostolic Nuncio to Canada



His Holiness Pope Francis, appointed the Most Reverend Luigi Bonazzi Apostolic Nuncio to Canada. At the time of his appointment, Archbishop Bonazzi was Apostolic Nuncio to Lithuania, Estonia and Latvia.

He previously served in the diplomatic missions of the Holy See in Cameroon, Trinidad and Tobago, Malta, Mozambique, Spain, the U.S.A., and Italy, as well in Canada.

The previous Apostolic Nuncio, the Most Reverend Pedro López Quintana, ended his mission in Canada at the end of September 2013 in order to receive a new assignment from the Holy Father.

On June 19, 1999, Archbishop Bonazzi was appointed Apostolic Nuncio to Haiti, following which he was named Apostolic Nuncio to Cuba on March 30, 2004, and then Apostolic Nuncio to Lithuania and Estonia, as of March 14, 2009, and to Latvia, as of March 25, 2009.

Archbishop Bonazzi was born in Gazzaniga, Italy, on June 19, 1948, and ordained priest on June 30, 1973, for the Diocese of Bergamo. Having obtained a Doctorate in Education, he entered the diplomatic service of the Holy See on March 25, 1980.

The date for his official installation as Apostolic Nuncio to Canada has not yet been announced.



**St. Anthony's Italian Community receives the Most Reverend Luigi Bonazzi Apostolic Nuncio to Canada**

## AIRMETRICS INC.



**When you're in a deep freeze  
we have all the heat you need!**

Heating - cooling - fireplaces commercial/residential  
24 Hour Service - [www.airmetrics.com](http://www.airmetrics.com)

**613.235.8732**

**Comfortmaker®**



## *In Loving Memory Fr. Marcel Broeur O.S.M*

*October 30th, 1922 - May 27th, 2014*

### *The Prayer of St. Francis*

*Lord, make me an instrument of Thy peace;  
Where there is hatred, let me sow love;  
Where there is doubt, Faith;  
Where there is despair, hope;  
Where there is darkness, light;  
and where there is sadness, joy.  
O Divine Master,  
grant that I may not so much seek  
to be consoled, as to console;  
To be understood, as to understand;  
To be loved, as to love;  
For it is giving that we receive,  
It is in pardoning that we are pardoned,  
And it is in dying that we  
are born to eternal life.*

